

OCTOBER 2013 #42

Together

magazine

MAD
BRUSSELS

INTERVIEW
OPRAH

WATERLOO SPECIAL

DARING
TO DREAM...

WWW.TOGETHERMAG.EU

OMEGA

www.omegawatches.com

TIME FOR THE PLANET

Time is precious. It's why we are obsessed both with measuring it precisely and using it meaningfully. To that end, we share GoodPlanet Foundation's mission to preserve the health and beauty of our oceans for future generations. A part of the proceeds from each special edition Planet Ocean GMT dual time zone watch supports this call to action. It's time to give something back to the planet.
www.omegawatches.com/goodplanet



Info OMEGA Belgium: +32 2 558 38 12

Ω
OMEGA

GOODPLANET
FOUNDATION

BMW i



Sheer
Driving Pleasure



ENTER THE CARBON AGE.

We had a bronze and then an iron age, followed by countless technological discoveries over the centuries. Now the BMW i3 is boldly introducing a new age in personal mobility, the carbon age. Enter carbon fibre components that offer greater solidity and less weight, countless technological innovations, a high-performance motor and energy management, sustainable materials and responsible production techniques. E-mobility as seen by BMW i is an absolute revolution that will engulf our roads as from november 16th 2013 with the new BMW i3. To see what this means in terms of dynamics and the sheer pleasure of driving, nothing beats a test drive. So be amongst the first in the world to get behind the wheel of the avant-garde electric vehicle that offers up to 300 km* of genuine autonomy. Contact us and book your test drive now.

BMW i3. BORN ELECTRIC.

* Depending on the version you choose.

BMW Brussels Quartier Louise
Branch of BMW Belux
Boulevard de Waterloo 23-24
1000 Brussels
Tel. 02 641 57 11
info@bmwbrussels.be
www.bmwbrussels.be

BMW Brussels Evere Meiser
Branch of BMW Belux
Avenue L. Mommaerts 2
1140 Brussels
Tel. 02 730 49 11
info@bmwbrussels.be
www.bmwbrussels.be

0-0,6 L/100 KM • 0-13 G/KM CO₂



Environmental information (RD 19/03/04): www.bmw.be

Mercedes Europa. Where the Star shines on diplomats.

Official subsidiary of Mercedes-Benz Belgium Luxembourg • The most beautiful Mercedes-Benz window right in the heart of the European capital. • Over 30 years of experience • Easy access • The full range of Mercedes-Benz passenger cars and utility vehicles • smart center • Experience in sales to members of the diplomatic corps and international organisations (Eurocontrol, European School, NATO, EC, EP, etc.) • Special diplomatic rates and promotions • Specialised diplomatic salesteam.



Mercedes Europa chaussée de Louvain 1150, 1200 Brussels,
Tel. +32 2 730 66 25, diplo.belgium@daimler.com
www.mercedeseuropa.be



Mercedes-Benz

Olivier Rossato



VEND SANS AFFICHE

Siège : **BRUXELLES** Avenue Louise 367
Bureaux : **WATERLOO**, Chaussée de Bruxelles 320

Prochainement ouverture de nouveaux bureaux:
BRUXELLES, NAMUR, LIÈGE, MONS, TOURNAI, WAVRE

0475 82 05 52

Ligne disponible 365 jours/an
de 08h00 à 22h00 réservée aux acheteurs

Waterloo  **1.950.000€**



Splendide propriété
dans un parc de 70 ares

Buizingen  **2.450.000€**




Villa de haut standing
dans un parc arboré de 70 ares

Bruxelles  **819.500€**



Magnifique maison de maître

Waterloo  **585.000€**



Superbe villa
avec piscine

Liedekerke  **499.900€**



Imposante villa 4 façades

Baisy-thy  **529.500€**



Somptueuse villa
5 chambres

Glabais  **369.500€**



Superbe villa
sur 13 ares

Wavre  **399.500€**



Très belle maison 3 façades
en parfait état

Genval  **1.150.000€**



Superbe grande propriété

PROPRIETAIRES pour vendre **RAPIDEMENT**
votre maison, villa, demeure de caractère, immeuble, ferme, appartement, terrain, ...

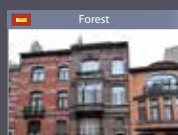


SANS AFFICHE
Partout en Belgique

Composez le **0474 400 800** de 8h00 à 22h00
Ligne disponible 365 jours/an réservée aux propriétaires vendeurs



VENDU



VENDU en 10 jours



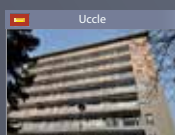
VENDU



VENDU en 7 jours



VENDU



VENDU en 39 jours



VENDU



VENDU en 7 jours



VENDU



VENDU



VENDU en 2 jours



VENDU

www.immorossato.be



Fancy a trip to LONDON? Take EUROSTAR!

- ✓ From € 44 (single)
- ✓ In 2 hours*
- ✓ Up to 10 services a day
- ✓ Departures also possible from Lille-Europe
- ✓ Arrive in the heart of London
- ✓ Buy underground tickets in advance at your station** or online
- ✓ Buy London attraction tickets in advance online

Info and reservations :



www.sncb-europe.com



Mobile application
m.sncb-europe.com



Contact Center SNCB Europe***
> 070 79 79 79 (€ 0,30/min)



SNCB stations with
international sales***



An SNCB Europe approved
travel agent

*** These points of sale charge a variable fee according to the type of product purchased



Editor's LETTER

ATTEMPT THE IMPOSSIBLE

From the earliest age we are told by nervous parents to be careful: "Be careful crossing the road!", "Don't touch that it's hot!" or better still: "Don't play with that, you can take your eye out!"

If Charles Babbage hadn't recovered from a life-threatening fever and began scribbling about his Analytical Engine, I would be typing this on a typewriter. If John Logie Baird had not dreamed of moving images, *Strictly Come Dancing* would not exist. And if Leonardo da Vinci had not thought of an airplane, Mr Branson would not now be attempting to fly us all to the moon.

There are thousands of stories of heroic men and women who dared, sometimes succeeding, sometimes failing but always pulling themselves back up again to have another go.

In Greek mythology I have a soft spot for Icarus, son of the master craftsman Daedalus. His father built them wings of feathers and wax so that they could take to the skies and survey the world from above. Icarus ignored his father's warning and soared ever higher towards the sun. The wax melted and he fell into the sea and drowned. We may sneer and call him nothing but a fool but for those few fleeting moments Daedalus' boy attempted the impossible.

Paul Morris
EDITOR



ON THE COVER



PHOTOGRAPHER
Gaetan Caputo

ASSISTANT
Ludo Hanton

STYLIST
Nicholas Sirot

MAKE-UP ARTIST
Philippe Meysmans for Clinique

MODELS
Manon and Jasmine from IMM

Special thanks to Didden&C° shop

WEARING
Fur: **Oakwood**
Eye shadow: 03 morning java **clinique**
Party red lipstick: **clinique**

f /togethmagazine @together_Mag

* Best travel time
** Brussels-Midi, Brussels-Central, Antwerp-Central,
Liège-Guillemins



PAGE 34:
DARING TO DREAM



PAGE 69:
WATERLOO SPECIAL

Contents

OCTOBER 2013

11 Editor's letter

12 Contents

16 Starring in Belgium

PERSONAL DEVELOPMENT

20 Fitness: Make the change

25 Self-help: Use your gifts

29 Relationships: Making impressions

DARING TO DREAM

34 Daring to dream: Inspiring people

46 Fashion: Floor to Heaven

58 Beauty News: Dreamy

LIFE OF LEISURE

62 Interview: Oprah Winfrey

69 Waterloo: A guide

72 Waterloo: Shopping

84 Travel: Palazzo Manfredi

87 Dining: Blue Elephant

88 What's on: Belgium

94 What's on: International

96 Charity: United Fund for Belgium

98 Cartoon: Le Chat by Philippe Geluck

Together magazine

PUBLISHER
David Mc Gowan
david@togethermedia.eu

KEY ACCOUNT DIRECTOR
Renaud Philippart
renaud@togethermedia.eu
+32 (0)494 64 67 93

EDITOR
Paul Morris
paul@togethermedia.eu

ART DIRECTOR
Xavier Bostem
carafe.xavier@gmail.com

CONTRIBUTORS
Martin Banks; Natasha Black;
Blusher; Patti Bruns;
James Drew; Allissa Fisher;
Philippe Geluck; Colin Moors;
Paul Morris; Delphine Stefens;
Samantha Sturgis; Linda A. Thomson

STYLIST
Nicholas Sirot

ONLINE EDITOR
Paul Morris
paul@togethermedia.eu

FOUNDER
Jérôme Stéfanski

Together Media
Boulevard St Michel, 47
B-1040 Brussels
+32 (0)2 400 00 24
info@togethermedia.eu
www.togethermag.eu

For advertising sales rates please consult
www.togethermag.eu

Together magazine France
LMedia - 201/203, rue de Vaugirard
75015 Paris - www.lmedia.fr

Director:
Jean-Baptiste Leprince
jbl@lmedia.fr
Business development director:
Damien Delachaux
damien.delachaux@lmedia.fr

Nothing in this magazine may be reproduced in whole or in part without the written permission of the publisher. The publisher cannot be held responsible for the views and opinions expressed in this magazine by contributors. Together is neither responsible for nor endorses the content of published advertisements, nor can the magazine be held responsible for any errors or inaccuracies in the same.



Feel the emotions of a live performance

Obsessed with sound

Philips SoundSphere Signature speaker offers you a more natural sound reproduction, and a deeper and wider sound impression. Beautiful design statement, suitable for movies and music.

Peerless sound quality

- Best sound companion to Philips DesignLine TV
- SoundSphere floating tweeter for deep wide sound
- Cinematic Virtual Surround for lifelike 3D sound

Exquisite ethereal design and finishing

- Contemporary design and premium finishing
- Speaker enclosure handcrafted from solid wood
- Luxurious piano lacquer finish

Advanced intuitive control

- Bluetooth® (aptX® and AAC) for wireless music streaming
- EasyLink controls HDMI-CEC devices on one remote
- HDMI ARC to access all the sound from your TV

*We speak French, Dutch, English, Spanish, Portuguese, ...
With Steylemans you have, best price, high-quality products and services.*

PHILIPS
Fidelio

Boulevard Emile Bockstael 412, 1020 Bruxelles
02/478 75 05
PARKING n° 408, www.steylemans.be

Steylemans
Video - HiFi - TV - Electro

Together Online!

... Fashion



Milan fashion show:
Streetwear

... Technology



New iPhone breaks the 9
million barrier

... Travel



Visiting Calais can be fun

... Art & Culture



Brussels' best
summer terraces

... Lifestyle



The Moët Cup in Knokke

... Together TV



Diana Nyad:
An extreme dream

f /togethmagazine t @together_Mag

www.togethmag.eu



5-STAR JOURNEYS TO INDIA.

SAVOUR UNFORGETTABLE SIGHTS AND TASTES.

Fly daily from Brussels to India.

Every journey through India promises to be a memorable one. With its zesty cuisine, mesmerising landscapes, spirited festivals and more, this colourful land simply leaves you in wonderment.

So fly to India via Doha with us on our growing network of over 125 destinations. Getting there is easy, but deciding what to do isn't.

Ahmedabad • Amritsar • Bengaluru • Chennai • Delhi • Goa • Hyderabad
Kochi • Kolkata • Kozhikode • Mumbai • Trivandrum

For more information please visit qatarairways.com/be

World's 5-star airline.

QATAR
AIRWAYS القطرية

Starring in BELGIUM



Elton John and his band

Book ahead for this pre-Christmas treat at Palais 12, L'Esplanade Brussels. In 2010, he came to Belgium with Ray Cooper and gave an exceptional concert at Forest National. This time he will be accompanied by his entire group for a comeback that celebrates the release of a new album in September, *The Diving Board*, recorded with another legend T Bone Burnett.

16 December. Tickets: from €74
www.livenation.be



Goldfrapp

Goldfrapp is still concentrated around the duo Alison Goldfrapp and producer/musician Will Gregory. This autumn will see the release of their 6th album, *Tales Of Us*, on which Goldfrapp surprises once more by again leaning toward their more acoustic debut *Felt Mountain* and the more folk-tinted *Seventh Tree*.

22 October. Ancienne Belgique. Tickets: €27 presales
www.abconcerts.be

Thirty Seconds To Mars

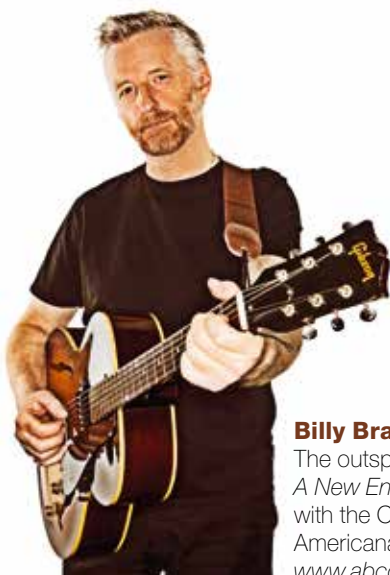
Actor turned singer-guitarist Jared Leto, supported by his brother Shannon Leto and Tomo Milčević are back in Belgium, presenting their new album *Love Lust Faith + Dreams*.

Merksem. **11 November**
Tickets €39 www.livenation.be



Billy Bragg

The outspoken and committed British singer-guitarist brought us hits such as *A New England* and *Sexuality*. After a concert break of five years, he's back with the CD *Tooth & Nail*. *Focus Knack* called it "drowsy and unadorned Americana". **4 November.** Ancienne Belgique. Tickets: €22 presales
www.abconcerts.be



NEW COLLECTION

CHUKKA, COUNTRY & CHELSEA BOOTS - 269€

GOODYEAR WELTED LEATHER SOLES

ALSO AVAILABLE IN DARK BROWN - RUBBER SOLES

BRUSSELS - RUE DE NAMUR 97 (NEXT TO PORTE DE NAMUR)
IXELLES - LOUISE GALLERY 126 (PLACE STEPHANIE ENTRANCE)
WATERLOO - PASSAGE WELLINGTON 37

02 502 69 59 - INFO@BENSON-SHOES.BE - WWW.BENSON-SHOES.BE

PERSONAL DEVELOPMENT

Explore the fears associated with pursuing the path of change, but come back to the belief that you can achieve your goal.



Make the change: Live your dreams

Personal trainer **Patti Bruns** takes us through the process of change, leading to better wellbeing

THERE ARE TWO KINDS OF MOTIVATION – INTRINSIC AND EXTRINSIC

Change. It is the word I hear most from my clients when we first meet. Change my diet, my training, my jean size, my life. I would love nothing more than to wave my magic personal trainer wand and grant these wishes – voila, my work here is done! Confession: I haven't changed anyone's life, my clients have done all the work themselves. I simply guide them through the process of long-lasting behaviour change and provide safe, fun workouts! We are a team of two, taking on the demons and obstacles that stand in the way of meaningful, lifelong health and wellbeing. For some, this process goes quickly, for others, the struggle is long but no less successful.

Before I talk you through the essential tenets of change, let's pause for a moment to talk about motivation. There are two kinds of motivation – intrinsic and extrinsic. Extrinsic motivators are those that offer rewards external to the behavior we seek to change. Example, your partner winces as you dive into another serving of ice cream, reminding you of the beach vacation you have in two months. Right then! Back to the gym, stop snacking, lose five kilos and wait for nods of approval from your partner. You have gone through the motions, but something was missing. The process had no deep meaning to you.

By contrast, intrinsic motivation comes from a place of personal importance; call it the voice in your head or intuition. People who are intrinsically motivated tend to have greater success in integrating long-term behaviour change into their lives, because they feel in control of their destiny and gain joy from being immersed in activities that move them closer to their goals. Not all external motivators are negative; indeed, elite athletes need some external motivation to maintain a competitive edge.

ONLY YOU CAN MAKE LASTING CHANGES

Be bold and dream

The first step to long lasting change is to listen to your inner voice and do some self-analysis. This stage of pre-contemplation is often a place of uncomfortable inertia. An example, you know you should give up diet soda but, you like it, you don't drink that many, how bad can they really be. You know intuitively that these are excuses and are barriers to becoming more healthy and energetic. Stop for a minute and be uncomfortable, listen to your intuition, you are ready to start the process of change.

Make decisions and follow-through

In this phase, imagine what achieving your goals would look like for your life. Write down the pros and the cons. Explore the fears associated with pursuing the path of change, but come back to the belief that you can achieve your goal. Moving past this stage of contemplation can be tough since it requires a shift in mindset. However, if your motivation for change has meaning to you, you will begin to let go of the scary emotions and embrace the opportunity for personal growth.

Prepare the battlefield

Successful lifestyle change must be backed by a sound plan and a tool box of strategies to battle the obstacles that will inevitably rear their ugly heads on the path to success. Take time to prepare your plan by writing down your ultimate goal and why it is important to you. These words will become mantras that you revert back to when times are tough. Next, break your journey into manageable steps along a determined time scale. Share these important plans with people who believe in you. Include people who can mentor you towards your goal. This is the perfect time to share your

plans with a personal trainer! We can review your plan and help you delve into the details to ensure that all the elements of success are included.

Show me the money!

Action, action, action! Time to put your passion, your plan and your tools to work! Long-term behavior change begins only when actions are direct, manageable and consistent. If you want to run a marathon, run, if you want to build lean muscle mass, lift weights, if you want to lose 10 kilos, follow a good nutrition plan. Practice your change every day to ensure that you re-program your brain to accept this new lifestyle as the norm. As you move along the path towards your ultimate goal it is important to reward yourself along the way. Keep your support group close. Tweak the plan if necessary. Believe in your abilities and remember that only you can make lasting changes.

The perseverance pay-off

When you feel unmotivated or have a temporary lapse, remember to look back at your plan. Allow yourself to connect to the deep meaning behind your desire to change and take comfort that you are doing what is necessary to live your life to the full. As you grow and move towards your goal, stay true to your core values and beliefs. Be flexible and open to new ways to achieve your goals. Reach out to your friends, family and trainer – we are here to help you!

Dream, decide, plan, act and believe! ①

*Patti Bruns is a Personal Trainer
at Aspria Royal La Rasante
patti.p2b@gmail.com*

WorldClass
www.worldclassfitness.be

**BRING THIS FLYER FOR FREE TRIAL!
LAST CHANCE UNTIL 31st OCTOBER!**

**12 MONTHS
2 FOR 1
399€/PP*
LIMITED TO 50
MEMBERSHIPS**

- STATE-OF THE-ART CARDIO AND STRENGTH EQUIPMENT
- GROUP EXERCISES (PILATES, ZUMBA, BODYPUMP, CYCLING & MANY MORE)
- POOL
- MODERN LOCKERS WITH SAUNA
- PERSONAL TRAINING

**THE COMPLETE FITNESS
CENTER AT THE BEST PRICE!**

**399 EURO PER PERSON
12 MONTHS
NO JOINING FEE
LIMITED TO 50 MEMBERSHIPS**

*** 399€ includes: gym and cardio, group
exercises, sauna and 30 days freezing**



We Create Shapes!

WORLD CLASS FITNESS CENTER
Rue d'Idalie 10, 1050 Brussels
Phone: +32 2 503 15 57
www.worldclassfitness.be





Mat, bar, beam. Each one is a springboard.

The Little Gym offers a wide variety of gymnastics-based classes that help children aged 4 months to 12 years reach their greatest potential. Structured lessons, unique themes and a nurturing, colourful environment build confidence during each stage of childhood. That's what we call **SERIOUS FUN!**

Book your free introductory visit NOW !

The Little Gym Waterloo

Centre commercial << les Jardins de Diane >>
1410, Waterloo
02/387.55.05

 **JOIN US ON FACEBOOK**

**THE Little
Gym®**

www.thelittlegym.be

Antwerp
03/889 94 44

Namur
081/73 47 98

Uccle
02/374 40 07

Wavre
010/68 19 69

Wezembeek
02/782 23 33

parent/child
classes

preschool/
kindergarten
gymnastics

primary
school
gymnastics

holiday
camps

birthday
parties

Think you're ungifted – think again

Natasha Black found a way
of discovering her hidden gifts

For many years I believed I had zero gifts and talents. I believed I didn't possess any specific skills, as I wasn't good enough at any one thing. I believed having a job you truly loved was for the very small minority.

These beliefs were further solidified every time I sent my CV to a company applying for a new job...and there were tonnes of those. In fact, in a 12-year period, I changed job eight times – can you imagine how many CVs I had to re-write and send!?

Whenever I pulled out my CV, I'd always look at the 'interests' section and release a big sigh: "Why aren't I any good at anything?" I could never think of anything else to write other than 'socializing, reading books, traveling & organizing charity events'. It was my story and one I told to whomever would listen. It went something like

this: 'I wish I was good at something, every time I send my CV for a job, I can never think of anything to write in the interests section, can you? I mean I wasn't born with any particular talents, not like the lucky ones who are good at singing or dancing or acting or painting or playing sports or musical instruments'.



My story happened to be the truth, I wasn't any good at those things. So I trudged along searching for a job that at least made me happy and felt rewarding. Every time I thought I had it, it didn't take long before I was bored to tears and going on a new search for the next best thing. And that was my life, always

searching for something more but never quite finding what I wanted. This left me feeling unhappy, unfulfilled and unsuccessful.

Looking back from where I am now, I can giggle at the way I saw myself. Ungifted PAH!



I couldn't have been further from the truth. I have gifts coming out of my ears, the problem I had back then was that I had no idea how to identify them.

This is the same for those of you who also think and believe you aren't gifted. You are a gifted soul! How do I know? Because your soul wouldn't have chosen to incarnate in this and every lifetime if you didn't have gifts to share with the world. You also wouldn't be reading this article right now :)

Here are three ways you can start to recognize your inherent gifts:

1. What did you love to do as a child?

I was always the centre of attention, wanting to put on a show and make people laugh. On play dates, I would gather all of my friends and direct and act in some sort of play, then I would actively find the audience. This was the 'performer gift' in me, fully expressing itself. Sadly these gifts stopped being

nurtured as I grew into an adult. Thankfully, I recovered them and now successfully use these gifts to speak to large audiences and host workshops. And there was me thinking for all those years, I wasn't good at any one thing!

If you have children, you can easily pick up on their particular gifts by observing how they play and what they enjoy doing most. Make it a top priority to nurture these gifts in them – they'll thank you when they're older!

Close your eyes, cast your mind back to playtime, either with friends or when you were alone, watch the child that you were, as though you were watching someone you know. What is this little person doing naturally and effortlessly? Write them down and let yourself connect with them.

2. What are you a collector of?

'Unexpressed gifts' have to reveal themselves in some way. Take a look at the things you

I RECOVERED THEM AND NOW SUCCESSFULLY USE THESE GIFTS TO SPEAK TO LARGE AUDIENCES

collect without thinking of them as a collection or hobby. Here's an example for you. A woman came to me because she felt her life was stuck and she didn't know how to move forward. I asked her to take a look around her home and pick out things she had an abundance of. Very quickly, through a little giggle, she said there were pens everywhere. When I asked her if she kept a diary or took time to write, she said no, but that it was something she always wanted to do.

I told her straight out: "Your soul is telling you that you have the gift of writing, start by journaling what's on your mind, exercise your writing muscle and soon enough it will flow out of you without you having to try." She took a moment and connected with this part of her and immediately felt unstuck. This was also true for another client who collected notepads and journals. She has such a beautiful way of expressing herself through her writing but never saw it as a gift to pursue. And then there's yours truly who had been collecting pens and notepads for years without ever thinking there was a reason why! The message here to all three of us (and you if you do the same) was to get writing and let those gifts flourish!

What do you collect and what are they reflecting back at you? Take some time to be quiet and still, you have all the answers!

3. What do people tell you you're good at but you pass it off as nothing?

Your friends and family will have told you a million times 'Oh you're so good at...' and each time you'll shrug it off and pass a comment along the lines of how easy it is and anyone can do it. Stop right there! Not everyone can do what you do, the way you do it, these are your gifts and you are unique. Combined, your gifts and talents are like no others.

Ask the people closest to you what you do that they can't and straight away you'll get an insight into your gifts. You express your gifts and talents easily and effortlessly, that's why you're able to do them so well without ever realizing how valuable they are.

Take some time to become aware of the things you do easily, which others don't find as easy to do. Then take notice of the situations you tend to be in when these gifts are flowing. You'll be amazed at what you'll discover about yourself.

Finally, just know, you are here for a reason, you have lots to share with the world and when you truly connect with your natural gifts and talents you will feel happier and more fulfilled. ❶



Own a **MGM** ski apartment in our prestigious residences

For over 50 years, we have been sharing our passion for the mountains with people who dream of owning a property in this impressive environment. Our role is to help you find a perfect holiday home, whether you wish to buy outright or under the leaseback scheme, in an authentic village or a famous ski resort. You will be seduced by the architecture and the quality of the

construction, the traditional finish in stone and timber bringing charm and character to each residence. Most of our developments feature a swimming pool, sauna, fitness and steam rooms, and there is a comprehensive range of in-house body treatments on offer.

Welcome to an exceptional world ...



Montgenèvre | Peisey-Vallandry | La Rosière | Samoëns | Saint Martin de Belleville | Les Saisies | Tignes | Val Cenis
Les Deux Alpes Bourg Saint Maurice | Chamonix | Les Carroz d'Arâches | Crest-Voland-Cohennoz | Flaine
Le Grand Bornand-Chinaillon | Les Menuires



Tel : 02 385 20 75
www.thebestforyou.be

PERSONAL
DEVELOPMENT

Relationships

Blusher
offers tips on
how to seal the
deal on that
first encounter

Making great first impressions

**LOOK INTO EACH
OTHER'S EYES IN
SILENCE FOR A
COUPLE OF MINUTES.
WHO KNOWS WHAT IT
WILL LEAD TO?**

In dating, first impressions are important. In fact, great first encounters are like those trailers that make you want to see a movie. It would be nice to pinpoint how to make somebody fall for you. Unfortunately, there is no perfect recipe to make this happen. However, here are some tips inspired by years of coaching singles from all walks of life, nationalities, gender and sexual orientation that just might make the difference.





3. What you say and how you say it

Pick-up lines usually come off as tacky. When it comes to starting up a conversation, less is more. A casual comment, a simple question or compliment followed by introductions works wonders. What matters even more than what you say is how you say it. The basics are: clear delivery, eye-contact and a sincere smile conveying a positive, confident attitude.

4. Create an emotional connection

Conversation is not a solo act. Good conversationalists

pay attention to what their interlocutors say, but also to the emotions they express. Being empathic means you are able to read the emotions carried by someone's tone of voice, posture and facial expressions. Words can sometimes even be an obstacle. As you know, the best moments are the ones that take your breath away and render you speechless... So, try this on a date - look into each other's eyes in silence for a couple of minutes. Who knows what it will lead to?

5. Not caring too much about making an impression

One of my clients once told me this story: I met this girl at a party. She was gorgeous. I thought she was totally out of my league. She was also taller than me. So I did not even try to charm her, and apparently it worked. We're together now.

Don't force it. The more you care about making an impression, the more likely you are to censor yourself or look like a try-hard. Remember: this is not a job interview. So take it easy and just focus on having a good time. 🍷

1. Looks matter

The first step towards making an impression is getting attention. Light travels faster than sound, so people will notice how you look before they get a chance to hear what you have to say. Most of us do not look like supermodels. Actually, even models do not look like the photoshopped versions of themselves that grace the covers of magazines. So don't worry about perfection. The effort you make in fashion and grooming will go a long way.

2. Who you're seen with

When we see other people liking something, we're more likely to like it too. This is a well-known phenomenon, called 'social proof', which also plays a part in the laws of attraction. A recent study conducted by Oklahoma State University reveals that single women show a preference towards men who are already in a relationship. This doesn't mean you should pretend to be married to attract attention. Simply appearing like good company to the other sex will make others believe that you are.



INTERSPORT

WATERLOO - BRAINE L'ALLEUD

Chaussée de Nivelles, 18 - 1420 Braine-l'Alleud
Ixelles

Avenue de la Couronne, 480 - 1050 Ixelles

Webshop: www.myintersport.be

DARING TO DREAM

In spite of topping Forbes' List of Most Powerful People year after year, Oprah always seemed like one of us



**SHE MADE VERY
CLEAR THAT
SHE HAD
MANY
FLAWS OF HER
OWN**

Linda A. Thompson was initially confused by Oprah and her "ordinary people"

Oprah Winfrey: Leading by example

Urging viewers to become better versions of themselves, inspiring them to lead healthier lives, encouraging them to make a difference in the lives of others; media powerhouse Oprah Winfrey has, from afar, been a steady, reassuring presence in the lives of millions of Americans for years. She has preached her empowering gospel through *O, The Oprah Magazine*, through her lifestyle website *Oprah.com*, but most of all through the Oprah talk show that ran on American television for 25 years straight.

The first time I watched *The Oprah Winfrey Show*, I was confused. There were no celebrities on that particular episode, just ordinary people. I thought Oprah always did these deep, tell-all interviews with famous people, and I turned off the television disappointed. Why was I hearing about middle-aged women's hording habits?

Now, I realize that those 'ordinary folks' lay at the heart of the show. What Oprah did, day in, day out, was put ordinary people on equal footing with the rich and famous. By placing ordinary people in the limelight, she made clear that their heartbreaks, struggles and successes were just as deserving of our attention as the latest Tinseltown star.

In spite of her immense wealth and her larger-than-life personality, in spite of topping *Forbes'* List of Most Powerful People year after year, Oprah always seemed like one of us. Talk-show hosts like Barbara Walters kept a more professional distance, people like Dr. Oz were just too professor-like, and funnier hosts like Ellen Degeneres just didn't do as well with the more serious stuff. They always began to squirm in their seats when the conversation turned to topics that didn't allow for jokes.

Straight-talking Oprah was relatable. She never shied back from using a personal anecdote or a lived experience to illustrate a question or a point. Time and time again, she made very clear that she had many flaws of her own. The morale here: no one likes a perfect celebrity.

Celebrities typically make a big show of their charity and philanthropy work. O is no different. But with Oprah the whole charity thing somehow seemed more sincere, more real. She even came up with her own sort of philanthropic project for common folks. Every year, she hosted the 'My Favourite Things' segment in her show where lucky audience members walked away with things Oprah had grown fond of in the past year. These could include Ralph Lauren sweaters, fancy Panini presses but also, one time, a Volkswagen Beetle car.

Oprah's journey from a rural, poor Mississippi upbringing to global stardom is as inspiring as the person she is today. She was raised on a rural acre in the South by her grandmother, a maid. When she moved to Milwaukee to live with her mother at the age of seven, things took a turn for the worse. She was first raped by a relative when she was nine and was abused throughout adolescence. When she was 14, she ran away and, for a while, she lived on the streets. She became pregnant, but miscarried. Convinced that she had just gotten a second chance to turn her life around, Oprah did just that. She began her broadcasting career at the age of 19, first as a reporter, then as a news anchor and finally as a talk show host.

Oprah has led her flock of devout viewers by example. Her life journey made believable that people can overcome whatever life throws their way if they can just tap into their inner strength. No one gave Oprah a break. No one offered her an internship because she was the niece of so and so. Any closed door she just kicked open. She made us believe that if we were motivated enough, passionate enough and fearless enough to pursue our dreams, we could achieve unimaginable feats. Such was the faith she instilled in us.

What Oprah had been saying all along, in essence, is: "Get off the couch. Stop feeling sorry for yourself." She never put it that way of course. Instead, she used her own story, her own trials and tribulations to convince viewers that they really could turn their lives around. All they had to do was make that first leap of faith. **1**

Colin Moors had, in the end, but one choice in the great scheme of inspirational life-changing personalities

Photo: Carl Lender

Freddie Mercury: There can be only one

At first, the brief seemed like a school project – 700 words on the person who inspires you the most. Most people would think Mandela, Gandhi or more recently Aung San Suu Kyi. All very worthy of respect, I'm sure most will agree. My inspiration is not necessarily one that fought his way out of an African slum to lead the country, rather one who came to be admired and respected despite very ordinary beginnings and one who has left such a musical legacy that he is cited as an influence and inspiration by artists as diverse as Kurt Cobain, David Bowie and Lady Gaga: Freddie Mercury.

Born Farrokh Bulsara in the then-British protectorate of Zanzibar to a father who was a cashier, Mercury can hardly be said to have had a hard childhood. Spending time at a boarding school and learning the piano are not the usual pursuits of the downtrodden masses. So, why Freddie?

For me, there are two or three things that make me admire the man he became. Firstly, he was loved by millions of fans, considered a polite and caring individual - and was Indian. In 1970s England, being Indian was by no means an easy living.

Indians were seen as low-wage workers, the guys who worked on buses and in restaurants, the people "coming over here and taking our jobs". Being gay in the 70s was hardly going to make you too many friends either. My admiration for his resilience in the face of what must have been some very difficult years comes not from the fact that he faced adversity and won but more from the fact that it didn't bother him. He was Indian, he was gay - and it mattered not one jot to him. People admired who he was and what he did, he tried for a while, at least to his parents, to hide his homosexuality but it became something that partly defined him, along with his Indian roots and the steady guidance of traditional Indian parents.

Freddie's parents had - like so many Indian

parents and their fellows escaping the genocide in Uganda - wanted their eldest son to make something of himself, to study as a doctor or lawyer. Freddie wasn't immediately drawn to either profession and as an accomplished, if not prodigious, pianist, enrolled instead in the Ealing College of Art. History doesn't record how his parents felt about this career move but it was to prove the basis on which he found his alter-ego; Farrokh Bulsara slowly faded away, and as his musical career took off once he joined drummer Roger Taylor and guitarist Brian May, the man we know as Freddie shone through. It's said he chose Mercury, as it's his rising star sign in western astrological terms. Drummer Taylor once pointed out "it's a good thing it wasn't Uranus".

The reason the metamorphosis from Bulsara to Mercury is such a pivotal matter is that effectively he became the person everyone

loved by being someone else completely. An inspiration to a reserved teenage boy listening to *Sheer Heart Attack* in his bedroom. Admittedly, I didn't don spandex pants and strut down my local High Street like a madman but he showed people like me that the best way of getting out there is simply

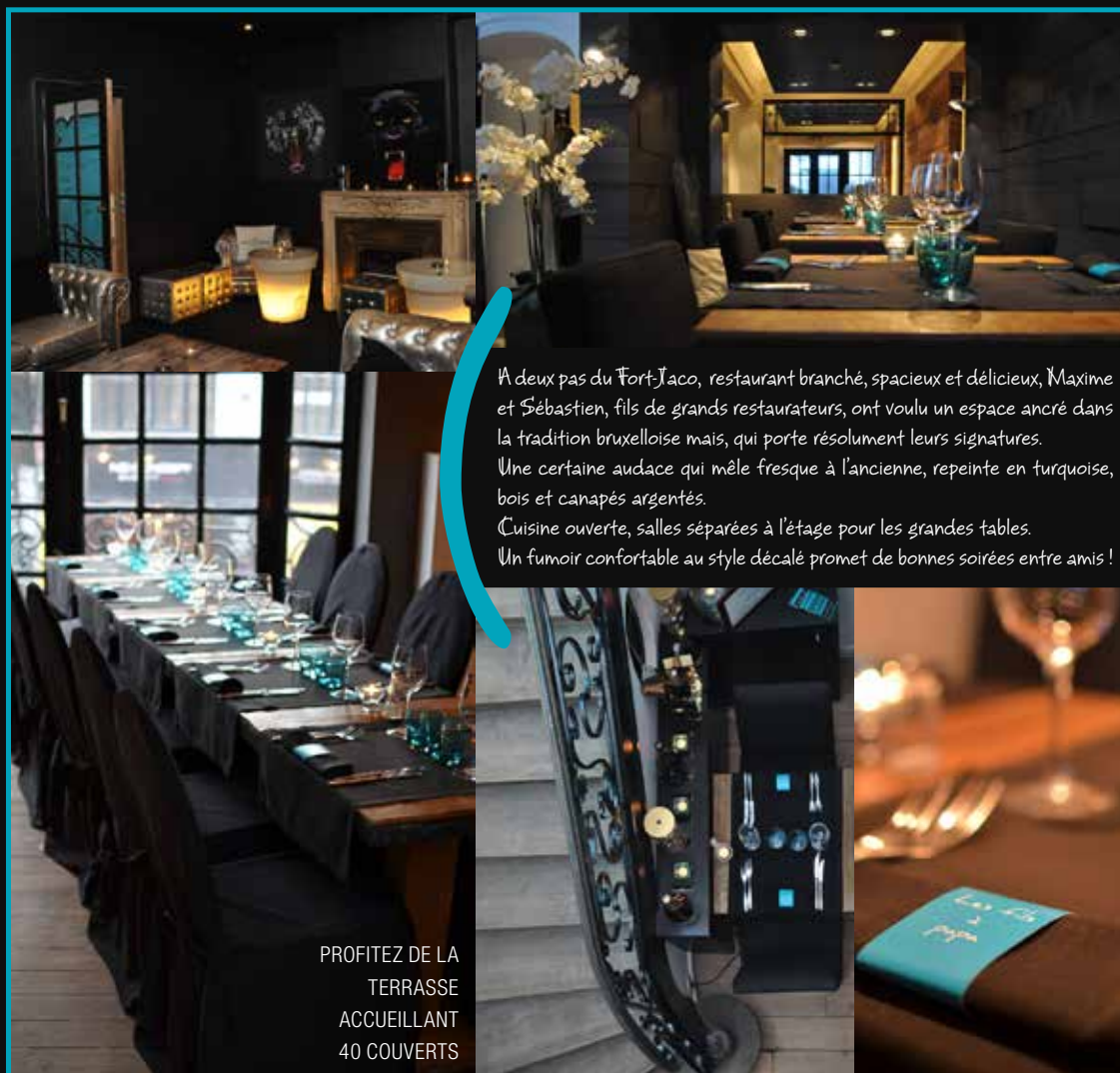
to get out there. Care less about what others think and take a few chances. I consider it a privilege to have been at Knebworth when the lights went down and we all clapped along to *Radio Ga Ga*. When I was young, I'd probably never have admitted that in case people judged me. I don't care - go right ahead if you want to.

Mandela inspires me because he proved what you can do if you keep fighting and refuse to back down to oppression. Gandhi teaches us valuable lessons about peace and inner calm, the power of a passive resistance. Freddie taught me, ironically, to stop listening to so many records in my bedroom and to get out there and meet people. I'll probably never change the world but I changed my outlook and I had some help from my personal hero - I don't think there's a better accolade. ●

BEING GAY IN THE 70s WAS HARDLY GOING TO MAKE YOU TOO MANY FRIENDS EITHER

Les fils à papa

RESTAURANT - BAR



À deux pas du Fort-Jaco, restaurant branché, spacieux et délicieux, Maxime et Sébastien, fils de grands restaurateurs, ont voulu un espace ancré dans la tradition bruxelloise mais, qui porte résolument leurs signatures. Une certaine audace qui mêle fresque à l'ancienne, repeinte en turquoise, bois et canapés argentés. Cuisine ouverte, salles séparées à l'étage pour les grandes tables. Un fumoir confortable au style décalé promet de bonnes soirées entre amis !

PROFITEZ DE LA
TERRASSE
ACCUEILLANT
40 COUVERTS

Chaussée de Waterloo, 1484 à 1180 Uccle
Gsm: 0475.975.975. - Tel: 02.374.41.44. - www.lesfilsapapa.be
Du lundi au dimanche de 12.00 à 14.30 & de 19.00 à 22.30
(23.00 le vendredi & samedi). Fermé samedi midi & dimanche midi

DARING TO
D R E A M

Inspiring us

James Wilson: From labourer to corporate affairs

Now a successful businessman, James Wilson has had to roll with the punches. **Martin Banks** spoke to him

From labourer to top international consultant...that's James Wilson, who has bounced back from serious setbacks in the cut-throat business world, not once but twice in recent years.

James is the founding director of a Brussels-based public affairs company which celebrates its 10th anniversary this year.

The company specializes in delivering professional public affairs for corporate clients from Central and Eastern Europe and manages offices in Kyiv, Donetsk, Sevastopol and Minsk.

But for James it has been a long, sometimes tortuous journey to reach the milestone of this first decade for his company.

As a teenager, James worked as a brickie's labourer in Manchester for a building contractor to help fund his studies at Manchester University. This experience has always stood him in good stead by reminding him never to be afraid to get his hands dirty.

When he graduated, James went to Hong Kong to work for the Hong Kong Government as an administrator in the civil service where he learnt to speak fluent Chinese and enjoyed a stellar government career for nearly 20 years. He was



DARING TO DREAM

Inspiring us

one of the last District Officers from the old colonial administration before Hong Kong was returned by Britain to Chinese rule.

A posting to Europe in the 1980s led to ambitions to move from the government sector into business, and James took a corporate affairs position with a Japanese multinational to help the company integrate its operations into the European single market of 1992. James' Hong Kong friends described this move as "Buddha jumps off the temple wall" – meaning that this was a brave step into the unknown, which turned out to be the case.

A change in corporate strategy resulted in power being given to the main federal business units of the company located in Tokyo, leaving no power with the corporate affairs unit in Europe and no future for corporate affairs in Europe in the company's strategy.

The timing could not have been worse.

Newly married and with a young daughter James found himself in the unenviable position of having to re-invent his career fast.

The key factors which assisted a successful career change at this critical juncture were the strength of personal networks, experience and reputation. A combination of corporate demand and being in the right place at the right time with the correct balance of skills and experience led to a new corporate role with a FTSE 100 company looking for a safe pair of hands to look after their public affairs interests in Brussels.

But there is no such thing as a job for life.

The discipline that James learnt with his new FTSE 100 company was that with a six month budget cycle, nothing ever stood still, and it was necessary to constantly review, assess and redefine what work was required and how it should be done.

In nine years the company changed its name twice and the portfolio of businesses that it

operated changed on a monthly basis. The crunch came in 2003 when shareholder action resulted in a restructuring of the company that left James with a decision either to move location to the UK or leave the company. With young children happily settled at school in Belgium, he decided that a move to the UK would be detrimental to family harmony, and so reluctantly took the decision to seek another career change.

He said: "Initially, I thought that the market was sufficiently buoyant to be able to find another corporate role without difficulty, but after several months of searching without success, I decided to branch out into consultancy and establish my own company.

"Starting from scratch, the most important factor to help in business development was again the personal network of professionals who generated the opportunities and ideas that made establishing a new business possible."

James started off first as an independent entrepreneur, and when the turnover of the business built up, he then registered Macmillan Public Affairs as a limited company in Belgium and started to expand.

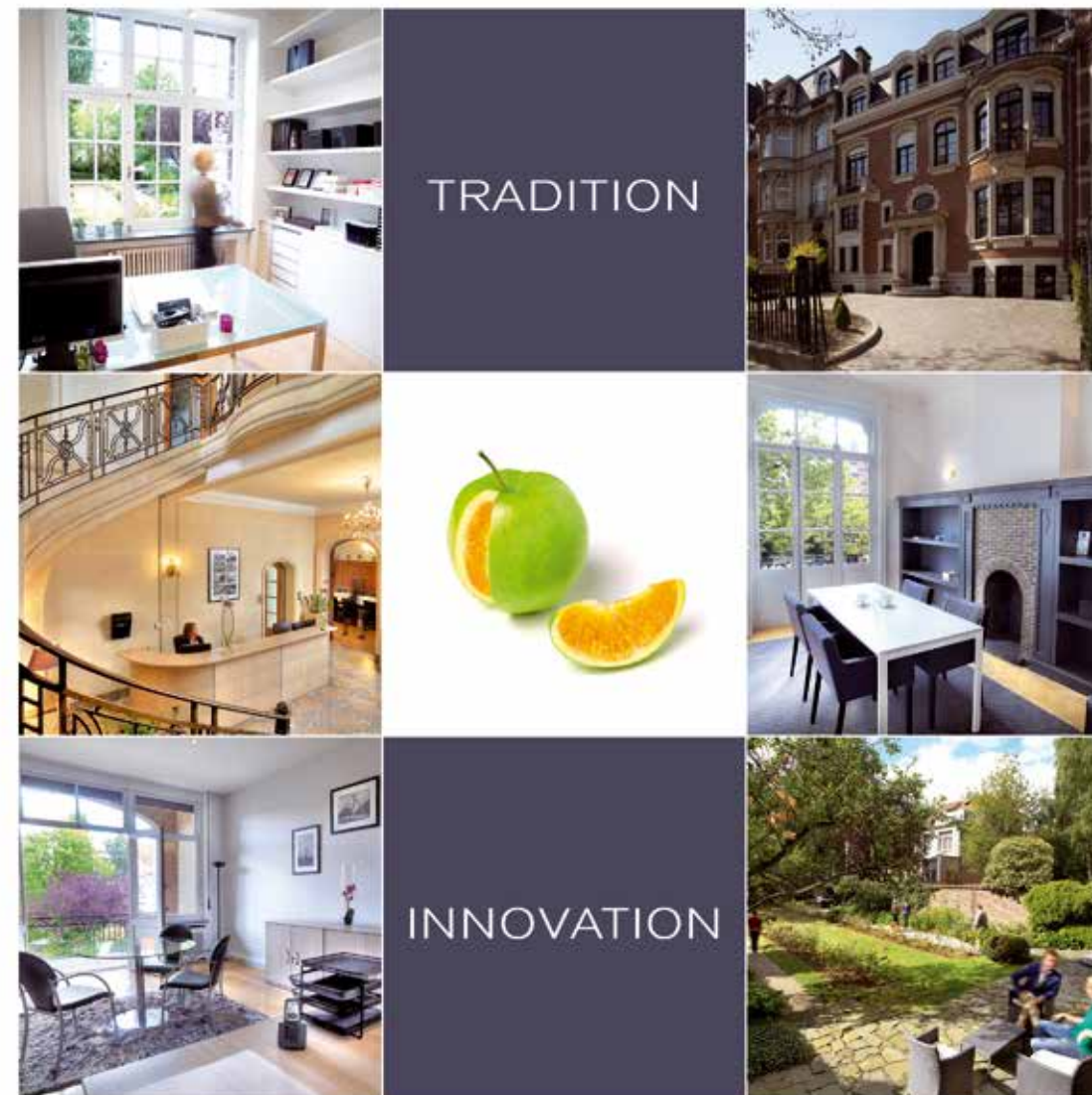
"It has been a roller-coaster," he says. "But I am still having fun, and that is the important thing. The best thing about managing your own business is that you can choose who to work with, you decide your company's culture and also how much and when you want to work."

Asked whether he had any regrets, James replied: "I would dearly like to do more work with Chinese companies so that I can make better use of my knowledge about China and my Chinese language skills, but the market demand right now is driven from Russia, Ukraine, Belarus, Central and Eastern Europe. This is keeping me busy and I enjoy it very much; these are great places to work, and if I have learnt one thing, it is to go with the flow." ❶

THE BEST OF BOTH WORLDS

BY VIPOFFICES

THE BEST OF BOTH WORLDS: a situation or setting in which the advantages of two very different things are combined to gain on all levels.



WITH PRICES STARTING FROM 199€/MONTH, A VISIT IS WORTH YOUR TIME.

BUSINESS ADDRESS • VIRTUAL OFFICES • TAILORMADE OFFICES • APPLE EQUIPPED MEETING ROOMS • CORPORATE, CULTURAL & PRIVATE EVENTS • VIDEOCONFERENCING • PRIVATE 250m² GARDEN • ALLIANCE MEMBER [OFFICES IN NEW YORK, LONDON, PARIS, ABU DAHBI, ...]

**VIPOFFICES.com • Boulevard St Michel 47 • 1040 Brussels • Belgium • welcome@vipoffices.com
T +32[0]2 400 00 00 | F +32[0]2 400 00 32 | www.vipoffices.com | www.47connect.com**



www.gmt-chronographs.com

Stephen King: The tale, not he who tells it

James Drew looks at the life of a writer who had to come back from the depths



Photo : Shane Leonard

Born in 1947, Stephen King first burst into the literary world in the early 1970s with the publication of his first novel *Carrie* in April 1974, about a young woman with hidden telekinetic powers who brings the house down on the town that "mocked and loathed her", which was subsequently adapted by Brian De Palma for the big screen in 1976. The enormous success of both book and film set King on his way to the position he holds at present, namely very likely the world's most popular author.

At the time of King's emergence, both the cinematic and literary horror genres were beginning to enjoy their biggest boom since the 1930s. It was a boom that continued until the late eighties, early nineties, but by that time Mr King had more than proved that there was so much more to him than yet another pulp horror writer, after the fashion of a Guy N. Smith or James Herbert.

King, once dismissed by critics as "just another horror writer", is now being favourably compared with Dickens in terms of his near-matchless ability to grab a reader by the balls and hold him right to the very end of the journey.

THE ARDUOUS EFFORTS THAT HE WAS FORCED TO MAKE IN HIS OWN LIFE HAVE BEEN AN INSPIRATION TO ME.

I first came to his work at around the age of 13, in 1984 – if memory serves, the first full-length novel of his that I read was *The Dead Zone* (1979), which was his fifth novel. From then on, I was delightedly playing catch-up with his other novels, and I then joined the ranks of those waiting, with baited breath, for his every new release.

King's work, both fiction and his non-fiction, has been a driving force for me in terms of my own creative efforts across the years. King has had around 50 books published, but there is no doubt in my mind that the arduous efforts that he was forced to make in his own life, before he finally broke through with *Carrie*, have been an inspiration to me.

He began writing professionally in the early 1960s, with short stories (which I number, then as now, among my very favourite examples of the man's work) that found a home in gentlemen's publications such as *Cavalier*, *Playboy* and the like. He met, fell in love with, married and had a first child with one Tabitha Spruce (who is also a novelist, under her married name), and King likes to recount those early times as not so much being on a budget but always one published story away from destitution – working at a laundry while Tabitha did double shifts at a hotdog joint, as he has recounted “the cheque from *Cavalier* or wherever always seemed to arrive just in time to pay for a doctor's bill or keep the heating on”.

And it was Tabitha who encouraged King to take *Carrie* to its conclusion, after he had initially thrown it in the trash in frustration. New English Library published it – then, on a day that King and his wife will never forget, they informed the fledgling writer that they would take the paperback rights for \$400,000, an extraordinary amount of money at the time.

As King has said: “Tabitha and I looked round our poky little front-room with our second-hand furniture and, with one accord, burst into tears.”

I would like to conclude with a quote from King that I feel best sums up his attitude to what he has now been doing for around 50 years. It comes from *On Writing: A Memoir of the Craft* (2000), which King was inspired to write after he was almost removed from this world by a very serious road accident. Just before this happened, he had beat his longstanding alcoholism and substance abuse problems, and had announced his intention to retire from writing. Since then, Mr King has never looked back, nor left the word processor, and that's all very much to the good – long may he dream awake for us all.

“You can approach the act of writing with nervousness, excitement, hopefulness, or even despair in the sense that you can never completely put on the page what is in your mind and heart... Come to it any way but lightly. Let me say it again: you must not come lightly to the blank page.” ❶



LES PLUS BEAUX PLATEAUX DE FRUITS DE MER À EMPORTER.
VIVIER TOUTE L'ANNÉE : HOMARDS BRETONS, LANGOUSTES, OURSINS, ETC.
MAIS AUSSI VIANDES D'IRLANDE ET D'ARGENTINE ET QUELQUES PÂTES FINES





Photographer: Gaetan Caputo

Assistant: Ludo Hanton

Stylist: Nicholas Sirot

Make-up artist: Philippe Meysmans for Clinique

Models: Manon and Jasmine from IMM

Special thanks to Didden&C° shop


Floor to Heaven

Carpet: «Jungle» by Floor to Heaven

Total look: Maison Scotch & Soda

Bracelet: Hermès

Necklace : Dodo Pomellato



Jacket: Ikks
Trousers: H&M
Earrings: Louis Vuitton
Ring: Thomas Sabot



Carpet: «Sugar skull crystal» by Floor to Heaven
Top: Caroll
Jacket: Jean-Paul Knott
Leggings & bracelets: H&M

Carpet: «Jungle» by Floor to Heaven
Total look: Mont St Michel
Bracelet: Une brune une blonde
Jacket: H&M




Carpet:
«Engraved flow» by
Floor to Heaven
Total look:
Christian Wijnants



Dress: Christian Wijnants





Coat: Maison Natan
Trousers: H&M
Jewels: Olivia Hainaut



Carpet «Leave»
by Floor to Heaven
Total look: Pinko
Bracelet: Maison De Greef
Handbag: Louis Vuitton

Tricks of the trade



The make-up designer for this month's exclusive fashion shoot shares the products used to come up with what I think you'll agree is a pretty dramatic look.

- 1: Base cream: Dramatically different moisturizing
- 2: Eye shadow: Like mink
- 3: Blush: Fresh bloom Peony
- 4: Lipstick: High impact
- 5: Nails: Red red red



- 1: Foundation: Even better
- 2: Eye shadow: On safari
- 3: Eyelashes: Building primer
- 4: Mascara: High impact
- 5: Blush: Fresh bloom silver almost blossom
- 6: Lipstick: Chubby stick chunky cherry
- 7: Nails: Made of steel



Dream Beauty

Boucheron Place Vendôme (100 ml, €90)



James Bond 007
(75 ml, €38)



Delphine Stefens claims this ultimate beauty product guide will make your dreams come true!

For those who dream(t) of becoming a ballerina, **Repetto** — the Parisian world-renowned supplier of ballet shoes — has launched its first fragrance. But if your heart lies closer to the Ritz than the Opéra, the eau de parfum **Boucheron Place Vendôme** might do the trick for you. And to make the picture complete, imagine sipping a martini with 007 at the Hemingway Bar knowing that the **James Bond** fragrances are finally available in Belgium.



Repetto (50 ml, €55)

Doctor Babor Ultimate Blemish

Reducing Duo (2 x 2 ml, €29,50).
At Barbor salons and online
www.babor.be



For those who dream they could make a blemish disappear in an instant or, better still, prevent them altogether, there is the **Doctor Babor Ultimate Blemish Reducing Duo**. One end will make upcoming blemishes go away, while the other is an antibacterial cover cream that will conceal any mishap. And if you're in a less trivial mood and dream of saving the oceans, know that the yearly charity edition of **Biotherm's** body milk is out this month exclusively at Galeria INNO.

Biotherm anti-drying body milk (400 ml, €25)



For those who dream of full and lustrous hair, **Myriam K** has an anti-ageing in-depth treatment and product range that moisturizes and replenishes hair, featuring a serum enriched with silk protein and babassu oil. Available at www.serenbeauty.be



LIFE OF LEISURE

*I don't have one face that I present to
the white world or the black world*



Oprah: Being yourself on TV...

Together's interview this month is with an American television legend

**I DON'T HAVE ONE
FACE THAT I PRESENT
TO THE WHITE WORLD
OR THE BLACK WORLD**

Iconic talk show queen and American media mogul, Oprah Winfrey, 59, has been ranked the richest African-American of the 20th century, the greatest black philanthropist in American history, and was for a time, the world's only black billionaire. She is still considered by some to be the most influential woman in the world.

Born into poverty in rural Mississippi to a teenage single mother and later raised in an inner city Milwaukee neighbourhood, she experienced considerable hardship during her childhood. She was raped at the age of nine,

and became pregnant at 14 - her son died in infancy. Sent to live with the man she calls her father, a barber in Tennessee, she landed a job in radio while still in high school and began co-anchoring the news at age 19. Then she entered the talk show world - and the rest is history.

As for her acting, she co-starred in Steven Spielberg's *The Color Purple* in 1985 and was nominated for an Academy Award for Best Supporting Actress. She's appeared in many films and TV shows as herself, as well as acted in *Beloved*, in 1988, and has lent her voice to various animated characters in movies such as *Bee Movie* and *The Princess and the Frog*. Now she returns to the big screen in Lee Daniels' *The Butler*, opposite Forest Whitaker.

On the personal side, she lives in Chicago with her boyfriend, Stedman Graham - they have been a couple since 1986. They were engaged to be married in November 1992 but the wedding has still not taken place.

Q: There was a line in your new film *The Butler* that struck me: "We have got two faces; one we show the white people." It's one of the lines that I feel is parallel to today. Is that your experience as someone who has strived and achieved success in a white dominated business, and how do you we get past that point?

Oprah: I don't feel that. I feel I made a living being myself.

When I was 19 years old, I interviewed Jesse Jackson as a young reporter in Nashville, Tennessee. He said to me then, one of your gifts is being able to be yourself on TV. So when I moved to Chicago and I was up against the then quote 'King of Talk' [Larry King], my boss at the time, called me in the office and said, "Listen, we know you will never be able to beat him, so just go on the air and be yourself."

So I have made a career out of my own authenticity, I don't have one face that I present to the white world or the black world. Oprah



Winfrey talk to my dogs the way I am speaking right now, [laughter] so it's always been the same for me, and I say that with great pride and homage and honour to the people who were the generation before me.

That's one of the reasons why I wanted to be in this movie, and it is because I am the daughter of a maid, and my grandmother was a maid, and her mother was a maid, and her mother was a slave. So the domestic worker and the speech that Dr. King gives to my son in the movie, I feel validated by their courage, I feel validated by the war that the butler and his entire generation fought in their own way, and the fact that there's another generation of freedom fighters and who, because of evolution and growth and change, decided that we are not going to do that anymore.

I think that was also necessary. So both wars were necessary for the time. But there's a wonderful poem by Paul Lawrence Dunbar called *We Wear the Mask* that I learned as a

little girl, but because of the courage, because of the conviction of an entire generation of whose shoulders we all stand on. I never had to do it.

Q: What moment in the film resonated most with you?

Oprah: I wanted to ask Yaya DaCosta [who plays a Black Panther member] a question because I've seen the movie three times and every time I see you get spit on, does something primal take over? There's nothing worse in the world and I think of all those people that did that for us, but you're an actor. I wonder when somebody spits on you does it take you to another space inside yourself, because we felt it.

Q: What made you want to get involved with this project?

Oprah: Lee Daniels. And I was telling him, 'I'm busy – I got a network thing going on,' and he

wouldn't listen to me but I am glad I said yes; I finally said yes because of the story itself.

He had been talking to me about the story and Gloria, who I play, for quite some time. I am a student of my own history, of African American history, and I believe that when you know who you are, you have the ability to move forward, not just with the strength of yourself but the strength of your entire ancestry.

So the ability to tell that story of *The Butler* in an entertaining way that would offer an opportunity for the rest of the world to experience a part of history that made our nation who and what we are, and to demonstrate the love story of an African-American family and in a way that tenderness is exposed to the world, so that people can see that we are all more alike than different.

When you see the two of us at the bus station, sending our son off to college, it's how every parent, regardless of race, regardless of

economic background feels when you have to let go of your son.

When you see us sitting at the breakfast table in the morning, I wanted to communicate that sense of love and connection and tenderness and also to allow the spirit and integrity of all of the African-American women, coloured, Negro at the time, who stood by the men and held the families together with their grit and their determination, and allowed their own dreams to be repressed.

I thought a lot about what it means to be a woman in the 50s and 60s, a woman like Gloria or a woman like myself or any other woman. All of us have a little fire inside and Gloria had a fire inside of herself, and what it's like to be the kind of woman who has that fire, but what do you do with it? You can't just watch *Edge of Night* all day long, [laughter] and make a tuna fish sandwich and drink a beer and that's why you tiptoe with the next door neighbour, Terrence, a little bit.

Q: But when he looks like that too, it doesn't hurt?

Oprah: He didn't quite look like that. [laughter] Terrence was such a brilliant actor that he came to set the first day and he had removed the cap from his tooth, so he has this big gaping hole. [laughter] But the opportunity to show who the women were of that era, because Gloria is not just herself, but a composite of women of that era, who sacrificed, who also were the stabilising force in the family, because the butler couldn't have been who he was and still had a family had it not been for her. So I loved all of that about the script. ☺



The gal may well stay in pictures

For *Together Picturenose's* **James Drew** revisits Oprah Winfrey's remarkable film debut



The passing of time suits certain movies better than others – you only have to look as far as *On Her Majesty's Secret Service* (1969), George Lazenby's one-off shot at James Bond, to see how far that film has (quite rightly) come on in terms of critical appreciation since it was first dismissed by critics of the time for, erm, not starring Sean Connery as 007.

The same is very much true of Steven Spielberg's *The Color Purple* (1985) based on Alice Walker's Pulitzer Prize-winning novel which, while its obvious qualities were acknowledged in many critical quarters at the time of its release (including a four-star rave from no less than Roger Ebert), it was nevertheless 'honoured' with the joint-biggest snub in Oscar history (along with Herbert Ross's *The Turning Point* (1977)), when it failed to pick up even one of its 11 nominations. And what truly stands out, at more than a quarter-century's remove, are the two (debut) performances from its leading ladies, namely Whoopi Goldberg as Celia, whose cinematic star has faded somewhat in recent years, and

Oprah Winfrey as Sofia and, well, I think it's safe to say that we all know how well the intervening years have treated Ms. Winfrey.

And Winfrey really does earn her pain in this – perhaps even ahead of Goldberg's performance.

Sofia: All my life I had to fight. I had to fight my daddy. I had to fight my uncles. I had to fight my brothers. A girl child ain't safe in a family of men, but I ain't never thought I'd have to fight in my own house!

Such is the range offered by Winfrey in this, from despair, to rage, to humiliation, it makes it all the more surprising that acting wasn't in fact the first thing that Winfrey succeeded amazingly well at (like just about everything else) in terms of the increasingly demanding or striking roles that just have not happened.

She is back on our big screens, thankfully, in Lee Daniels' *The Butler* (2013) alongside Forest Whitaker, which has opened to warm reviews and mega box-office takings, so it would appear that the gal may well stay in pictures.

And if only based on her performance in *The Color Purple*, that can only be a good thing. **1**

The Color Purple (1985) - 154 mins.

For more film reviews and features:
www.picturenose.com



on thursdays

music

LIVE

Experience with YOU @ the micro!

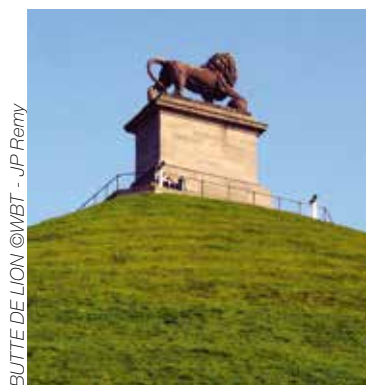


3 Music Live & 1 Music Live Experience each month during the whole season

Music Live ★ Des concerts gratuits où vous re-découvrirez vos groupes favoris et futures révélations!
Music Live Experience with YOU @ the micro! ★ Un live band vous permet de chanter avec eux!

Waterloo: Going back in time

Martin Banks goes for a wander in a town forever linked with a single, dramatic battle



BUTTE DE LION ©WBT - JP Remy



Jean-Pol GRANDMONT

**THE BATTLE
THAT
DECIDED THE
COURSE OF
EUROPEAN
HISTORY
NEARLY 200
YEARS AGO
IN 1815**

For some the name will always be linked with a certain Swedish pop band. For others (and on a rather more cerebral level) Waterloo represents a unique slice of history.

But whether it's the classic Abba Eurovision-winning tune or the fact that it's home to one of history's most decisive moments that resonates most, there can be no doubting that Waterloo has plenty to offer.

This leafy, modern town in Brabant Walloon has two international schools (St. John's International School and the Scandinavian School), is noted for its expensive real estate and boasts some pretty swish shopping.

But, for most, it remains the place where you are transported back to a time of epic battle between the daring Napoleon and the wily Duke of Wellington.

Waterloo is, in fact, just a short bus, train or car trip

SCAPA

Waterloo



SCAPA
CHAUSSURES ET
ACCESSOIRES

EXCLUSIF
**FABIANA
FILIPPI**



SACS
**ROBERTA
PIERI**



**CASHMERE
JOHNSTONS**



south of Brussels. If you want to see where Napoleon 'met his Waterloo', then this is obviously the place.

After all, the town lent its name to the battle that decided the course of European history nearly 200 years ago in 1815.

One popular place is the Wellington Museum in the town centre where you'll learn the role of the seven nations which took part in the combat. You'll also find a series of illuminated diagrams explaining the successive stages of the battle.

The 1,000-year-old Villers Cistercian abbey, abandoned in 1796, and the attractions surrounding the battlefield are all must-sees.

Start at the Battlefield Visitors Centre adjacent to the Lion Mound, on the outskirts of town, where you'll get information and tickets for the attractions. Currently, a combined ticket costing €12 includes entrance to the Battlefield Tour, Butte du Lion and Panorama, plus a spectacular audiovisual film and access to the adjacent Musée de Cire (Wax Museum).

The Waterloo battlefield is best viewed from the top of Lion's Mound (or Butte de Lion), which offers a panoramic view of the historic site from atop more than 200 steps.

About four kilometers south of the Butte du Lion on the Chaussée de Bruxelles lies Le Caillou, a two-story brick farmhouse where Napoleon spent the night before the battle.

But, hey, there's more to do in Waterloo than the battlefield.

The name of Waterloo was first mentioned in 1102, designating a small hamlet at the limit of a big forest. The entrance to the wonderful Forest Soignes, just a few minutes from the town centre, is where you'll find horse-riding stables, a convent and also, close by, a particularly delightful little religious grotto.

Back in the centre is St. Joseph's Church (next to the tourist office) - with its distinctive green dome and lantern tower, you can't miss it. Consecrated more than 300 years ago in 1690, the chapel was restored in 1844 and again in 1968.

Nearby in La Hulpe is the Folon Foundation which houses more than 500 works by noted Belgian artist Jean-Michel Folon. It features engravings, watercolours, sculptures and posters in an intimate setting devoted to Folon.

Château de La Hulpe is a noted Belgian château built in the late 19th century and is, today, one of the region's most popular attractions.

Modern-day Waterloo is home to the European headquarters of MasterCard International, not one but two Carrefour hypermarkets, an Ibis hotel and office parks to the east of the town.

Waterloo is something of a polyglot and multicultural town with the commune offering services in French, Dutch and English.

It's still best known for the Battle of Waterloo in 1815, the last time the British and French armies fought against each other. Good to visit anytime but especially next year for the centenary commemorations of the First World War. **1**



Scrupules
Lingerie Féminine

304, Chaussée de Bruxelles
Waterloo

02 351 47 22

scrupules.lingerie@euphonynet.be



Lits | Meubles | Canapés

Réalisations sur mesure

13
INTERIOR
HOME DECORATION

500 M² D'ESPACE DE DÉCORATION

Ch. de Bruxelles, 88b - 1410 Waterloo - Tél. +32 2 354 13 13 - www.13interior.com

From a couch to a candle

Paul Morris
discovered two shops in
Waterloo connected by
a mysterious doorway

Companies regularly bandy words around, key words they believe best represent them and their organization. Words such as tradition, heritage, family...

In the case of the two shops shoulder-to-shoulder on Rue François Libert in Waterloo, 'family' fits perfectly. I enter number 19, Compagnie des Cotonnades. One is immediately struck by how cosy they have made such a large space – not an easy trick. Lamps of all kinds warm the corners and bless the walls with suffused light.

The first member of the Mignot family I meet is Sandrine, giving the sense immediately of a woman in full flight with lots to get done and not enough time to do it. She takes time out to explain: "My mother started the shop 20 years ago - she sold only textiles at first then gradually branched out into all manner of other design products. A natural progression, really."

We walk around the shop and there is somehow plenty of space to move in between and among all the items in this Aladdin's cave. She indicates a 3-seater Louise couch. "That's a new arrival. But some people just come for a candle. We're gearing up for Autumn/Winter, our busiest period by far."

"We now have an interior design service. What you see here is just a sample of what we can offer clients but they can come here and touch



**MY FRIENDS THOUGHT I WAS OFF
MY ROCKER, TAKING ON A NEW
BUSINESS IN A PERIOD OF CRISIS**

the stuff, it beats a catalogue. It gives them ideas. We have people who come to us and say: 'Design my house, from top to bottom.'

Every customer is different of course and have their style. "Some are looking for the more classic approach whereas others go for the modern touch. There are five of us in the team – all women –so we can always match one of us to the client, depending on tastes. But we're a team and I think the customer appreciates that."

She leads me towards an archway (a doorframe missing its door, really) and I enter Number 17 to meet her sister, Emille, who runs a very stylish clothes shop. "Next door they take care of the interior. Here, I look after the customer's exterior – what they wear." She worked for a few years in a Belgian prêt-à-porter company, dealing with import and export.



LA DAME AUX TRÈFLES
17 Rue François Libert

"This shop became vacant and my mother said: 'Why don't you give it a go?' And here I am three years later. My friends thought I was off my rocker, taking on a new business in a period of crisis but I was determined."

She serves a customer and you can see that it's that contact that made her glad to make the change, to get out from behind the desk. "Yes, I love the contact, I've always been good at that!"

And the intriguing name 'La Dame aux Trèfles'? "I knew I was taking on a big challenge so I wanted something in the name that would bring a bit of luck. So, when I come here I always have my lucky clover. More seriously, I think it just feels right in times like these to concentrate on proper values: service and family." 

Join us on social media: on Facebook Compagnie Des Cotonnades and La Dame aux Trèfles.



COMPAGNIE DES COTONNADES
19 Rue François Libert - Waterloo
www.compagnie-des-cotonnades.be

Waterloo: Shopping in comfort

Waterloo may only have a population of around 30,000, but its shops, restaurants and bars serve a catchment area of 340,000 people living within a 20-minute drive of the town – and when you arrive, parking is relatively easy to find. Here are some suggestions of where to shop, eat and drink.

LES JARDINS DE DIANE

This mixed complex (commercial and residential) opened in 2009 and boasts some 12,500 m². It was developed on what used to be Degreeef farm's grasslands. Located on the popular chaussée de Bruxelles at the northern end of the town, it is home to many national and international brands. There is a hair salon and a gym, serving the residents of the 34 luxury apartments and shoppers alike. The complex also has 300 free parking spaces. www.lesjardinsdediane.be

13interior

With a style that is contemporary yet traditional, 13interior is a unique design store that caters to the taste of its buyers through the creation of custom-made, home furniture. The elegant design store provides a stylish selection of material, fabric and colours that are just right for creating or recreating your home. - www.13interior.be

Hugo Boss

It is no surprise that Hugo Boss remains a leading trendsetter in men's fashion. The luxury style house features clothing articles that cover the latest in designer fashion – each piece is a fashion statement in itself. Every man will find something for his closet, with apparel ranging from classic clothing, evening and leisurewear to sportswear and accessories. www.hugoboss.com/de/en/collection.php

Optil

Optil is a family-owned business that stocks a large selection of compatible frames and lenses, with contemporary styles for the entire family. Their personalized and professional service makes the experience of purchasing eyewear as effortless as the blink of an eye. www.optil.be

The Little Gym

The Little Gym does not press a child to succeed, rather it seeks to immerse children in a non-competitive and fun environment, aimed at boosting brain power, building strength and, most importantly, developing life skills to create a well-rounded child. Here lies the opportunity to provide children with the best possible start in life by providing programmes for children 4 months to 12 years. www.thelittlegym.be



BOSS
HUGO BOSS



HUGO BOSS WATERLOO

Chaussee de Bruxelles, 80c - 1410 Waterloo

Tel: 02 351 31 51 - hugoboss@faclabel.com - www.faclabel.com

EMPORIO ARMANI



Ray-Ban®

RALPH LAUREN

MARC BY MARC JACOBS



CARRÉMENT FOU
MONTURE DE MARQUE
+
VERRES CORRECTEURS*

175€



OPTIL Uccle
Rue Xavier de Bue, 40
1180 Uccle
Tél: 02 346 09 57

OPTIL Waterloo
Chaussée de Bruxelles, 90A
1410 Waterloo
Tél: 02 351 10 01

www.facebook.com/optil • www.optil.be • info@optil.be

LIFE OF LEISURE

Waterloo

IN THE CENTRE

Fleurs de ma Passion

A charming flower shop that unearths the nostalgic feeling of walking as a child into a candy shop: Fleurs de ma Passion offers a feast for the eyes. This cosy setting is the perfect way to treat yourself and loved ones to a floral arrangement abundant in colour and fragrance that befits the season.
www.mapassionfleurs.be/fr

Scrupules

Lingerie is a garment that is fun for both men and women. In the heart of Waterloo, it is a destination for chic women's lingerie with a highly feminine selection, designed to charm and seduce. The passionate and professional staff at Scrupules provide sound advice to match the garment to the mood of the client.
www.mariejo.com/fr/stores/boutiques-lingerie-mariejo/belgium/waterloo/storedetail-scrupules-lingerie

Beobank

Now called Beobank, City Bank of New York opened its doors in Brussels in 1919. So it has been around locally for a while, now boasting 192 branches throughout Belgium. Located conveniently on the high street, the Waterloo branch offers everyday banking products, such as current accounts, loans, credit cards and financial advice.
Beobank, 91 Chaussée De Bruxelles, 1410 Waterloo - www.beobank.be

Scapa

This year Scapa in Waterloo celebrates its 10th anniversary but the service from Brigitte and Samantha remains the same, advising you on simple outfits or something for a special occasion. The new season sees a cocktail of bright pastel colors such as pistachio green, orange and yellow.
www.scapa.be

RESTAURANTS

Mamma Roma

Located close to the town hall, this has become the fashionable place to eat pizza in Waterloo. Opened 18 months ago, it offers a 50-seat terrace (a rarity locally) and delivery service to neighbouring towns, including Braine L'Alleud. The pizzas here have a thicker base than at most Belgian pizzerias but they are, if anything, much nicer than anything you'll find elsewhere.

Toppings, include potato and truffle, egg plant, cherry and pumpkin. All are delicious.
www.mammaroma.be

Chi-Chi's

If, like many, you are feeling the economic pinch this is a great place to go for good food and very affordable prices. In fact, this branch of the Chi-Chi's chain has an 'anti-crisis' list of menus specifically aimed at people who find eating out a bit too pricey these days.

The menu features a large range of excellent dishes, including Mexican specialities like nachos, fajitas and particularly hot burgers, some from just €10, as well as delicious spare ribs and

a great mixed grill. It also regularly organizes 'team building' special evenings for companies and other events with proceeds going to charity. www.chichis.be

Bois Savanes

Since 1984, Bois Savanes, a Thai restaurant/deli has been offering wonderful cuisine, cooked according to classic Thai traditions. No additives are used at this top-notch restaurant and everything is freshly cooked. The menu has been designed so as to offer a wide variety of traditional dishes and more daring ones, all served in particularly evocative surroundings.

Look out for the bass fillet with three Thai



Waterloo

spices, the sautéed rice with crab meat and beef paneng curry. All are delicious and there's also a very good wine list. www.boissavanes.be

La Pépinière

Over the years this has become something of a local institution and it's not hard to see why. Serving classic French/Belgo cuisine, it boasts a particularly impressive patio/terrace, particularly welcome in warm weather. There's a great selection of food - all served with flair - and the smoked salmon melts in your mouth.

Look out too for the tasty Irish and Argentinian beef and wonderful seafood, not least the Breton lobster. Popular with locals and the many British and American expats living locally, this stylish-yet-relaxed restaurant is open 7/7. It's run by a local go-ahead businessman who owns a string of equally good restaurants throughout Brabant Walloon. www.lapepinier.be

Sushi Shop

Situated in the centre of town, it offers terrific Japanese food at very affordable prices. The newly-launched and wonderfully-dubbed 'Kate Moss Box', named after the celebrity model, comes with 40 pieces and, at €46, is particularly recommended. The service is fast and the food excellent with the lunchtime menus being especially popular. This is only a small restaurant but is simple and unpretentious, always full and invariably with

some Japanese diners (always a good sign!). www.sushishop.be



Mimcdonnell@en.wikipedia

Les Six Colonnes

This restaurant in the heart of Waterloo is a mainstay on the local eating-out scene. It is open seven days a week in a typical brasserie atmosphere where you can try wonderful ice-cream and pancakes or choose from the wide range of shellfish.

It offers something to suit everyone's pocket, ranging from snacks to delectable gastronomic dishes and a catering service is also available. They do great seafood, but apart from that there is classic Belgian brasserie cuisine, at prices that don't break the bank and choices for all age groups. Eating outside on sunny days is particularly recommended. Veggies are well catered for and there are even 'themed' evenings. www.sixcolonnes.be



jnjoy

**Be Chic Be Cool
100% J&Joy
Toute la collection :
Hommes-Dames-Enfants.**

**80b chaussée de Bruxelles 1410 Waterloo.
02/351.21.12**

★ THE ICE-CREAM ★

Cuberdon & Meringue Drops flavour.
Artisanal, delicious and made with love in the Kingdom of Belgium.



Now available at Delitrateur.

Cuberdonsleopold.com

LIFE OF LEISURE

Waterloo

Le Cambronne

Auberge des Fondues, Le Cambronne features a stone grill this is place for meat, raclette fondue. The atmosphere is friendly, ideal for a night out with friends. This traditional tavern also offers a classic brasserie menu.
www.restaurantulion.be

BARS

Touchdown Sports Bar

Located in the town centre, this lively bar has billiards and numerous sports channels. If you like cozy, unpretentious bars with friendly service in an atmosphere where you can enjoy a night chewing the fat over great beer you cannot go wrong here. It's particularly popular with local youngsters and expats.
www.touchdownbar.be

The Snug

This is the only Irish bar in Waterloo and is situated outside the town centre so access, without a car, could be a problem. But it is a friendly place, showing sport on numerous satellite TV channels, and is also a good spot if you want to grab a snack with your Guinness. There is also a happy hour from 6-7pm or when the barman gives the sign!
www.thesnug.be

MUSEUMS

Wellington Museum

Located across the street from the church, this museum was formerly the command centre of



the Duke of Wellington, commander of the Allied forces who fought Napoleon's army. In the museum you'll find documents, engravings, arms and authentic souvenirs relating to the battle. You'll also learn the role of the seven nations which took part in the combat and find a series of illuminated diagrams explaining the successive stages of the battle. A visit here is recommended before going to the nearby battlefield. www.museewellington.be

Musée de Cires

Situated across the road from the Lion Mound, this is a wax museum, popular with the hordes of visitors to the battlefield. Featuring models of the soldiers of the various battle regiments and their commanders, die-hard war enthusiasts will particularly enjoy this place. If waxed figures are your thing, go for it. Combine it with a visit to the Panorama building across the road. This circular naturalistic painting, by Parisian artist Louis Dumoulin, is on a canvas some 110 meters in circumference.
www.brussels-belgium-travel-guide.com 1



Palazzo Manfredi: By the Coliseum



Paul Morris headed for the Eternal City and a remarkable view from a room

If you haven't had an enough of the city's history, there's a hotel with a unique view of Rome's most eye-catching monument. A former convent, this five-star hotel has what used to be a very noisy neighbour: the Flavian Amphitheatre, aka the Coliseum. Look out the window and in the foreground you'll see remains of the Ludus Magnus – this is where the gladiators were trained and got changed into their battle gear, before taking a tunnel that ran beneath the road and out into the baying of a blood-thirsty Roman audience. On the hotel's fourth floor the vista gets even better in the very smart terrace restaurant, boasting a three-sided panorama of the entire neighbourhood, with the Imperial Forum and Nero's former residence the Domus Aurea, his Golden House (the Coliseum was built on the

drained site of Nero's lake). The restaurant is called 'Aroma', which we hope is a rather neat play on words.

Thankfully, the food is not nouvelle cuisine, a succession of courses designed as little works of art – this is proper grub. Hotel Manager, Bruno Papaleo said: "Our chef Giuseppe Di Iorio has a very modern approach but he likes to keep close to our traditions. We wanted to make a restaurant for Italians, one that local people would want to come and eat in – serving their food, they way they want to eat it." Hotel restaurants always benefit from local custom, since one doesn't feel removed from the neighbourhood.

Certainly, his point was proven by the perfectly

timed mint-flavoured roasted scallops on a fennel fondue with fried leeks, followed by a very generous portion of a morel mushroom risotto with quail breast and poached egg. And sommelier Martin Pechev has selected mostly Italian wines among the 300 labels in the cellar.

Bruno explained that the hotel has been renovating annually: "We knock two rooms into one, creating more space for our customers and allowing families to come and have a bit more privacy." The ground-floor junior suite has two self-contained rooms and a large comfortable put-down sofa – no clic-clac here, it's a real bed.

The Coliseum's bulky presence looms kindly over the hotel, the changing light offering up its different facets as night falls. In the morning, breakfast is served on the roof terrace and you can watch the Roman sun begin to illuminate it all over again.

www.palazzomanfredi.com
www.relaischateaux.com

The Coliseum

- It was said to hold 85,000 at its peak but modern estimates say it was closer to 50,000.

- The gladiatorial shows were big money, run by private companies, not the state itself.

- If you think modern footballers get paid too much, Tiberius paid retired gladiators 100,000 sesterces (\$500,000) a head to come back into the arena.

- The Ludus Matutinus (Morning School) was where the animal trainers worked, with creatures from Africa and the Middle East, including elephants, aurochs, Barbary lions, bears, Caspian tigers and crocodiles.

- It wasn't best place to hang around if you



were an animal: 9,000 were slaughtered as part of the amphitheatre's opening ceremony around 80 AD.

- The best seats in the house were reserved for the Vestal Virgins, priestesses of Vesta, goddess of the hearth.

- There is powerful evidence they used major hydraulic mechanisms to bring animals and scenery into the arena.

- The arena itself was wooden with sand (Latin for sand is *arena*) scattered over it.

- In mediaeval times, around the 6th century, the arena was converted into a cemetery. Rather fitting... ❶



Be the first
to rent the new
Peugeot 308 !



3,6 - 5,8 L/100KM
95 - 134 G/KM



Blue Elephant: More than just 'green curry'

Martin Banks returns to
Blue Elephant to try out its new menu



**THE GOOD
NEWS IS THAT
STANDARDS
ARE HIGHER
THAN EVER**

Blue Elephant has been proudly flying the flag for top-notch Thai cuisine in Brussels for over 30 years now.

So mega-successful is it that you can find the company's products in supermarkets all over Belgium.

But its owners are always constantly striving to stay ahead of the game and that is exactly what it aims to do with the launch of an exciting brand new menu at its flagship 80-seat restaurant in Uccle.

The aim is to elevate Thai cuisine several rungs above the standard 'green curry' variety so familiar to most of us.

With its exquisite new menu, it succeeds brilliantly.

Take, for example, the 'Degustation' menu, aimed at those already familiar with Thai food. Priced at an exceptionally reasonable €60-€65pp, the menu features a range of mouth-wateringly good starters, such as a Belgian-Thai croquette, salad of St Jacques in egg plant and even steam-cooked crocodile.

The mains are equally delicious, including Koon curry (shrimps in coconut milk), sizzling lamb chops and Ped Makhaam (duck marinated in lime).

There's a good choice of soups (some more spicy than others!), a 'Discovery' menu for those unfamiliar with Thai cuisine, a terrific a la carte (containing the old favourites) and the ever-popular Sunday brunch (€40pp).

All this is splendidly overseen in terrifically atmospheric surroundings by the Normandy-born manager Clement Gohin (who used to work in the chain's Bangkok restaurant) and his very cheerful staff.

This is said to be the oldest Thai restaurant in Benelux and, on the evidence of its new menu, the good news is that standards are higher than ever. Clement and his chefs will be dispensing a few top tips with the launch of new Thai cooking lessons at the restaurant every Thursday afternoon. **1**

Blue Elephant
1120 Chaussée de Waterloo
Tel 02 374 49 62 - www.blueelephant.com

What's on Belgium

Together brings you the latest mix of what's happening across the country

The body in Indian art

Whether its yoga, ayurveda or kamasutra - no civilization has had quite as fascinating an understanding of the body as India. This exhibition takes one on a journey from death to rebirth, from the controlling forces of fate to the power of human action, from desire and seduction to its conquest via asceticism. Come and discover a rapturous display of masterpieces of Indian art from ancient temples, tiny provincial museums, royal collections and treasures from the National Museum of India, many of which have never been seen before. BOZAR.

Until 5 January 2014. €14



Jean Rustin exhibition

With washed-out bedrooms and checkered floors, the settings are evocative of a hideously sexual mental asylum, alluding to the carnal insanity that we all possess. Schiller Art Gallery, 12 rue van Moer, 1000 Brussels. **Until 1 December.**

facebook.com/schiller.art.gallery



Marry me!

Marry Me! - designed by the organizers of the exhibition Labelle - attempts to "imagine and reinvent to help you make your day and your memories". Professionals from the wedding business offer up fashion parades, DIY workshops, tastings, make-up and hairstyling. **15 -16 November.** Tickets: €8 in advance, €10 on site.

La Chaufferie (Arsenal), Rue des Pères Blancs 2, Brussels 1040. www.marrymebylabelle.com

International Festival of Historic Films

History is more than just look at the past – it is also an essential source for understanding our civilization: social movements, political and cultural developments. The marriage between the image and the story is an opportunity for the audience to have another look at its history, the foundation of its future.

17-20 October. Wellington Cinema, Waterloo. 070.be/fifhw

COMPETITION

Another exclusive competition this month as we offer our readers a chance to win free tickets to Marry Me! We have 5x2 tickets to give away. All you have to do is send an email to paul@togethermedia.eu with the name of one of the featured articles on our home page: www.togethermag.eu. **Good luck!**



Votre artisan glacier et chocolatier.

Salon de dégustation & atelier:
Avenue Jean et Pierre Carsoel 7 (quartier St-Job)
1180 Uccle T +32 (0)2 377 65 99
www.chocolaterie-vandeparre.be



What's On Belgium - MAD

MAD Brussels: Four days among the avant garde

An annual, unmissable event on the local fashion calendar, MAD BRUSSELS, The Brussels Centre for Fashion and Design, is hosting the thirteenth edition of its Mode Parcours for four days in October.

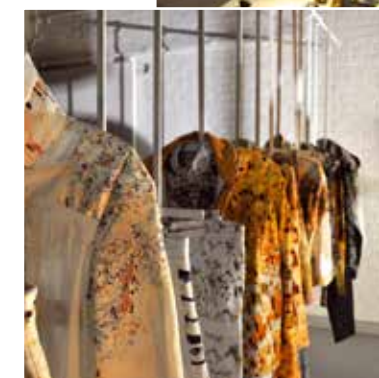
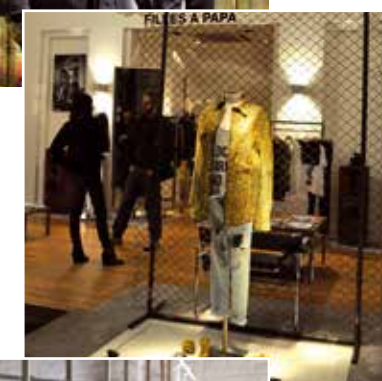
The Parcours has succeeded in positioning itself as one of the preeminent events promoting the cause of avant garde fashion in Brussels and the rest of Belgium.

The event is jam-packed with more than 60 designers showing off their designs, new fashion collections, performances and fashion shows, plus concerts and evening activities. This is your opportunity to plunge into the lives of the Brussels trendy set.

Fashion aficionados will make fresh discoveries and revel in the buzz that surrounds this unique event.

This year's theme is 'Style Icon', celebrating the mixture of influences that define a designer's world, as they inspire personalities, cinema, radicalism, glamour and humour – this is their chance to come out from behind the drawing board and offer up their perspectives and divulge secrets locked away in the corridors of their imagination.

The world of fashion is brimming with icons. Coco Chanel (in spite of initial antipathy towards film stars) was one of the first fashion houses to work with stars as models. Since then the Chanel fashion house has contributed to the emergence of icons in the world of cinema:





Catherine Deneuve, Vanessa Paradis, Nicole Kidman, Keira Knightley and Audrey Tatou, just to name a few examples.

Style is an 'attitude' combined with a 'look'. Clothing thought up by designers and their accessories can transform someone into an icon of style. But 'Style Icon' is also about lesser known folks.

Ari Seth Cohen (www.advancedstyle.blogspot.com) strolled down the streets of New York, photographing 'elderly' women and men with something original about them. The Advanced Style blog proves that style has no boundaries and certainly no age limit.

DISCOVERY OF NEW TALENTS

In addition to the installations of big names in Brussels fashion, the Parcours also gives the general public the chance to discover the latest batch of new Brussels designers as well as new boutiques in the capital's fashion districts.

MAD BRUSSELS

Belgian style is a label that is respected and recognised for its quality both in terms of design and the finished product. MAD Brussels aims to be a unique shop window for all the professions working in the fashion and design sectors.

24, 25, 26 and 27 October

www.madbrussels.be

Photos : Credit : Tine Claerhout



**MAD BRUSSELS
PRESENTS**

**OCT. 24.25.26.27
2013**

**M O
D E
P A R
C O U R S
1 3**

**F A S H I O N
I N S P I R E D B Y
I C O N S W I N D O W
D I S P L A Y S F I L M S
A C C E S S O R I E S
F A S H I O N C O L -
L E C T I O N S E X -
H I B I T I O N S A R T Y
A S S O C I A T I O N S
L A T E O P E N -
I N G S F A S H I O N
S T A T E M E N T S**

**M O R E I N F O A B O U T
T H E P R O G R A M
WWW.MADBRUSSELS.BE**

**STYLE
ICON**

**MEETING POINT
MAD BRUSSELS**

**NIEUWE
GRAANMARKT
10
PLACE DU NOUVEAU
MARCHÉ AUX
GRAINS
1000 BRUSSELS**

**ARTISTIC DIRECTION BY DIDIER VERVAEREN
PHOTO COURTESY OF ARI SETH COHEN
GRAPHIC DESIGN BY AMIRA DAUDI**

What's On International

A musical and culinary night out in London

London transport can be capricious, so it's best to eat close to your theatre of choice. One Aldwych could hardly be closer to our venue for the evening, ensconced as it is in the heart of theatre land – there are 15 theatres within walking distance. The Indigo restaurant looks over the Lobby Bar. This is a laid-back venue, and they are past-masters here at pre-theatre menus and service. It won't break the bank: two courses £19.75, three courses £23.75, available Monday to Sunday between 12h00 and 15h00, from 17h30 to 18h30 and from 20h00 to 22h00. www.onealdwych.com

And the theatrical arena is the Novello Theatre, a mere two-minute walk away...

MAMMA MIA!

One in four UK households owns a copy of the DVD, and the movie is the highest grossing musical film ever. But *MAMMA MIA!* really has to be seen on stage, especially if this is your first musical since the songs are likely to sound familiar.

The new cast at the Novello Theatre are well bedded in now, with Dianne Pilkington leading the cast as Donna Sheridan (she also appeared in the Tom Hooper film of *Les Misérables*). In case you've been living on planet Zog for the past decade, producer Judy Craymer had the bright idea of blending ABBA's timeless songs by Benny Andersson & Björn Ulvaeus with an enchanting tale of family and friendship on a Greek island paradise (written by Catherine Johnson). To date, it has been seen by more than 54 million people in 38 productions in 14



Credit - Brinkhoff & Mögenburg

different languages, grossing more than \$2 billion at the box office.

The film version leaves out the essential UK lad/ladette element – on screen Sophie is fluffy, whereas in the stage show the hen night element appears more ballsy. And Dianne Pilkington as Donna is, in contrast, more subtle, not at all the over-the-top, a real person and funny. If you're not crying when she sings *The Winner Takes It All*, you'll never cry again. She's so good she could pull this off as a one-woman show. ①

www.delfontmackintosh.co.uk
www.mamma-mia.com

London pass: Skip the queues with free entry to over 60 top London attractions and tours, a guide plus a travel option.

www.londonpass.com

PHOTO: Credit - Brinkhoff & Mögenburg

★ THE CUBERDON ★

A sweet secret handmade with love in the Kingdom of Belgium.



Now available in a selection of 9 Delitrateur shops:
Uccle, Waterloo (2), Saint-Gilles, Woluwe-Saint-Pierre, Ohain, Ixelles, Jurbise, Sint-Martens-Latem.
Cuberdonsleopold.com

United Fund for Belgium



UFB collects donations to support a whole range of charitable associations throughout Belgium

The United Fund for Belgium is a Belgian non-profit organization. Its mission is to help people in need in Belgium by financing the projects of charity associations. UFB's focus is solely on social projects.

UFB supports, in particular, charitable associations involved in child welfare, reduction of poverty, support for handicapped people and social integration and training.

To fund these projects, UFB collects donations from Belgian and foreign companies established in Belgium and from caring individuals. It aims to support close to 100 different charitable associations every year, financing projects of about €10,000 on average. The objective is to focus on small to midsize projects that make a difference for the charitable association and the people they help. We distribute to selected charities the full amount (100%) of the donations received, since we cover our operational costs through special

donations, proceeds from events and the income from an endowment fund (the Martin Kallen Fund) that has been created for this purpose. UFB funds projects by associations in a balanced way in all regions and all provinces of the country.

UFB representatives visit each association before we finance their project to ensure that the project is worthy and viable. The members of the Allocation Committee which selects the projects to be financed are all volunteers who have been active for a long in their local communities and know the fabric of the charity in their local areas.

UFB also helps donor companies who want to choose projects with which they can be associated, for instance by financing them through UFB or by actively involving their employees to support these projects. ●



Une idée, une créations,

*Fleurs
de ma
Passion*

POUR
ÉVÉNEMENTS
MARIAGES,
COMMUNIONS

...



Chaussée de Bruxelles 107
Waterloo • 02 354 67 65

www.fleursdemapassion.be
fleursdemapassion@waterloo.eu



I hope the Indians are
having such a nice
Indian summer...



LE CHAT by Philippe Geluck

Beobank Open Days

24-25-26
octobre 2013

→ GAGNEZ 200€¹

Passez à l'agence et participez au concours gratuit Beobank Open Days. Demandez le formulaire de participation, répondez aux deux questions, grattez et découvrez votre prix : un bon d'achat de 200€ ou une clé USB.

→ RECEVEZ 200€²

Ouvrez un compte à vue **Avantage Plus** gratuit et domiciliez-y vos revenus professionnels de minimum 1.250€ par mois. Nous vous verserons 200€ en cadeau.

Bienvenue chez Beobank

Beobank Waterloo | 02/354.65.16

Chaussée de Bruxelles 91, 1410 Waterloo
waterloo@beobank.be

Beobank NV | SA

Conditions et règlement du concours
disponibles dans votre agence Beobank.

beobank

1 Bon d'achat d'une valeur de 200€ valable au chez Media Markt, Carrefour Hypermarchés ou Ikea.
2 Offre valable uniquement chez Beobank Waterloo jusqu'au 29/11/2013 et limitée à une (nouvelle) domiciliation de revenus réguliers par personne physique. Il doit s'agir de revenus non encore domiciliés auprès de Beobank NV/SA et la première domiciliation doit être effectivement versée sur le compte endéans les trois mois suivant l'ouverture du compte Avantage Plus. Le montant de 200€ est versé sur le compte dans le courant du mois qui suit la première domiciliation effective de minimum 1.250€. Annonceur/E.R. : Beobank NV | SA Member of Crédit Mutuel Nord Europe | Prêteur | Bd Gén. Jacques 263g, 1050 Bruxelles TVA BE 0401 517 147 RPM Bruxelles | IBAN BE77 9545 4622 6142 | BIC CTBKBEBX | FSMA 19688 A

NEW PEUGEOT 308

CONCENTRÉE SUR VOS SENSATIONS



PEUGEOT RECOMMANDE **TOTAL**  Donnons priorité à la sécurité.

WEEK-END DE LANCEMENT LES 12 ET 13 OCTOBRE

NEW PEUGEOT 308

MOTION & EMOTION



PEUGEOT

 3,6 À 5,8 L/100 KM  95 À 134 G/KM

Informations environnementales [AR 19/03/2004]: www.peugeot.be

PEUGEOT MEISER - Avenue Jacques Georgin, 15-19 - 1030 SCHAERBEEK 02/702.62.11 - peugeot-meiser@peugeot.com

PEUGEOT UCCLE / DROGENBOS - Rue de Stalle, 290 - 1180 UCCLE 02/333.33.33 - peugeot-uccle@peugeot.com

PEUGEOT ANDERLECHT - Chaussée de Mons, 637 - 1070 ANDERLECHT 02/520.40.40 - peugeot-anderlecht@peugeot.com