DEDICATED TO BRUXPATS&BUSINESS PEOPLE IN BRUSSELS

Together magazine

FREE-N°3/MAY-JUNE 2007

BruXpats: who are you?

INTERVIEWS Princesse tam-tam Benoît Meurens

COMPETITIONS Hamilton & Tollet Porsche Centre & Piper-Heidsieck

BMW X5



We've expanded on a great idea. The new BMW X5.

The pleasure of driving a Sports Activity Vehicle is now heightened thanks to the arrival of the new BMW X5. While this entirely new vehicle's appearance remains compact, its longer wheelbase and greater overall length make for more passenger comfort (up to 7 people) and greater load capacity.

From a technical point of view, BMW has also raised the standard. The new and larger BMW X5 consumes less fuel with reduced CO₂ emission, thanks to an even more powerful and efficient engine.

GIVE WAY TO SAFETY.

Average fuel consumption (I/100 km) / CO₂ emissions (g/km):12.5-8.7/299-231

Environmental information: www.bmw.be

The numerous high-tech extras such as Active Steering, are unsurpassed in this vehicle category. Thanks to its integral xDrive traction system, the BMW X5 is unequalled when it comes to agility and providing a safe ride, whatever the road conditions may be. An experience that we warmly recommend, and which can start by visiting www.bmw.be/X5.

BMW Serenity Essential: from C 575 VAT inclusive, an amount you only have to pay once and your BMW X5 will be serviced for 4 years or 80,000 km, whichever is reached first. Ask your approved BMW Partner for more information. BMW Financial Services offers innovative financing options for both private and business users. For further information, call 03 890 51 06. Your BMW is covered by the mobility services BMW Mobile Care for 5 years. See www.bmw.be/mobilecare for more information.

EDITORIAL

KNOWING EACH OTHER TO MOVE FORWARD IN THE SAME DIRECTION

of the Delphi Temple, this famous adage was adopted by Socrates to form the basis of his philosophy. The Delphic motto implies that we don't

motto implies that we don't really know ourselves, that self-knowledge is not an immediate element of the consciousness. It therefore invites us to embark on a quest, an exploration of the depths of our inner selves to find the essence of our being.

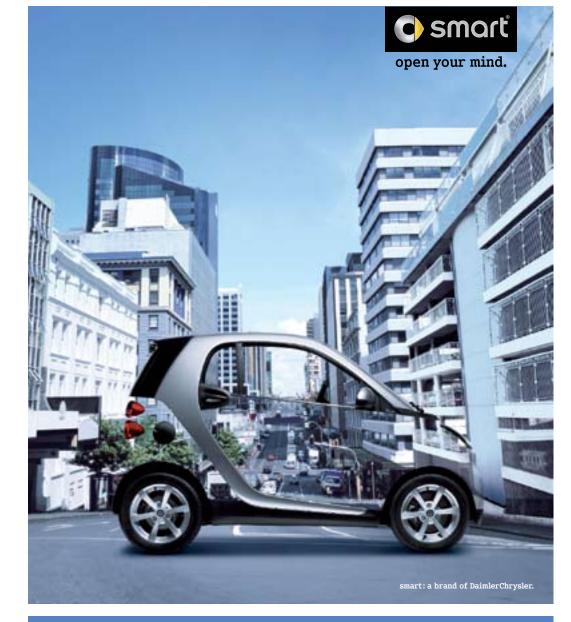
This led us to publish the study carried out by Arjan Van Daal on the concept of the "Bruxpat". Far be it from us to compare ourselves with the most famous of Greek philosophers; the main reason for publishing this previously unpublished work is the same as the one that made us launch "Together Magazine" : to help the builders of Europe integrate into Brussels life.

From this point of view, "Know thyself and make thyself known". Because the lack of integration affecting European workers in Brussels is, mostly, merely a reflection of how uninformed the people of Brussels are about this international population. The reverse is also true. The odds are, for example, that if the "Bruxellois" and the Bruxpats had a better knowledge of each other, they would live even more harmoniously. And the respective prejudices affecting both these communities would no longer existe.

As a media player, the role of "Together Magazine" is to encourage the union of the social participants living and working in Brussels. After all, let's not lose sight of the fact that before being Belgians, Spaniards, Romanians, Swedes, Germans, French or Irish, we are first and foremost citizens of the capital of Europe, our capital. And as you will discover from Arjan Van Daal's study, this similarity is far from being the only thing we have in common.

Enjoy your reading and happy summer holidays.

Jérôme Stéfanski Editor in Chief



>> The new smart. And the city breathes again.

Emission de CO² (gr/km): 88 - Consommation movenne (1/100km): 3.3. Informations environnementales AR 19/03/2004: www.smart.com - Donnons priorité à la sécurité

CONTENTS

To have Together Magazine delivered free, subscribe at www.together-magazine.eu

We work with national and international advertisers. If you are interested, please contact. Jérôme Stéfanski jerome@togethermedia.eu or +32 475 41 63 62

Nothing in this magazine may be reproduced in whole or in part without the written permission of the publisher. The publisher cannot be held responsible for the views and opinions expressed in this magazine by authors and contributors. Together Magazine is neither responsible for nor endorses the content of advertisements printed on its pages. Together Magazine cannot be held responsible for any error or inaccuracy in such advertising material.

> Founder: Jérôme Stéfanski

Project Manager: Salwa Souirat salwa@togethermedia.eu

> **PR Assistant:** Sophie Van Cruchten

> > **Translation :** Attimedia S.A. James Drew

Proofreading: Attimedia S.A. James Drew

Graphic Design: Dansaert&Fils®

Journalists : Martin Banks Philomène Bouchon James Drew Christophe Dufournier Sarah Higgs Valérie Marchat Jessica Nibelle Hélène Nöel Jérôme Stéfanski

> Cover Credit: Armani

Together Editor in chief:

Jérôme Stéfanski Together Magazine Rue d'Alost 7 (Centre Dansaert – 2nd C) B-1000 Brussels Phone: +32 475 41 63 62 info@togethermedia.eu

Cover precision Competition : Porsche Centre Brussels 1710 AMILTON & TOLLET

> Win a fabulous Hamilton watch 9 PORSCHE CENTRE BRUSSELS & PIPER-HEIDSIECK Jewels & Bubbles 10

TEMPTATIONS Summer's just around the corner... and so are the brands **12**

DRESS TO IMPRESS A Short History of a Very Small Costume 14 Meet Princesse tam-tam 17

> EU WORKER Meet Enrico 22

MONEY Relocation Issues 24

REAL ESTATE Architecture, an expression of life **30** Upptown and its Home Interior department, an art de vivre... **31**

> SPECIAL FEATURE BruXpats, Who Are You? **34**

SOMEWHERE IN BRUSSELS Brussels, Metropolis of Europe, Capital of the European Union **48**

> SOMEWHERE IN EUROPE Springtime in Rome 52

ON THE ROAD **Even Smarter! 54**

READING Waterstone's Selection 56

FITNESS Getting in Shape for the Summer Season **58**

NEWS FROM THE GREEN Golf: Private Advantage and Professional Benefits 60 Networking on the Green 61

> FINE ARTS DIARY Kaleidoscope Birthday Party 63 DIARY 65

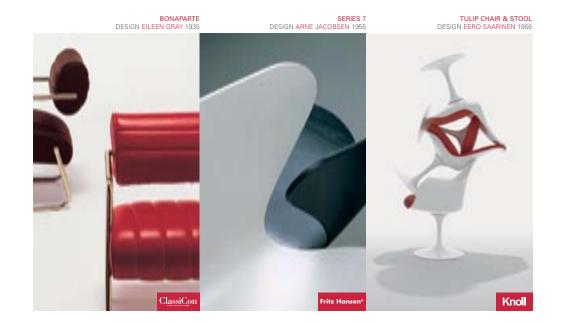
DRAMA DIARY Strolling Through the Kingdom of the Elves 66 DIARY 68 THE PLACES TO BE

March-April Snapshots 70 BY THE GLASS

Quality Rosé wines 72 EAT AND DRINK Terraces & Gardens 74 CONCEPT Brussels by Bike 77

COMIC STRIP Le Chat 78







DESIGN CLASSICS AT ESPACE DOMINIQUE RIGO 210 RUE DE STALLE 1180 BXL

ESPACE LOUISE 152 AVENUE LOUISE 1050 BXL VITRAPOINT 35 PLACE DU GRAND SABLON 1000 BXL THE WORK PLACE 210-212 RUE DE STALLE 1180 BXL info + 32 (0)2 649 95 94

HAMILTON & TOLLET

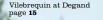
HAMIL



SHOPPING pages 8-18

- Competitions: Hamilton & Tollet

- Porsche Centre Brussels
- & Piper Heidsieck
- Temptations
- Dress to impress



WIN A FABULOUS HAMILTON WATCH

he history of Hamilton watches is as captivating as the meticulous manufacturing process that produces these time-keeping marvels.

"Together Magazine" is delighted to share Hamilton's story with readers, charting a century of impassioned, value-led innovation. In our future editions, we will reveal another chapter of the fascinating Hamilton story, and give you the chance to win an exclusive Hamilton watch.

PRECISION ON LAND, SEA, AND IN THE AIR

Since its foundation in Lancaster USA in 1892, Hamilton has been a ceaselessly authentic pioneer. From its inception, the brand was recognised as a manufacturer of precise watches, which helped the early railroads bring an end to their chaotic and accident-stricken early years.

Hamilton watches were then given a baptism of fire on the wrists of soldiers in Europe, in the trenches during the First World War, and in 1919, the first American mail service chose Hamilton to equip its Washington-New York planes with chronometers. Follow the story in the next edition of "Together Magazine"...

YOUR CHANCE TO WIN A KHAKI GMT AIR RACE BY HAMILTON

Hamilton and the celebrated Maison Tollet are giving you the chance to win this prestigious automatic watch, equipped with sapphire glass, and water-resistant to 200 metres. Striking in its daring design and mechanical precision, Khaki GMT Air Race is the essential accessory to make you the envy of the beach this summer! The lucky winner will receive his or her watch from Tollet Joailliers. rue des Fripiers 36. 1000 Brussels.

Maison Tollet recently acquired the Hamilton range, available in five of its Brussels outlets. For more information, go to www.tollet.com and www.hamiltonwatch.com

For your chance of winning the prestigious Khaki GMT Air Race by Hamilton, **answer the following two questions at www.together-magazine.eu*:**

- 1.What colour dominates the Hamilton decor in the Tollet establishments?
- A. Green B. Blue C. Orange

2. Hamilton American Classic is divided into two categories. What are they called?

- A. The Pionneers & The Classics
- B. The Pioneers
- & The Old Times C. The West Side & The East Side
- 3. How much does the May-June 2007 edition of Together Magazine weigh (to the nearest milligramme) without its plastic cover and samples?

* Competition organised in collaboration with Jean-Marc Devosse, Huissier de Justice for Brussel - Full rules available on www.together magazine.eu



Jewels & Bubbles

Porsche Boxster S

Fancy something a little different from a banal weekend city-trip? In September, Together Magazine, Porsche Centre Brussels and Champagne Piper-Heidsieck would be proud to invite you to L'Assiette Champenoise, Chateau de la Muire, a luxurious castle located near Reims, in the Champagne region of France, during the grape harvest e have already reserved two nights in a double room with terrace for you, with breakfast included. And, to take you there, we thought that a Porsche Boxster (with

a bottle of Piper-Heidsieck, naturally) would do nicely. There is no need to introduce Porsche : the perfect shapes and ultimate elegance are more eleguent than any mere

more eloquent than any mere technical description. You go to the **Porsche Centre Brussels in Drogenbos**,

just on Brussels' doorstep. With its immaculate workshop and cosy waiting room, the "circular jewellery box" welcomes you. You enter this

sunny place and ask everyone around (nicely) to be quiet, as you browse the amazing collection on show. Eventually, you find the Boxster and, then, you simply contemplate. Please, be our guest. Take a drive. Even if we strongly recommend that you respect the speed limits on your way to Champagne, you'll still have an extended, delightful spin with your hands on this marvel's wheel.

With the gorgeous early Summer we have enjoyed since April, we've tried a selection of refreshing drinks, suitable for summer corporate events, cocktails, parties and, yes, barbecues.

Champagne Piper-Heidsieck,

a "Maison" founded in 1785 by a certain German gentleman called Florens-Louis, won the first prize for its "Cuvée Brut". It seems that the man was French in soul! In one word: European. Inspirational, with its fragrance of petals falling from trees, soon replaced by a light fruity taste, the "Cuvée Brut" will win your heart too. Our test methods are really very strict, so we feel suitably confident in advising you to taste and buy some of this nectar.

Fancy a glass of Piper-Heidsieck to celebrate a personal success story or simply to celebrate summer? How about European staff meetings and parties? All right! The telephone number for Champagne Piper-Heidsieck, Co Maxxium Belgium, is +32 (0)2 715 20 60, and there's a special offer available for European institution staff, available for a minimum order of 120 bottles.

Tempted by our prize too? Let's answer a couple of questions on **www.together**magazine.eu then, and enjoy an unforgettable weekend!*

1 How many Boxster models are available at Porsche Centre Brussels? a. 1 b. 2

c 3

2 How long is the ageing period for Piper Heidsieck Cuvée Brut? a. 10-14 weeks b. 12-18 months c. 24-29 months

3 What is the total weight of a Porsche Boxster S with a Tiptronic S gear box and with six 75cl bottles of Piper

PER-HEIDSIED

Heidsieck Cuvée brut Champagne in the boot (to the nearest gramme)?

For help, go to www.porschecentrebrussels.be and www.piper-heidsieck.com to find the answers. Good luck, and good driving !

* Competition organised in collaboration with Jean-Marc Devosse, Huissier de Justice for Brussels - Full rules available on www.togethermagazine.eu

Find more details on the internet: Porsche Centre Brussels www.porschecentrebrussels.be

Champagne Piper-Heidsieck www.piper-heidsieck.com

Le Château de la Muire www.assiettechampenoise.com



TRANQUILITY, LUXURY & REFINEMENT

Conveniently located only two minutes from downtown Reims and just a few kilometers from the region's renowned vineyards, The Assiette Champenoise, set within a peaceful 4 acre park, will entertain you with refined luxury and gourmet indulgence.

The chef, Arnaud Lallement, creates specially-made cuisine for your enjoyment.

Lounge bar, breakfast in the park or beside the superb indoor pool...

L'Assiette Champenoise 40, avenue Paul Vaillant-Couturier 51430 Tinqueux France T. +33 (0)3 26 84 64 64 @

SUMMER'S JUST AROUND THE CORNER... AND SO ARE THE BRANDS

Summer's coming. This delightful season is synonymous with lazy days, good humour and long intoxicating evenings as well as with attractive new products from the big-brand names. "Together Magazine" has selected some of the essential new products for you, which will be all the rage this summer

FOR HER...

6



Dior Stronger 1

These Dior sunglasses, made in Italy, will give you a unique touch of style and are bound to draw envious glances on the beach this summer. Available in several colours. **290D**

www.dior.com



this new tan-enhancer available as a limited edition. This deliciously scented solution of micro motherof-pearl beads highlights your natural tan and raises the sensuality temperature by several degrees, when the sun goes down. **48Đ**

www.guerlain.com



Go on, it won't hurt for once: this summer, swap your Guinness for a bottle of Hpnotiq. Direct from the United States, where it has proved a phenomenal hit, this new liqueur based on Premium Vodka, Cognac and natural exotic fruit juices, has now arrived. From **4.5Đ** for a 5-cl bottle *www.hpnotiq.com*

$\sqrt{4}$



Moorea Squelette automatic stopwatch With this new design, Pequignet has proved once again that he is very much

the leader in the field of "haute couture watchmaking". Masculine and sporty, the Moorea Squelette watch is the essential accessory for the fine days of summer which go by so quickly. **Price not provided.**

www.pequignet.com



Fasten your seatbelts the Grand Prix chair is back ! During the 1950s, the famous

Now Women This new product from Azzaro is designed to appeal to young adults, with a fun bottle in elaborate shapes

Azzaro

TEMPTATIONS



Armani Attitude

Once again, Armani hits the right note with the launch of this new fragrance. A real collector's item, the bottle stands out for its absolute elegance, functionality and masculinity. As always, Giorgio Armani has taken great care with the form and content. Bold and natural, the top note of Lemon of Sicily exudes freshness and radiance, contrasting delightfully with the touch of bitterness of Coffee Absolute. Finishing with a green and subtly sharp freshness, it's a daring harmony.

Cardamom of Ceylon then reveals the full extent of its richness and intensity. With depth and elegance, Chinese Cedarwood is the hallmark of the unforgettable character of Attitude. Direct and daring, it grows more captivating and striking with the effect of Indonesian Patchouli. A marriage of strength and sensitivity, this harmony symbolises the qualities of the modern man. Armani Attitude, THE perfect gift for Father's Day. Eau de Toilette 50ml : **62Đ** *www.giorgioarmanibeauty.com*

Danish designer Arne Jacobsen designed a range of unique chairs that have since become design icons renowned for their sculptural forms and timeless appearance. A special chair was introduced in 1957 and was simply called "3130". Shortly after its introduction, it won the Grand Prix at the XI Triennale in Milan. Thereafter, it was always referred to as the "Grand Prix Chair". Due to an increasing global demand for its reintroduction - the chair was taken out of production in 1995 - manufacturer Fritz Hansen has re-introduced the design classic in a special 2007 version (black lazur wood and metal legs).

The Fritz Hansen collection is available at Espace Dominique Rigo : 210 rue de Stalle - 1180 Brussels (Uccle) T. +32 (0)2 649 95 94 www.dominiquerigo.be www.fritzhansen.com •

and with a scent of white tea

and frosted passion-fruit

fragrance. Also available

in a men's version. Eau de toilette 50 ml : **45Đ**

www.azzaronow.com

A SHORT THISTORY OF A VERY SMALL COSTUME

ince it first came VILEBREQUIN into existence AT DEGAND

(and that's only

of railway

the mid-1800s), beachwear

with the sea and sun, but

has always had a connection

not as we understand it now.

a bathing suit was to protect

the outfits were not designed

material, namely jersey, with

a new design, more comfort

and, consequently, giving

sirens with their classic

of Mademoiselle Chanel,

the rules of elegance were

drawn up in her studio. Then

came 1948 and a revolution.

launched a brand new idea

Since then, we have learned

how to tan, swim and surf and

a world without our versatile

bikinis is now beyond our

imagination. Let's see how

we'll look this summer on

the most beautiful beaches

of our little blue planet.

A certain Louis Breart

called the "bikini".

bob haircuts.

Under the reign

more freedom to the young

its user from the sun and

to swim in at all. However, the Roaring Twenties saw

the introduction of a new

and seaside jaunts in

Then, the purpose of

since the advent

On the most popular beaches, an impressive parade of Vilebrequin swimwear is on show: from Knokke to Saint-Tropez and including Biarritz, there's no escaping it. You'll find these delightful mosaic-print Villebrequin trunks at Maison Degand for the price of 115Đ. Pierre Degand sells menswear for all occasions : bespoke tailoring at Degand Tailleur, semi-made-tomeasure at Business and sportswear at Sport.

Degand Sport rue Saint-Georges 4 1050 Brussels T. +32 (0)2 649 23 00

RASUREL DESIGNED BY LEJABY

Rasurel is resolutely glamorous this summer with deep tones, huge printed flowers and also a certain ethnic, if not pictorial, inspiration evoking all the shades of cinnamon carnations on remote desert islands. Details such as pearls, a necklace of shells or a single ring provide the essential finishing touches.

The collection is available at :

Onatex – Warnaco S.A. Atomium Square BP 92 Frankfurt 105, 1020 Br<u>ussels</u>

T. +32 (0)2 479 99 39 www.rasurel.com, www.lejaby.com

THE ADVENTUROUS ART OF BEING A DAD

Men, not unlike their female loved ones, delight in exploring wild and colourful jungles full of huge venomous snakes, especially when carrying teddy bears, not to mention crocodiles with long eyelashes and other monsters far beyond my inadequate understanding of inventive zoology.

I have a theory about this: you have babies, they become children and then you have a great excuse to be a kid again for the sake of parenthood and with the general blessing of everyone.

In fact, you're in great shape, laughing and adored by cute little monsters who call you "Daddy". This is what Arthur's Beachwear Collection is all about this year: pretending you're Indiana Jones and family. The line is bright and colourful, co-ordinated to suit the whole family and is designed to play in until it's time for the seafood barbecue on the beach.

I have a second theory but this time it's not about dads. Wear an Arthur's Beach outfit ø



and it will put a permanent smile on your face, not to mention giving you a spontaneous instant tan.

Arthur

Galerie de la Toison d'Or 381 1050 Brussels T. +32 (0)2 512 79 96 www.arthurbenelux.be

WOMEN'SECRET

The bikini-girls' invasion of my hard-disk memory continues. Fresh and modern, sometimes printed, sometimes plain, sometimes golden. Good moods, gentle humour and eternal prettiness are the key words for this year's new designs. You can co-ordinate your bathing suit with matching bags and flip-flops, or mix them up if you prefer. For women of all ages, including little angels : Women Secret clothes kids as well as their mums and big sisters. Available in four shops in Brussels and also online.

Women'secret

Rue Neuve 2 1000 Brussels T. +32 (0)2 217 10 28 www.womensecret.com

LA PERLA

Sophistication is the first word that comes to mind but is. on reflection, almost inadequate. Couture would be more appropriate. La Perla offers subtle variations on the desert theme. The designs are more like jewellery or even sculpture than most run-of-the-mill beachwear. The creations come in sand beige, black or rich brown, audaciously draped veils offset with turquoise stones, coral or constellations of minuscule crystals twinkling on the surface of an oval golden brooch. Pure beauty.

La Perla

Boulevard de Waterloo 47 1000 Brussels T. +32 (0)2 502 30 71 www.laperla.com •





MEET PRINCESSE TAM-TAM

Princesse tam-tam - Summer 2007

DRESS TO IMPRESS

IN THE MOOD FOR SUMMER

If you're lucky, you soon get used to it. All those beautiful days in early spring were particularly conducive to premature fantasies of pristine beaches lazily washed by undulating tides and disturbed only by the graceful fall of huge petals. I might dream of countless shades of ultramarine 365 days of the year, but I don't usually start looking seriously at bathing suits and flip-flops until a few weeks after April. But this year, circumstances and meteorology - the most inexact science decided differently. Thus, I was drawn to Princesse tam-tam. While Loumia Hiridiee is away somewhere, probably looking very much like what I secretly imagine, a horde of perfectlooking people in elegant bikinis suddenly invade my computer's desktop. Her creator may be on holiday, but it doesn't prevent Princesse tamtam from materialising. The brand is now 22 years old and more stunning than ever. Looking at her, I remember Josephine Baker and one or two questions come to mind.

INTERVIEW

Together Magazine : Princesse tam-tam is the title of a French comedy from the 1930s, starring Josephine Baker. In the central scene, Princesse tam-tam joins the orchestra, removes her dress and starts to dance joyfully. So, manifesto or humorous allusion?

Princesse tam-tam :

"Humorous allusion, definitely. Princesse tam-tam doesn't make any references. The title of the film just appealed to us. But it's true that the brand values can also be found in Baker's personality and in the storyline too: freedom, audacity, energy, vitality, the feminine touch and a taste for contrasts without provocation."

To begin with, underwear and beachwear is unusual. On top of that, in the 1980s, the general taste for women's underwear and beachwear was for minimalist and monochrome outfits. But you decided to launch a line of mischievous colourful underwear, non-coordinated, a departure from the accepted taste of the time. Success was instantaneous. Was this choice guided by something in particular?

"When the two sister-creators were still students, they opened a gift shop where they sold printed boxer shorts for men which were very trendy - ... to young women! That's what led to the idea. in a context of hidden, colourless, plain lingerie. A Parisian reminiscence *`à la Francaise' of colourful* fragrances from a childhood spent among flowers in Madagascar. It is indeed unusual but that's mainly where the DNA of the brand comes from : creativity. The expertise and technical mastery came later."

Princesse tam-tam is now a prestigious label that has been awarded prizes and recognition for its success. A big Japanese group now owns the company. What are your projects in this context?

"Making the label international."

Your current line still has that distinctive touch of nice mischievousness blended with vitality, but it's still practical. It's, you cater for women on the move. How do you solve the "seductive and comfortable" equation?

"The 'looking good' factor is fundamental in corsetry if we want to continue long-term. Comfort is equally important because it's true to the label's vision of being a woman : free, sparkling, an actress of her own life, mother, woman and friend all at once. It's the label's promise and we must keep that promise."

Creative designers often give titles to their work. If you had to give one to this year's beachwear line, what would it be?

"This year, we'll be the most beautiful label to go swimming in."

For yourself, on the beach, do you prefer bikinis or one-piece bathing suits? And for town?

"A sober and dark one-piece for Loumia, with meaningful detail. Chic and sober in the city with a cashmere pullover, men's trousers and Repeto ballerinas."

The sun has already gone down and, while I look at the burning sky mirrored a thousand times in Brussels' windows, my delightful apparition gives me an amiable smile and fades softly. Nobody will ever believe me, but I still have the hibiscus she removed from her hair and left on my desk while we were talking.

Princesse tam-tam Rue A. Dansaert 9, 1000 Brussels T. : +32 (0)2 511 07 01 www.princessetam-tam.com

Enjoy the luxury of spending less

Discover previous seasons' collections from more than 150 international fashion and home design brands at prices reduced from 30% to 60%, all year round. With a children's play area, 5 restaurants and free parking the Village is the ideal destination for a day out.

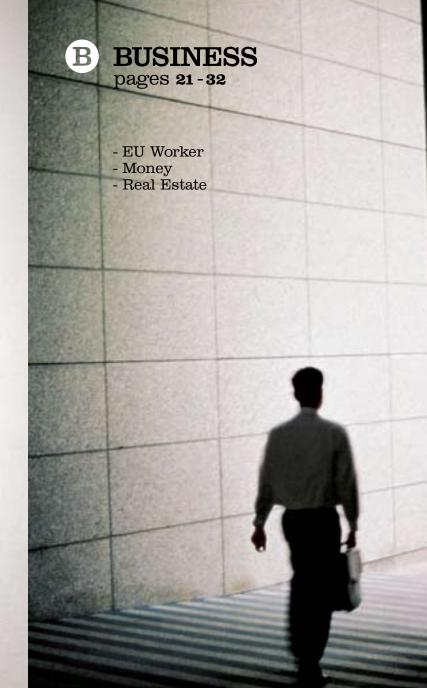
Zetellaan 100, B-3630 Maasmechelen E314 - exit 33 · Tel: +32 (0)89 77 4000, Opening hours: Monday - Friday: 10.00 - 18.00 Saturday & Open Sundays: 10.00 - 19.00 Open Sundays: June 24, July 1



www.MaasmechelenVillage.com

Versace Scapa Samsonite Nike Furla **Pringle of Scotland** Leonardo **Kipling River Woods** Féraud Olivier Strelli Oilily Calvin Klein Jeans Gaastra Villeroy & Boch and many more...





The World's Most Comfortable Boxer Shorts.



Meet Enrico

Enrico at work

The European Union influences 80% of political decisions taken in Europe. The size of the lobbying arena in Brussels outweighs that of Washington, with more than 1,000 organisations representing business or companies, 500 consultancies and law firms, around 750 NGOs, some 1,500 journalists as well as some 3,000 interest groups, employing around 150,000 people in a town of only one million people

espite his German family name, Enrico Mayrhofer is an Italian journalist who has been living in Brussels for nine years, working as a correspondent for an Italian regional TV channel and as Press Officer of the Conference of Peripheral Maritime Regions (www.cpmr.org). This Association of European Maritime Regions is a lobby group bringing together 155 presidents of regions along Europe's shorelines. *"We ensure EU institutions take account of maritime interests,"* he says.

08.30

Radio 21 wakes Enrico up with the Belgian news. In Brussels, there is a big international community not •

"SOMETIMES WE'RE GHOSTWRITERS"

integrated into Belgian life, but still trying its best to understand Belgian politics. A few years ago, a Belgian journalist asked him: "What do you think about this wedding?" "I didn't know she was talking about the Belgian Prince! I was ashamed not to know and to tell her the only thing I knew about the monarchy was that the Queen is Italian."

09.15

Enrico is at work (15 minutes late) after walking five minutes from his home. Brussels is the only capital in Europe where, with affordable rents, you can live close to your office. *"If it wasn't for the rain that we seem to get every morning, I wouldn't miss having a car."*

10.30

Enrico has to rush to the European Parliament after reading several magazines in different languages. He has to meet an MEP involved in maritime issues, who wants to be briefed before his speech. "Sometimes we're ghostwriters".

12.00

Press conference in the Berlaymont, headquarters of the European Commission. President Barroso is presenting the EU budget to Member states. This topic cannot be missed by Enrico's TV channel. Que pensez-vous du future de L'Europe? Pensa che con questo nuovo bilancio l'Europa andrà più lontano? O que você acha do orsamento comunitario? Mi Magyarország álláspontja, in Europe, everybody speaks several languages and, despite press conferences being only in English, French and German, people can informally express themselves in their own language.

Enrico speaks Italian, English, French, Spanish and Portuguese and he uses a mix of them. "My English is broken! I learned to speak English talking with Greeks, Scandinavians, Polish or Hungarians. Brussels is a unique town for that. If you go into a shop asking for something in French, they can easily answer in your own language just because of your accent!"

Lunch Time

Enrico has a working lunch with a few journalists to explain the next steps of his association. He likes Italian food and, around the EU area, there are some of the best Italian restaurants in Brussels. "Do I miss my country? Not really! When I go into a shop, there are products from all over Europe. Brussels looks like a big airport where you can choose where you want to be on a daily basis. Only the grey weather never changes."

Afternoon

Press Release to prepare. speeches to translate, newsletter to edit, articles to write, position paper to circulate. "I work a lot, also because it takes time to communicate with different cultures. People usually understand English or French, but if you approach your contact in his own language, it is much easier to create a nice atmosphere. Sometimes the way you approach a person is different depending on the country. Scandinavians get straight to the point. People from the Mediterranean play with words."

Evening

"There is a new Cypriot restaurant to try! After the last enlargement of the EU, we have more opportunities to try the taste of different cultures. Before coming to Brussels, I didn't even think about differences between Greek and Cypriot dishes; then I discovered Cypriot Halloumi cheese. Yum."

Night

"Why not try a concert at the Flagey Theatre ? Brussels is one hour away by train from Paris and two hours from London through the Eurotunnel. Every artist stops one night here to give a concert. It's close to the main European capitals and musicians are welcomed by different nationalities."

Martin Banks

Relocation

Located in the heart of Europe, Belgium is an ideal place to establish an international business, and many international companies have taken advantage of the availability of Belgium's well-educated multilingual workforce

Relocating individuals and families is a natural consequence and there is a constant movement of people both in and out of Belgium.

However, when relocating expatriate staff to Belgium, employers usually provide the bare information needed to start the employee working, but rarely give adequate help with tackling the personal financial implications and

that some of the personal tax-planning techniques that were widely and successfully used at home could be disastrous in Belgium? A few examples will illustrate this : locating ndividuals and - Most expatriate couples

with young children assume that all they have to do is cross-will their estates to each other so that the surviving spouse will inherit and that no death duties or other taxes will be due. Some countries may exempt inter-spouse transfers of assets from inheritance taxes or death duties, but Belgium does not. The estate of an expatriate who dies during an assignment to Belgium

MONEY

routine problems of daily

employers consider that

estate-planning advice

and help with personal

wealth management are

the personal, and purely

private, responsibility of the

expatriate. But is this really

being socially responsible

towards the employee?

an employer to structure an individual's payroll to get

the best situation for both

parties, but, what about his

other taxes, such as death

duties and capital gains

taxes, if it happens that

Belgian rules are very

expatriates arriving for the first time in Belgium

have even been warned

different from those in his

home country? How many

It is all very well for

life that follow.

To start with, most

does not escape Belgian death duties.

- Even more disturbing for those who have been raised in an Anglo-Saxon legal jurisdiction is the impact of the so-called Napoleonic Code on transfer of property. Basically, this provides that a proportion of the assets owned by the deceased spouse must pass to the children, and this can include those of a previous marriage. This means that you cannot simply leave your entire estate to your spouse. A proportion must be divided among the children. Obviously, if they are adults, they can waive their rights, but a child who is still a minor has no legal right to do so.

- The effect of buying a house in joint names is often misunderstood. When a house is bought in joint names in Belgium, it is as if the house is divided, and each spouse (or partner) owns his or her own part. The equivalent under Anglo-Saxon law is called tenancy in common. If one of the joint owners dies, the result is that his/her share passes to the heirs under the rules. mentioned above and does not pass automatically to the survivor.

- The Belgian community is relatively litigious and the practice of putting the family home in the name of a non-working spouse will not • B



necessarily prevent creditors or other litigants against the one spouse from making a claim against the assets of the other.

- If an expatriate leaves Belgium but retains his former home here, then the outstanding mortgage may no longer be deducted from the value of the property in calculating death duties. Again, since there is no exemption from tax on estate devolving to the surviving spouse, this creates a major risk for the family.
- Countries such as the USA and the United Kingdom continue to treat the estates of their citizens as

subject to inheritance tax long after they have emigrated. As there is no tax treaty between Belgium and the UK covering death duties, there is a risk of double taxation of the estates of UK expatriates who die while living in Belgium.

- In Belgium, the retail banks have a virtual monopoly on the distribution of financial products. One should have a degree of healthy scepticism to some of the recommendations made. Unfortunately, the average bank branch manager is now little more than a sales supervisor for the bank's own products and is not encouraged to recommend those of other product providers even though they may be far better or more suitable. Not all the advice given takes into account the tax implications of the expatriate returning to his home country and unnecessary tax costs can be the result after the expatriate has returned home.

- Another area that often causes concern is the number of "financial advisers" who operate in the expatriate community, many of whom are neither authorised to sell financial products nor regulated in any European jurisdiction. Expats are the main targets of these companies, so if you suddenly get a friendly phone call offering financial products or advice - beware. Note that the website of the Banking Commission (CBFA) carries very specific warnings about these operators in English as well as in French and Flemish.

These kinds of problems demonstrate that it is just as important to take account of an expat's personal situation as it is to organise his work situation. Issues such as these do not create insurmountable problems, provided you get qualified advice so they are addressed before making any firm commitments.

Professional relocation companies have become experts in solving many of the immediate issues of settling, but they are •



All you need to know about the benefits of the Belgian tax system

Take advantage of our ING Expat Financial Services + 32 2 464 66 64 - expat@ing.be - www.ing.be

For expatriates living in Belgium, the tax system offers many benefits but there is nothing you need to know about making those arrangements. That's a task for the ING Financial Services experts. Based on our knowledge of international tax regulations, we can provide all the help you need to maximise fiscal benefits while you live here and even after you leave for another country. ING's Expat Services have 40 years of experience to help make your stay in Belgium as financially smooth as possible.





MONEY

still subject to the ethical requirement not to abuse their position by channelling business towards their own providers of additional services. Lawyers, accountants and insurance brokers are subject to similar regulatory or ethical requirements not to offer advice outside their own discipline. Unfortunately, it is also very rare to find an accounting firm that can give good cross-border tax advice at an affordable price.

Conscious of the problems caused by this fragmentation, some professional firms have recently formed alliances to provide an integrated solution, while each firm retains its own professional identity and adheres to its own regulatory and ethical constraints. Each member of the alliance works to develop a sufficient knowledge of the skills and strengths of the other members, so that advice given will complement, in a consistent manner, that given by another member. Understanding the potential risks is the first step towards resolving the problems... •

321 Brusselsesteenweg 3090 Overijse

Regulated by the Banking Commission C.B.F.A.

Tel: + 32 (0)2 687 31 31 Fax: + 32 (0)2 687 59 87

www.classic-fs.com

Email: cfsadmin@classic-fs.com

number 41241)

Graham Reid



Introducing Classic Financial Solutions N.V.

Living in Belgium, you face a range of financial issues and decisions for which local advice from an organisation with relevant professional experience is best.

We have provided independent financial advice specifically designed for the individual expatriate since 1991. We are also founder members of the *One-And-All* network of professional advisers, offering an indispensable and useful range of services for expatriates

Our multilingual staff have been trained to understand your needs and we will be delighted to help you to build your personal financial security through sound planning.

Initial consultations to clarify your personal goals are free of charge. Classic Financial Solutions N.V.







REAL ESTATE

REAL ESTATE

ARCHITECTURE, AN EXPRESSION OF LIFE

Contemporary architecture is a reflection of changes in our society. It is the logical extension of cultural and artistic heritage, the role of which is to stimulate sentient intelligence, critical thought and semantic landmarks in an increasingly fast-moving world

oday's architecture frequently comes up against a backwardlooking opposition to change in terms of both town planning integration and materials.

B

Contemporary architectural language is based, above all, on the dialogue that the architect introduces between the formal style of a time gone by and the rationality of a constructive, determinedly innovative vocabulary. Sometimes this controlled and careful dialogue gives rise to eloquent and creative

confrontations of contrasts. Contemporary architecture is the general expression of a dream, of a functionality and of a clarity of spaces and volumes through a film of sensitivity.

It has a duty to leave the overly traditional and sedentary cultural landmarks behind it so that each project, each place occupied becomes the genesis of a new world and opens up the doors to new perspectives of architectural semantics.

This contemporary architectural style is based

CONTEMPORARY ARCHITECTURE IS THE GENERAL EXPRESSION OF A DREAM

Inside an Upptown loft

on the development and soberness of line and detail, on interpenetration, the confrontation of spaces and functions and on the lasting nature of the materials highlighting the surface and function. It affects the senses, including emotion, through that ability to translate into 3 dimensions our capacity for • integration, interpretation and new design in the development of our society. This style tends to confront new technology with references from our architectural and artistic memory. An explosive mixture arising from the juxtaposition

of the past and the future, which sets the stage for the transformation of our here and now.

Dreaming up contemporary architecture, while daring to be something special. Taming that language of tomorrow and living it in the present day, in the setting of our daily lives. •

> Christine Renoirte Interior Designer

UPPTOWN HOME INTERIOR DEPARTMENT, AN ART DE VIVRE...

To complete and expand the range of services it provides as effectively as possible, the famous Upptown property group is offering its purchaser partners the service of planning, concept and design of the interior spaces of its exceptional properties.

The company literally proposes defying aesthetic barriers to make each property a nest in a new world. It is a matter of building bridges for an interpenetration and a fluid language between the architecture and your interior spaces in both conversions and new constructions.

Upptown places its team of interior architect-designers at your disposal to handle the complete planning of the finishing touches to the spaces you'll be living in. The group's philosophy is based on close cooperation and listening carefully Photos@Serge Brison for Upptown

to personal expectations. Channelling a creative energy that fluctuates between the rational and the kitsch. the functional and the creative. Developing, in unison, an innovative, bold and sensitive global way of thinking. Changing the boundaries of a stressed and hyperactive urban world, creating a harmonious and original living space around good living and 'consumer passion' remains the main focus of our company. In other words, with Upptown,

you can dare to marry restraint, elegance and refinement. • Julie Peire

upptown

CHANNELLING A CREATIVE ENERGY THAT FLUCTUATES BETWEEN THE RATIONAL AND THE KITSCH, THE FUNCTIONAL AND THE CREATIVE



Brussels needs dreams as much as concrete.

WAY OF LIFE pages 33-44

- Special Feature



www.upptown.be

BruXpats, who are you?

Together Magazine is proud to publish the results of an important study carried out in 2006 by Dutchman Arjan van Daal as part of his training at the Brussels-Europe Liaison Office, a governmental institution that advocates the integration of European workers in Brussels

t just 35 years of age, Arjan van Daal can already boast an impressive CV. A town planner by training. he made his debut in the civil service in 1996 as government official in the Regional Development Ministry of the Haque. Since 2001, he has been working for the City of the Hague (Gemeente Den Haad) where, since the summer of 2006. he has been assigned to the department of Urban Education. In 2005. driven by

a desire to improve his skills through further education and training, he embarked on post-university studies at the Netherlands School of Public Governance on the subject of the governance of cities. As part of this course of study, which will end this month, Arjan completed a six-week work placement at the Brussels-Europe Liaison Office. There, he carried out an extensive study of expatriates living in the capital of Europe. "I chose this very topical subject because of the arowing number of

BruXpats, a new social group

expatriates migrating to the Hague to work in the new international and European institutions that are springing up in this city. The study of expatriates living and working in Brussels allows me to work out a reference model intended to serve as a basis for analysis for looking at the expatriate populations living in cities where a large number of international institutions have taken up residence." Without further ado. let's hand over to Arian Van Daal and get straight to the heart of the matter in order to shed o

"'BRUXPATS', A WORD I MADE UP. **REFERS TÓ** THE AMBIVALENT SITUATION EXPATS ARE IN: BEING A BRUSSELS CITIZEN BUT NOT BEING A BELGIAN CIVILIAN"

light on the conclusions drawn from this ambitious study.

THE BRUXPATS CONCEPT

This study is about "Bruxpats": expatriates living in Brussels and its surroundings. "Bruxpats", a word I made up, refers to the ambivalent situation expats are in : being a Brussels citizen but not being a Belgian civilian. Expats are sometimes referred to as a "transnational class", not belonging to any country. So, Bruxpats ... Who are they? Why do they come? What position do they have in Brussels? How are they welcomed? What expat facilities exist? What are mutual images of Bruxpats and other citizens like? This study arose from my interest in international cities. What interested me in particular was: what does an international city have to do or to offer to be a good host for expats? There is hardly a better place to do such a study than in Europe's capital : Brussels.

The Brussels Europe Liaison Office, a small not-for-profit organisation founded by the Brussels Capital Region administration to take care of the welcome given to expats. offered me the opportunity to do this study. I was there for six weeks. The main question of the study is : what does Brussels, as an international city, have to offer to expats to make them feel welcome and at home? The study is based on three kinds of sources. Firstly, I examined a selection of relevant studies, policy documents, expat guides. statistics and articles from newspapers and magazines. Secondly. I held interviews with more than twenty people. The interviewees work for organisations that play a key role in expat facilities (government agencies, not-for-profit organisations, commercial services). organisations that represent groups of expats, and some academics. Many of the interviewees were expats themselves. Thirdly, I was allowed to participate in some special expat activities, for instance the two-weekly introduction of new EC employees.

SPECIAL FEATURE

EXPATS

An interesting definition of "expats" can be found in Van Amersfoort's essav about transnationalism (2001). He considers an expat "the man (or woman) who stays in a country, explicitly not being a civilian of that country but representing another country". I took this definition as a starting point and added three elements.

 \rightarrow Expats move to a foreign country to work for an organisation that operates and recruits internationally. For Brussels. I distinguished the following groups of organisations:

- International governmental organisations;
- Diplomacy (Permanent Representations);
- Representations of European regions and main cities;
- International NGOs;
- Multinational enterprises having their worldwide or European headquarters in Brussels :
- International business-tobusiness services :
- International press;
- International schools and research institutes.
- \rightarrow Expats sometimes intend to stay, sometime they don't. Some settle for a specified period of time : one year, three years, five years etc. Others stav for an undetermined period of time. Whereas some of them stay for only a very short period, others stay till they retire. Meanwhile, they all keep their nationality.
- \rightarrow If expats have a partner. children and/or other family members and staff members, they move together.

BRUSSELS INTERNATIONAL

In the late 19th century. Brussels was the capital of one of Europe's leading internationally-oriented economies. During the late o



THE EU ISN'T THE ONLY PILLAR OF THE INTERNATIONAL CITY

fifties of the 20th century, the city broke through on the international scene : the EU's predecessors and NATO were founded and set up their headquarters in Brussels and in 1958 the World Fair took place in Brussels. Since then. Brussels has been an important seat of international organisations. The EU and NATO presence had and still has a significant spin-off effect: many NGOs, lobbyists, diplomats and businessto-business services settled in Brussels. Nowadavs. Brussels is widely known as Europe's capital. The non-official first city, since the European Union doesn't have an official first city. Yet, the EU isn't the only pillar of the international city: foreign

enterprises provide the majority of employment of all internationally operating organisations.

THE INTERNATIONAL NATURE OF BRUSSELS

The composition of Brussels' population reveals its international nature : a significant number of the population originates from a foreign country. The number of expats in Brussels Capital Region and surrounding parts of Flanders and Wallonia can only be estimated. According to my estimation, there are around160,000 expats. I based this on three sources :

The expat community is far from homogeneous. A distinction can be drawn among several groups. Firstly, newcomers tend to group with fellow countrymen. Nationality is an important parameter in expat grouping. Secondly, social bonds often derive from professional contacts, simply because colleagues are the first ones that expats meet. Organisations expats work for are another grouping parameter. Thirdly, migration motives among expats differ. Favell studied this phenomenon in *Free Movers* in Brussels (2001) and defined two groups. "Sojourners" are young people, 25 to 35 years old. staying for just a few years and then moving on. "Settlers", on the other hand. are people over 30, looking for stability: having their own house, having children, having a career. These two groups behave quite differently. But they do have one thing in common : they live in Brussels, but they aren't Belgian civilians.

A BIRD'S-EYE VIEW OF BRUSSELS INTERNATIONAL:

- 77 international governmental organisations;
- the world's largest number of foreign diplomats;
- the world's largest number of foreign journalists;
- 300 representations of European regions and cities ;
- 1,750 international interest organisations and federations of national NGOs;
- 2,000 foreign companies ;
- Three European schools and 26 international schools.

SPECIAL FEATURE

NUMBER OF NON-BELGIAN INHABITANTS OF BRUSSELS CAPITAL REGION (NATIONALITY)	NUMBER OF NON-BELGIAN EMPLOYEES OF INTERNATIONAL ORGANISATIONS IN BRUSSELS CAPITAL REGION	HOLDERS OF THE SPECIAL IDENTITY CARD
European Union 158,500	European Union 16,500	56,000
EU-15 (pre-enlargement) Member States, excluding BelgiumBelgium144,000- France38,000- Italy28,500- Spain20,000- Portugal15,500- United Kingdom9,000- Germany7,500- The Netherlands5,500- Other EU-15 MemberStates20,000	- European Commission 12,000 - Council of Ministers 2,000 - European Parliament 1,600 - Economic and Social Committee 400 - Committee of the Regions 200 - Other (including agencies) 300 NATO 900 - International Staff 550 - Military Staff 350 Eurocontrol 750	
New EU Member States 14,500	Other governmental organisations (e.g. Benelux) 450	
Other countries105,000Main immigrant countries : - Morocco42,000 11,500	Permanent Representations to NATO, EU and Belgium 3,250 - Diplomats 2,200 - Non-diplomats 1,050	
Congo (former colony) 7,500 Main western countries	Representations of European regions and cities 900	
- USA 3,000 - Japan 2,500 Total 263,500	International NGOs 5,600 - Interest organisations 1,000 - Federations of national NGOs 4,600	
	International enterprises ? - Headquarters - Local offices	
	Foreign press 1,700	
	- Accredited journalists 1,200	
	- Non-journalists 600	
	International education and research - European schools 650 - International schools ? - Universities and research institutes ? - Language and training institutes ?	
Sources : - Brussels Instituut voor Statistiek en Analyse, 2004 - Federale Overheidsdienst voor Economie, KMO, Middenstand en Energie, 2004	Sources : - Iris Consulting, 2001 (adapted figures) - Interviews	Source : - Interviews

WHAT ELSE TYPIFIES BRUXPATS?

- On average, they stay for five years.
- During their stay, many of them experience a change in their personal life (having a partner, children).
- Most Bruxpats are highly educated.
- Their income is well above average.
- Though they stay temporarily, half of them are house-owners.
- Bruxpats mainly live in the wealthier parts of Greater Brussels: the central and south-eastern part of the Brussels Capital Region (Brussels City, Ukkel, Elsene. Etterbeek. Sint-Lambrechts-Woluwe. Sint-Pieters-Woluwe. Oudergem and Watermaal-Bosvoorde) as well as surrounding areas in Flanders and Wallonia. Sojourners prefer central, metropolitan parts, whereas settlers prefer south-eastern suburban communities
- Recent newcomers tend to be younger than their predecessors. As a result, Brussels' central areas tend to attract more newcomers. For instance, Schaarbeek, an area that hasn't traditionally attracted many expats, is becoming more and more popular.
- Many Bruxpats participate in Brussels' cultural life: they frequently go to restaurants, museums, theatres, concert halls, etc.
- According to surveys, twothirds of all expats speak at least three languages (English, French and a third).

38 - Together May June 2007



Some trends are likely to be relevant in the future. EU institutions are growing at a slower pace than in past decades. But their spin-off effect remains impressive. For instance, the number of regional representations is growing rapidly, from fewer than 300 now to some 350 in the near future. The number of expats from Central and Eastern European countries is expected to rise

significantly. And since newcomers tend to be young people and the pioneer generation of EU civil servants will retire in the next few years, the expat community is likely to be found increasingly in the central areas of Brussels. Multinational enterprises are expected to recruit more of their staff members from the local labour market in order to cut costs. In particular, •

EU INSTITUTIONS ARE GROWING AT A SLOWER PACE THAN IN PREVIOUS DECADES

the number of US expats has been declining since 2001. People coming from neighbouring countries will increasingly spend weekdays in Brussels, from Monday to Friday, and be at home during weekends.

EXPAT FACILITIES

Many facilities concentrate on the first stage of being an expat: moving, settling and being welcomed. Moving to a new country obviously has administrative, material and financial consequences. It also has significant social and emotional repercussions but, in my interviews, I was told several times that these are often underestimated. Four categories of facilities concerning this first stage can be identified:

- Welcoming facilities of employers. Large



organisations such as the EU Administration have their own professional welcoming units (AdmInfo). Multinational enterprises often recruit relocation agents, directly or via 'global providers' (for human-resources activities), to take care of the relocation of foreign managers. Depending on the available budget, a tailor-made package of services is provided (such as housing, school, moving, permits, administrative duties, etc). - Administrative support.

 Administrative support. The Brussels Europe Liaison Office, BELO, supports any expat needing any advice on administrative issues, such as housing rental contracts and registration. In 2004, BELO assisted some 4,400 people. AdmInfo provides more or less the same kind of support.
 Social support. Apart from activities organised by employers and local

government, civil society predominates in initiatives aimed at social support. There are up to 200 expat clubs and associations in Brussels. most of which are based on nationality. For instance, the American Women's Club of Brussels organises a "Hints for Living in Brussels" course. International churches and schools play a key role in social support. They are more than just places of worship and education ; many friendships and contacts are made there. - Media and information.

There's an overwhelming supply of information for newcomers: websites. guides, brochures, newsletters, etc. Expat clubs and associations, churches, schools, local and regional government, local cultural facilities. employers : they all have a great deal of information for newcomers. And then there's the professional expat media. Ackroyd Publications is by far the largest expat media company, publishing "The Bulletin" (a newsweekly. 65,000 readers) and an annual expat quide, holding two annual expat fairs and running a popular expat website.

Once expats are settled and welcomed, feeling at home is the next step. Obviously, expats themselves are primarily responsible for this. But expat facilities can help to support them. It depends on the needs and wishes of individual expats

SPECIAL FEATURE



whether they use them or not. The facilities mentioned above don't stop being relevant after the initial period: for many expats, they remain a crucial part of their lives. In particular, the clubs and associations, schools and churches, "civil society", so to speak, form a sort of social foundation for expats.

In my interviews, two types of stay-related facilities were frequently mentioned : schools, privileges and immunities. Greater Brussels has three European schools and 26 international schools. Many children from expat families attend these, rather than go to Belgian schools. Usually, the schools aren't open to Belgian children and fees are often paid by the employer. They are highly concentrated in the southeastern part of the region, the area in which the children and their parents also live. "Privileges and immunities" refer to specific rights of employees of diplomatic representations and international governmental organisations. These rights were agreed upon in (bilateral and multilateral) seat treaties. One of these privileges is the Special Identity Card for EU employees, distributed by a federal government agency.

As perfect or as poor as any expat facility may be, feeling at home in a foreign city is also a matter of appreciation of the city's quality of daily life. Facilities and amenities available to ALL inhabitants of Brussels determine how

pleasant it is to live there. regardless of nationality. Favell said something very interesting about Brussels' quality of life in his 2001 study: "Very few cities are so forgiving of indifference to the nation state around it, while so open to cultural diversion. Very few European cities are so easy on a practical level (in terms of finding housing, social networks, setting up an everyday life) or have such a vast range of expat services. Without these conditions. we can scarcely expect free movement to develop dramatically in Europe." Brussels is praised for its cultural climate, affordable housing, public transport and multilingualism. On the other hand, it should be mentioned that there is some tension between the local population and the expat community. Expats sometimes don't feel welcome. "Eurocrats", as EU employees among them are often referred to, encounter entrenched preiudices: they have sky-high salaries, they don't pay any income taxes, they force up housing prices, they have an arrogant attitude. For this reason, BELO is putting an increasing amount of effort into positive "awareness-raising" in order to make Brussels a hospitable capital of Europe.

ORGANISATIONS INVOLVED IN WELCOMING EXPATS

Thanks to the large numbers of expats, facilities are extensive and well developed. Government agencies, NGOs, commercial organisations, • of Europe" is winning ground.

voluntary organisations - many

another. They contribute to the

existence of a very professional

form of direction, of leadership,

result, the expat infrastructure

expat infrastructure. Yet, any

seems to be lacking. As a

An example of this is what

president Prodi and Belgian

prime minister Verhofstadt

strengthen Brussels' position

launched an initiative to

as Europe's capital city.

sides. To put it bluntly,

it reveals the inability of

Belgium's political system

(Europe's) capital city as well

of international governmental

organisations such as the EU

to mobilise and combine

forces for Brussels as

towards their host city.

WHAT CAN BE SAID

- Brussels Capital Region

BELO, a not-for-profit

doesn't have specific expat

agency founded and funded

policies. The existence of

by the Region, is its main

expat policy instrument.

responsibilities in other

domains, such as urban

influence Brussels' position

planning, are used to

as an international city.

the public side. Whereas

administrative support

remains a solid asset of

BELO, awareness-raising in

terms of "Brussels, capital

- BELO is a key player on

The Region's policy

ABOUT THE KEY

PLAYERS?

as the introversion

The initiative failed due to

a lack of backing on both

European commission

is very fragmented.

happened in 2001:

are involved in some way or

- Brussels Enterprise Agency, also founded and funded by the Region, plays a modest role in the domain of expats, specifically for foreign enterprises setting up in Brussels and for their employees.
- Federal government is responsible for seat treaties and for bringing privileges and immunities into effect, such as issuing the Special Identity Card. On a more strategic level, that of mobilising and joining forces for Brussels as an international city, its role is very weak. This is outside its area of competence.
- Municipalities are responsible for first-line contacts with expats. Some expats, however, don't need to go to the town hall for these first-line contacts since federal government distributes the Special Identity Card.
- Larger international organisations have impressively professional expat facilities themselves.
 Yet, agencies like BELO and AdmInfo (EU Administration) do more or less the same work, without really cooperating with each other.
- Relocation agencies primarily work for multinational enterprises.
 There are about twelve of them in Belgium.
 Their work is very sensitive to economic changes.
- The Xpat media is highly professional. Ackroyd Publications is by far the largest media organisation.



The Brussels-Europe Liaison Office on www.blbe.be

- The media provide a great deal of relevant knowledge about the expat community but contacts with public authorities seem to be minimal.
- Civil society is very much alive in the expat community: more than 200 volunteerbased *clubs and associations* exist and organise all kinds of activities (sports, culture, courses, etc.). International churches and schools are meeting points for expats and also organise activities. Many expats participate in these activities.
 Local cultural facilities [museums, theatres.
- restaurants, theatres, restaurants, etc.) are obviously aware of the strong presence of expats in Brussels. But, apart from providing information in English, they don't pay specific attention to expats. Some *local associations* have recently launched small-scale initiatives to bridge the gap between Belgians and foreigners, both immigrants and expats.

Ø

SPECIAL FEATURE

TIES

Being a Brussels citizen and being an expat at the same time puts the Bruxpat in an exceptional position. His or her ties with Brussels, with Belgium, are necessarily partial. During my stay in Brussels, I was often told that expats "don't integrate" into local society. From a social and economic participation point of view, this simply is not true : expats have well-paid jobs, are mostly very active during their spare time and use the city's cultural facilities intensively. On the other hand, we cannot ignore the fact that they tend to stick to their own organisations (schools, churches, clubs, associations) and that they live in a concentrated way in specific areas. So I think it is more accurate to speak of separation to a certain extent, rather than lack of integration. Cailliez. a ULB academic, carried out an interesting study about the position of British people in Brussels : "Schumann City". It proved that many British came to Brussels with the intention of playing a full part in local society, instead of primarily being in touch with their fellow countrymen. Yet, the latter is what has happened to many of them. Why? Because it is so easy. thanks to the sheer number of British people and the fantastic facilities available. The tension between locals and expats mentioned previously reveals the need to strengthen solidarity. Initiatives of BELO and other NGOs are increasingly aimed

THE TENSION BETWEEN LOCALS AND EXPATS MENTIONED PREVIOUSLY REVEALS THE NEED TO STRENGTHEN SOLIDARITY

at that. The fact that expats have their own organisations is a phenomenon that can be observed worldwide in international cities. Their existence indicates that expats need a comfort zone, a place where they feel at ease amidst their fellow countrymen. They are crucial for them to feel at home.

To strengthen solidarity, efforts should be aimed at the external orientation of these organisations.

IMAGE

Expats and locals: during my stay I heard guite a few mutual prejudices. Some elements might be true, but the fact is that the presence of international organisations and expats is heavily associated with (EU) bureaucracy and a waste of money. As a result, Brussels' status as Europe's non-official capital city has a negative connotation. As Magosse (2005) strikingly pointed out, its image is primarily founded on the institutional dimension of being a capital. He suggests exploring ways of branding Brussels as Éurope's capital in a more cosmopolitan 💿



SPECIAL FEATURE

sense. I think this is an interesting idea. However, one should take into account the fact that Brussels isn't a megapolis like London, so being cosmopolitan has to fit in with Brussels' size and nature.

TEN CONCLUSIONS

- There isn't a stereotypical Bruxpat. There are probably 160,000 expats in Greater Brussels. A distinction can be made among different groups. Nationality, professional environment and migration motives are grouping parameters.
- 2. The hospitality of an international city is necessarily a combination of specific facilities for newcomers and a pleasant quality of daily life for all citizens. Accessibility (of society and its facilities) and solidarity (among citizens with different backgrounds) can be considered keystones for the perceived quality of life.
- 3. In Brussels, many organisations are involved in welcoming Bruxpats and helping to facilitate their stay. They play specific roles but these aren't explicitly defined. Public sector and private sector facilities are primarily separate worlds. Nobody takes the lead : there isn't an inspiring, pioneering main actor in Greater Brussels that mobilises all of these organisations involved in making Brussels an hospitable city at

a high-quality level.

- 4. BELO is much appreciated and has a central position in the field of facilities for welcoming expats and facilitating their stay, particularly in terms of administrative support. BELO could draw more benefit from its position if it developed it.
- 5. Bruxpats are highly organised: they have their own clubs, associations, churches, schools and media. The large numbers of Bruxpats enables them to be highly organised. Separation is an inevitable result of this. The often heard criticism that Bruxpats don't participate and don't integrate should be qualified as an exaggeration. In general, Bruxpats make a positive contribution to Brussels society. Their organisations create a socially important "comfort zone" for living in a foreign country.
- 6. Unfortunately, the large number of facilities and organisations affects the adventurous and pioneering side of being an expat. Young Bruxpats, whose numbers are growing, seem to avoid that situation. They prefer a less organised way of moving around and living and increasingly they settle outside Brussels' traditional residential areas of expats.
- 7. The Expat media in Brussels is highly professional. *The Bulletin*, a weekly expat magazine, symbolises Brussels' highly-developed expat media.
- 8. Some international organisations, notably **o**

SPECIAL FEATURE

governmental and diplomatic ones, tend to separate themselves from their host city. This is detrimental to the accessibility and fellowship needed for an open city climate.

- Brussels can be considered the international showpiece of Belgium. Governmental bodies involved should join forces to draw maximum benefit from this position. Yet fragmentation of Belgium's governmental system obstructs any efforts to join forces.
- 10. Brussels' status as Europe's capital city is strongly associated with institutional and bureaucratic aspects. This is a pity. Branding Brussels as Europe's capital in a cosmopolitan sense would be a great challenge.

SOME RECOMMENDATIONS TO BELO

 Continue administrative support for expats (as it has a great deal of valuable expertise in that area) but focus more on raising awareness, bridging gaps and mobilising strategically important parties. Use enthusiasm and debate as instruments.
 Widen the scope : BELO is these for support form all

- is there for expats from all over the world, not just the ones in your name. - Intensify cooperation with federal government and international governmental organisations, based on the concept of Brussels as a hospitable city. Initiate a debate about a "Brussels, Europe's capital" strategy from this new point of view.
- Develop and implement a strategy together with municipalities and the Brussels Capital Region for improving first-line contacts with expats.
 Use the annual seminary for municipal civil servants as an instrument for this.
- Initiate the exchange of knowledge, good practices and ideas with international cities abroad.
- Combine forces with AdmInfo and similar organisations.
 (Literature : see full report in Dutch on www.blbe.be) •

Arjan van Daal, City of The Hague, The Netherlands, 2006





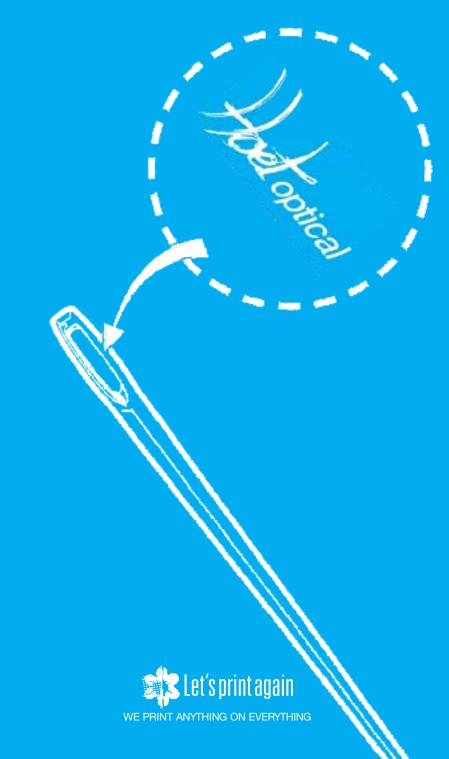
"WHERE YOU WANT, WHEN YOU WANT..."

That's our motto. Our 90 luxury cars can fulfill your requirements night & day, every day. You'll certainly be impressed by our experienced drivers and their precise knowledge of the road network in Brussels and elsewhere in Belgium.

Because your business and your safety is our main priority.

Business Division: +32 (0)2 349 49 49

"JUST ROAD TOGETHER ... "





- Somewhere in Brussels
- Somewhere in Europe
- On the Road
- Waterstone's Selection
- Fitness
- Golf

YESTERDAY WE WERE AT HOME, TODAY WE'RE IN BRUSSELS.

AS EXPATS, WHICH BANK CAN TAKE CARE OF OUR **FINANCIAL AFFAIRS?**

Who understands an expat better than another expat? Banca Monte Paschi Belgio, which has been in Brussels since 1947, is part of one of Italy's largest banking groups. This institution looks after the financial affairs of tens of thousands of foreigners here in Belgium, including many European civil servants. Offering each of them tailor-made solutions, depending on their individual needs. Discover a bank closer to you than any other. For more information please visit our website www.montepaschi.be or contact us by phone 02/220.72.11.

The Italian Bank at the heart of Europe

www.montepaschi.be

ther May June 2007 -



me 2007

BRUSSELS: METROPOLIS OF EUROPE, CAPITAL OF THE EUROPEAN UNION

Brussels is known worldwide as the capital of the European Union (EU) because it is home to the EU's principal institutions. The link between Brussels and the EU is so close that the former is often used to denote the latter: "Brussels has decided..." is a phrase that we often hear from the media...

Together May June 2007 - 49

russels is in fact a metropolis. the smallest world-city. The wars and alliances between the European powers over the centuries have profoundly influenced the city's development, as has the commercial growth of continental Europe. Brussels bears the imprints of all the major religious, artistic and technological movements that have shaped European civilisation.

In addition, one sixth of the city's population were born in other European countries, and another sixth in countries outside Europe : this cultural cross-fertilisation has greatly enriched the city.

This brochure's extract invites you to discover two aspects of Brussels : the institutional capital and the city which loves fine food and drink and is famous for its exceptional *art de vivre*.

Let's take a walk on the European side of Brussels!

THINGS TO EXPERIENCE ...

Take a seat among the crowds of EU officials on the café terraces of the Place du Luxembourg and feel the pulse of Europe beating in 22 languages!

Stand in the middle of the Schuman roundabout and do a 360° turn. You will see the Cinquantenaire Arch, the Berlaymont building,





This guide is available for free in FR | NL | ENGL | GERM | IT | SP | POL at the Tourist Office - Town Hall – Grand'Place

the Charlemagne building, the Justus Lipsus building and Rue de la Loi!

Fancy some chips? Then head for "Chez Antoine" on Place Jourdan, a five-minute walk from the Schuman roundabout. The chips sold here are regularly voted the best in Brussels, and the cafés around the square will cheerfully let you eat your chips, washed down with a beer. or any other drink you fancy, while sitting at one of their terrace tables. A friendly market is held on this square on Sunday mornings.

Let the naturally attractive view of the Cinquantenaire arches work its magic and follow the flow towards the park, designed with elements of French and English styles to celebrate fifty years of Belgian

independence in 1880. The halls linked to the arch house a national exhibition of Industry and the Arts. As you jog or stroll around the 45 hectares of lawns, ornamented with a remarkable collection of statues, you will come across. Pavilion of Human Passions, a Neo-Classical building by Horta that houses a huge, white marble bas-relief sculpture of intertwined bodies by Jef Lambeaux. and the Brussels Central Mosque, originally a building that housed a superb panorama of Cairo, converted to religious use in 1978

Walk through the arches for a surprising change of scenery! On the left is one of the largest military museums in the world (containing, among other things, exhibitions of medieval weapons and armour. the technical development of arms, armoured vehicles and ships and an aviation section with more than 80 models of aircraft, which always fascinate younger visitors in particular). Entrance to the museum is free, and also gives access to a very fine sweeping view of the capital from the top of the arches. Opposite the military museum is the Autoworld motor museum, where you can travel back in time to see cars dating from the Belle Epoque until around 1934. Autoworld's collection is one of the most amazing of its kind in Europe, and includes a Minerva, a Vivinus and even a 2CV!

Have a copy of a favourite statue made in the plaster-cast studio of the Museums of Art and History. Set up in the 19th century by King Leopold II, the studio has a collection of nearly 4,000 moulds used to make plaster casts of works of art dating from pre-history to the eighteenth century. While conserving this heritage, the studio also promotes art by offering high-quality plaster casts to the public at affordable prices.

Stand under the arches and admire the Avenue de Tervueren that runs East in front of you: its construction was the dream of King Leopold II, the "Builder King" to link the Cinquantenaire site with the Royal Museum of Central Africa at Tervuren, built to promote the Belgian Congo colony. From Montgomery metro station, tram 44 takes you to the very stylish Woluwe park, the Brussels Public Transport Museum (closed for redevelopment in 2007) the Mellaerts ponds (crazv mini golf course, boats and pedalos), the cycle path and footpath along a disused railway line (including a pretty footbridge that crosses the avenuel and. at the very end, after a ride through the Soignes forest, the Royal Museum of Central Africa. Trips to Tervuren are also available in vintage trams from the Cinquantenaire park.

Thanks to: Brussels International, Tourism & Congres. www.brusselsinternational.be @



Map published in "Brussels your capital city, your european village" by BIT



Springtime in Rome

Springtime in Rome. What finer place could there be? Trees are bursting into life and the eyes of the world have recently been focused on the city, as the European Union celebrates the 50th anniversary of the Treaty of Rome, which paved the way for the creation of the EU

some will argue that Rome is not really Italy at all and they may have a point - Rome itself is enjoying a seven per cent rise in GDP while the rest of the country is sinking faster than former Italian premier Silvio Berlusconi in the latest opinion polls. But don't let that fool you. Rome is no booming modern metropolis either. Romans, in the main, shy away from the hedonistic temptations that cities such as Paris. London and, of course, New York have long embraced cosmopolitanism, immigration, Starbucks. Instead, they've been concentrating on the things Rome has done best for millennia: art. architecture. fashion, and food. New shops are springing up almost daily on Governo Vecchio and Via dei Prefetti. The scaffolding is finally coming down on the first new structure to be built inside the Aurelian Wall in 70 years and Romans have their first set of three Michelin stars in the whiteglove restaurant La Pergola (+39 06 350 92152). Sometimes, change is good, but some things never change and, thankfully, the Eternal City is one of them.

ver dinner.

Rome is actually a heady mix of artistic and architectural masterpieces, classical ruins and extravagant baroque churches and piazzas. The city's 2,700 years of history are on display, everywhere you look. The ancient rubs shoulders with the medieval, the modern runs into the Renaissance and the result is something like an open-air museum. Julius Caesar and Nero, the Vandals and the Borgias they and countless other political. cultural and spiritual luminaries have left their mark on the city.

Nore than Florence and even Venice, Rome is Italy's treasure trove, packed with masterpieces from more than two millennia of artistic achievement.

This is where the metropolis once bustled around the carved marble monuments of the Roman Forum, where centuries later Michelangelo painted Christian history in the Sistine Chapel and where an empire of gold was worked into the crowns of centuries of rulers. Today. Rome's formidable legacy is upheld by its people. their history knit into the fabric of their everyday lives. Students walk dogs in the park that was once the mausoleum of the family

THE ANCIENT RUBS SHOULDERS WITH THE MEDIEVAL, THE MODERN RUNS INTO THE RENAISSANCE AND THE RESULT IS SOMETHING LIKE AN OPEN-AIR MUSEUM

of the emperor Augustus and priests in flowing robes walk through medieval piazzas talking on cell phones. Modern Rome has one foot in the past, one in the present, a charming stance that allows you to have an espresso in a square designed by Bernini, then take the metro back to your hotel room in a renovated Renaissance palace. In spring, the Eternal City looks better than ever. making this a good time to visit. Must-sees include the Colosseum, the symbol of Rome and the world's best-known amphitheatre, St Peter's Basilica. the biggest Christian church in the world, which lies with the Vatican City, and the Pantheon, Rome's bestpreserved ancient building.

Martin Banks

Even Smarter!

fter months of waiting and a few false reports, the replacement for the legendary first generation Smart Fortwo has at last been revealed. More roomy, more comfortable and more efficient, the new version is an improvement on the original concept in every way.

And yet, at first sight, there is nothing very revolutionary about it. The little city car has retained its diminutive proportions and unusual styling. But like any new generation, it has grown a few centimetres : it now has an overall length of 2.70 metres compared with to the

first generation's 2.50 metres. So it has been scaled up slightly but not just for the comfort

of the two passengers. Those added inches were also dictated by the increasingly strict safety standards. The car will be marketed in the US from 2008 and Smart has taken every step to ensure that the Fortwo does not fail on any count. As a result, it was awarded no fewer than four stars in its EuroNCAP crash tests.

CLEANER

Smart will produce three different petrol-engine versions with outputs of 61, 71 and 84 HP, enough to soup up the Fortwo to a top speed of 145 km per hour, 10 km New Smart Fortwo Cabrio

per hour more than the old version. To say nothing of the Brabus version, unveiled at the Geneva Car Show in March. The diesel model has also been modified and the power of its 800 CC engine increased to 45 HP, while it consumes even less fuel (less than 3.5 l per 100 km) and emits fewer pollutants. So Smart can boast the cleanest production-car on the market, with even lower CO₂ emissions than the Toyota Prius! This Fortwo has also gained a new sequential five-speed Getrag gearbox, much quicker than the old one.

BETTER EQUIPPED

On top of all this, the microcar comes with a plethora of equipment as standard : front airbags, automatic air-conditioning, ABS with electronic brakeforce distribution (EBD), and even trajectory correction (ESP); also emergency brake assist, seatbelt pre-tensioners and effort limiters, and central locking. Optional extras include side airbags. power-assisted steering, a six-CD audio player with MP3 connection and even a portable GPS. What's more. the cabriolet version has a fully remote-controlled canvas hood that can even be opened on the move, at the flick of a switch, while the roof bars can be stowed in the boot. And to prevent you from catching cold as you drive along with the wind in your hair, the rear window is now heated!

SAFER

Apart from its compactness, one of the Smart Fortwo's main selling points has always been safety, largely due to its virtually indestructible Tridion survival cell. Certainly, the second generation does not disappoint on this front. Tiny as it is, the car meets every legal standard worldwide and, as mentioned above, this is mainly why its size had to be increased. For example. the new standards prescribe a "soft" front section in case of collision with a pedestrian. To be approved for the American market, the car must also be able to resist a rear impact at a speed that is constantly adjusted upwards. The 2007 Smart is infinitely safer and has been tested in all terrains all over the world. It is quite

amusing to think that while customers might buy a Smart mainly for use around town, the car has undergone several weeks of testing on rough tracks in South Africa...

This new generation improves on the inspired concept that allowed the Smart Fortwo to rule the cities. And when you have the option of getting rid of the roof in the blink of an eye, as with the Cabrio, the Fortwo becomes absolutely indispensable for any city-dweller! Better all round, it is certain to enjoy the same success as the first generation - except that this time it is going cross-Atlantic! • www.smart.com

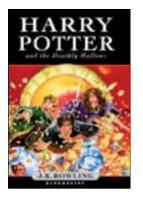
Pierre-Benoît Sepulchre



Waterstone's selection

Get ready for the final instalment of Harry Potter! 21st July 2007

he seventh and final part of J.K Rowling's wizarding series is almost upon us and fans are already in a nervous state of excitement (as are we booksellers). As part of the general launch Waterstone's will be having a gigantic party from midnight on the eve of publication and the book will be on sale from 1 am We will also be celebrating the next day (and yes, probably reading it too if possible!) with magicians,



face painting and other fun activities for children and grown-ups alike.

Published : 21st July 2007 Publisher : Bloomsbury ; Children's edition Total pages : 608 pages Format : Hardcover

If you loved Harry Potter and don't know what you're going to read once you've read the seventh and final book, here are some suggestions to keep the magic alive...

LEVEN THUMPS AND THE GATEWAY TO FOO BY OBERT SKYE

Fourteen-year-old Leven Thumps has a miserable life in a boring town.. until he learns about a secret gateway bridging the real world and the world of Foo. Foo was created at the beginning of time, a dream-world that makes it possible for humans to hope and imagine. But Foo is in danger and Leven alone has the power to save it and bring



its rightful heir back. Full of imaginative magical beings and humour, this is a fantasy like no other! Read this if... you want something different from elves and dragons; you want a spell-binding adventure to take you out of this world; you're a dreamer!

Published: 2nd January 2007 Publisher: Simon & Schuster Children's Books Total pages: 400 pages Format: Paperback ●

THE INVENTION OF HUGO CABRET BY BRIAN SELZNICK



This isn't quite a novel, not quite a film and not quite a graphic novel but something in between. Illustrations help tell the story of twelve-yearold Hugo, an orphan living in the walls of a Paris metro station, who discovers a secret to do with a mechanical man, a robot which broke down in the act of writing a message. Will Hugo get the robot working and what will the message sav? This is a stunningly original book, full of mystery and excitement. Read this if... you love mysteries; you love comics and graphic novels; you like BIG books!

Published : March 2007 Publisher : Scholastic Press Total pages : 544 pages Format : Hardcover



THE DEAD DAYS OMNIBUS BY MARCUS SEDGWICK

Boy has no name. He is the bullied servant of Valerian, a magician who made a pact with Evil many years ago. As Valerian struggles to save his soul, Boy and the girl called Willow are caught up in a magical struggle to find the Book of Dead Days. Read this if... you like mysterious, orphan heroes; you like quite scary magic; it's nearly Christmas! (The Dead Days are those between Christmas and New Year).

Published: 21st September 2006 Publisher: Orion Children's Total pages : 528 pages Format: Paperback

THE INVENTORS

BY ALEXANDER GORDON SMITH AND JAMIE WEBB

Imagine you're a talented inventor. Imagine that you, and fifty other kids like you, win a special scholarship to spend a year inventing anything you want to in the top-secret laboratory complex of the world's most famous genius inventor – Ebenezer Saint. Imagine that you get there and you discover Saint has got a plan to destroy the world. and the only thing standing between him and his awful goal is you, your best friend and the small, farting robot you just invented. Read this if... you love funny, exciting adventures ; you're a bit of an inventor yourself; you love books where best friends save the world.



Published : 5th April 2007 Publisher : Faber and Faber Total pages : 385 pages Format : Paperback

And you could also try: **MAGYK** BY ANNIE SAGE; **CHARMED LIFE** BY DIANA WYNNE JONES; **ENDYMION SPRING** BY MATTHEW SKELTON.

Sarah Higgs

Waterstone's boulevard A. Max 71 1000 Brussels +32 (0)2 219 27 08

Wiermore's

FITNESS

GETTING IN SHAPE FOR THE SUMMER SEASON

pring is finally here! Trees are blossoming, thick winter jackets are being put away and stores are advising us on the best summer outfits to invest in. If you haven't been keeping your New Year's resolutions, chances are that you're beginning to panic about putting on beachwear again. No need to worry! There's still plenty of time to get in good shape for the summer but it means putting your mind to it and, most importantly of all, starting today!

Getting in shape for the summer season can be fun and is easy to achieve at home, outdoors or in a gym or fitness centre. The following pointers will tell you how some simple changes can help you get your body in swimsuit shape :

- 1. Slowly but surely. If you're not currently exercising, start with a low-tomoderate intensity workout such as walking or jogging. Thirty minutes three times a week is a good start!
- 2. Add resistance training to your workout. In addition to the toned body you'll get, strength training also helps speed up weight loss. Your muscles need fuel to function, even when they're not being used actively. This means that the more muscles

you have, the more fuel is needed and therefore the more calories are burned, even when you're not working out. Aim for a minimum of two sessions per week to start with, where each session should include all your major muscle groups. Make sure you complete 2-3 sets per exercise of 8-12 repetitions. By the final repetition your muscles should be tired and it should be almost impossible to complete the exercise. Always start with your larger muscles and finish with the smaller ones. 3. Buy a ball. If you decide to do fitness training at home. one of your best (and least expensive) investments is a fitness ball! It's perfect for abs and leq-toning exercises, and is suitable for both beginner and advanced level exercises, which will keep boredom at bay and also ensure you challenge your body. There are good instruction books available in book shops, which will show you plenty of different exercises you can do.

4. Interval training. After your first few weeks of cardio training, try adding interval training to your cardio workout, which is one of the most effective ways to burn calories. Interval training is short, high-intensity exercise periods alternated with periods of rest.

- 5. Evaluate your eating habits. The easiest way to deal with diet concerns is to cut back portion sizes. Eat two-thirds of your normal amount and stock up on seasonal fruit and vegetables. They are full of fibre and will also fill you up and satisfy your appetite. Combine your favourite fruit with natural yogurt, cottage cheese or milk for an excellent morning or afternoon snack. 6. Maximise with cross training.
- 6. Maximise with cross training. As much as possible, try to spread out your different programmes during the week, for example cardio training on one day and strength training on the next. With this method you can manage an intensive workout without overtaxing your body. And the results will show faster!
- 7. Take one step at a time! If you try to get fit at the last minute, you run the risk of injuring yourself from doing too much exercise too soon. Your body needs time to adapt to a new exercise regime so remember to increase duration and intensity gradually.

For more information on how to achieve your desired shape, please contact your nearest World Class club. We will be happy to help you reach your goals! www.worldclassfitness.netbelgium @



We create



We create Shapes

At World Class, we believe that exercise should lead to more than just beautiful shapes. Your body is your temple, and it needs to be treated in the best possible way. It is the finest and most valuable instrument ever created – but it also has to harmonise with the inner you. We believ in exercise that shapes and strengthens both body and soul.

Contact your local club for more information or visit: www.worldclassfitness.net

Fitness Center Berchem Covelierstaat 15, 2600 Berchem Phone: +32 3 281 20 06 berchem@worldclass.be Fitness Center Diegem Pegasus Park, De Kleetlaan 5b-5c, 1831 Dieg Phone: +32 2 300 57 00 diegem@worldclass.be

h Health Academy Antwerp Gerard le Grellelaan 10, 2020 Antwerp D Phone: +32 3 259 75 05 antwerp@worldclass.be Health Academy Brussels Renaissance Hotel,

Renaissance Hotel, Rue du Parnasse 19, 1050 Brussel Phone: +32 2 551 59 90 brussels@worldclass.be





NEWS FROM THE GR

GOLF: PRIVATE ADVANTAGE AND PROFESSIONAL BENEFITS

Golf Chateau de la Tournette is one of the most popular clubs with businessmen. For many years now, the Nivelles Club has been offering tailor-made memberships to companies. Their new concept, Business Club, is the best example of this. Explanations from Denis De Wagheneire, Sales & Marketing Director

NEWS FROM THE GREEN

events" and these B2B get-togethers are proving to be a big success."

What kind of companies do you want to attract?

"La Tournette has a lot of experience in the field and can respond to almost every request. Our infrastructure is quite sophisticated and can host big multinationals as well as smaller companies or even the professions. No matter what the size of the company, our know-how is at their disposal."

Why is golf so well-appreciated in business

"It holds certain values dear, such as fair play, ethics and etiquette. It also develops competitive spirit, a sense of personal

challenge and the search for excellence. It's a sport for passionate people : it's conducive to forming good relations. Where the atmosphere might be very formal in an office, it will become much more relaxed on a golf course or in a Club House. Connections and connectivity are crucial in today's world. Golf can facilitate several kinds of synergy. It creates opportunities and we, at La Tournette. do everything we can to build bridges. Private advantage is combined with professional interest. All you need to do is take that first step." •

INFORMATION:

Golf Chateau de la Tournette Denis De Wagheneire Sales & Marketing Director Chemin de Baudemont 21-23, 1400 Nivelles T. +32 (0)67 89 42 60 e-mail: denis.dewagheneire@ tournette.com

INTERVIEW

Together Magazine: What's the philosophy behind this "Business Club"?

Denis De Wagheneire :

"La Tournette is the pioneer of "golf business" in Belgium. With "the Corporate Club", it was already offering tailor-made memberships to more than 120 companies. With the new "Business Club". it goes much further. Golf remains, of course, the main basis of the concept but incorporated into a very professional environment. Businessmen and women have an increasing need for connectivity and networking. We can now fully respond to this demand in an idyllic and

peaceful setting, 15 minutes from Brussels."

In concrete terms, how does it work?

"The member companies can, of course, always enjoy the use of our two magnificent 18-hole courses ("l'Anglais and l'Américain") and of our smaller 9-hole courses. But most of all they benefit from the use of a complete infrastructure; ultra-modern meeting rooms, ISDN lines, general Internet access and a high-quality restaurant. The "Business Club" goes bevond golf. A company can even become a "Corporate Member" without any golfing involvement. With this formula. we are clearly establishing our position as an independent "Business Club".."

You talk about networking. How will that work in practice with the "Business Club" of La Tournette?

"We organise about 30 activities a year. There are, of course, a few golf competitions. There, we give priority to making contacts and building good relations. Members have the option of inviting a client or, for beginners, becoming acquainted with the joy of swinging a club. In addition, every month we hold lunches, conferences or themed evenings with prestigious speakers. These "networking •

NETWORKING ON THE GREEN

With After-Work-Golf.net, Europe's largest Business Golfing network, you can combine business with pleasure! The concept of AWG, expanding your business network in the unique atmosphere of golf has already convinced more than 11,000 members worldwide, from Brussels to Shanghai via Dubai!

Golf Chateau de la Tourr

"Networking on the green" with AWG was created by Martin Burmeister in 2001 in Hamburg. In 2004, the AWG network expanded with the launch of After-Work-Golf.net in Benelux.

With Premium Golf Clubs in Brussels (Captain Karin Seidel), Antwerp (Captain Steven Pauwels), Luxembourg (Captain Päivi Kallio) and Amsterdam (Captain Colette Räder), AWG is hosting rounds of golf every (second) Tuesday of the month as well as Golf tournaments.

Become a member of AWG and you'll discover benefits, discounts and deals in and around golf thanks to AWG Premium Partners.

Come and enjoy networking outside the formality of an office, meet new people and discover new greens! •

INFORMATION:

After-Work-Golf Benelux Ken Reist Country Manager Benelux T. +32 (0)2 550 36 89 e-mail: k.reist@after-work-golf.net pages 62-77

- Drama Diary
- The Places To Be

NIGHTLIFE

- By The Glass
- Eat and Drink
- Concept

KALEIDOSCOPE BIRTHDAY PARTY

FINE ARTS DIARY

The vernissage of the exhibition

élène Noël gets intimate with Gabriela Kukučková, House Of Slovak Regions Communication and Information Officer, about the art of being two years young.

For once, I'm a little early. As I jump out of the taxi, I suddenly remember something I'd forgotten completely when we spoke to each other three days ago I've never actually met Gabriela Kukučková before. How will we recognise each other? Panicking slightly, I choose a seat right in front of the entrance door of

"La Fontaine Bleue" café. where we agreed to meet. When Gabriela crosses the street, I know immediately that it's her. This is an exceptional phenomenon, but Gabriela looks exactly like her voice sounds on the phone : springy, sparkling and crystalline. Gabriela and I sit to speak about a happy and beautiful event : this year, Slovakia celebrates its second birthday within the European Union and is determined to have all of Brussels at the party. I mean at the exhibition. Or both? l ask my charming guest.

Together Magazine : How did the project begin ?

Did the art galleries in Slovakia or COBALT International Gallery start it?

Gabriela Kukučková: "We

initiated the project here in Brussels, in the House of Slovak Regions, for which I work. Our organisation has existed since Slovakia entered the EU, two years ago."

How did you select the artists to be shown in Brussels?

"In Slovakia, we have eight regions, each one hosting its own art gallery, except Bratislava, which – being the capital – is a centre for many •



SLOVAK CONTEMPORARY ART : PAINTINGS AND SCULPTURE

Under the patronage of Stefan Zajicek, curator COBALT International Gallery $04.05 \rightarrow 27.05$ Rue Vandernoot 23 B/2 1080 Brussels T. +32 (0)2 772 08 27 M. +32 (0)476 771 661 www.cobaltgallery.be Under the patronage of Jan Figuel, European Commissioner for Education, Training, Culture and Multilingualism European Commission -Berlaymont 06.06 → 15.06 Rue de la Loi 200 1040 Brussels T. +32 (0)2 29 52426 http://europa.eu/index sk.htm of them. The criterion was being a living contemporary artist, born in the sixties. Actually, some are a little older or younger. Each gallery director has complete freedom."

I understand that all the works are paintings or sculptures. There are no videos or installations. Is that deliberate?

"No. It just happens to be so. I would describe them – except one or two which are more mischievous – as classical contemporary."

Most of the time,

the institutional channel and the commercial galleries are quite separate. The exhibition will be shown in COBALT International Gallery and then in the Berlaymont. Could you tell me more about this?

"We wanted to be seen by everybody here - European officials and citizens too. For most of the artists in the event, it's their first opportunity to exhibit their work outside of Slovakia."

Any hope of bringing Jan Fabre or Luc Tuymans to Slovakia?

(I seem to be specialising in historical cultural exchanges recently. Gabriela looks a little puzzled.)

"Why not?" 😡 Hélène Noël

DIARY

ARMAND WARIN → 31.05 Building of Charax Rue de Namur 8 1000 Brussels His paintings reflect his life: expressive and colourful. Owing to his success, Reist Consulting Group decided to bring him back to Brussels in May 2007. This time Reist is hosting a vernissage in the heart of Brussels near the Modern Art Museum

A4: HELL'O MONSTERS

 $\rightarrow 03.06$ BOZAR. rue Ravensteinstraat 23 1000 Brussels T. +32 (0)2 507 82 00 www.bozar.be The idea is not a new one but it still works. I mean, Jean-Michel Basquiat used to live in a cardboard box on the street before becoming a huge, distressed and self-destructive lonely superstar. There's something to see here, aujetly. Something we used to erase, guickly. These guys love us. So love them back, for a change.

BENOIT FELIX_CE QUI ARRIVE... TEKENEN? DESSINER? → 03.06

Galerie budA , 1730 Asse Buda 14/16 T. +32 (0)2 306 50 95 www.budart.be Entangled when not inextricably bound up in lines, Benoît Felix continues his dry dream of femininity. According to Felix, the nuances between black and white are shades of flesh pink plus occasional tiny

FINE ARTS DIARY

INSIDE A DYSLEXIC WORLD – HOW I SEE IT

curls. Subtle, and only for

the easily offended.

 \rightarrow 11.06 & 15.06 European Parliament 1000 Brussels Altiero Spinelli Building Ground Floor Surface 00G In front of the restaurant Entrance from Place Luxemboura office@ditt-online.org www.ditt-online.org The European Parliament is hosting an exhibition of eyecatching works by dyslexic artists. The exhibition is sponsored by MEP Robert Evans and organised by Jee Hirsch. Christopher James lan and Simon Fenaux in association with other Dvslexia International Tools & Technologies (DITT) volunteers.

VISIT(E) CONTEMPORARY ART IN GERMANY SELECTION FROM THE CONTEMPORARY ART COLLECTION OF THE FEDERAL REPUBLIC OF GERMANY → 01.07 BOZAR

rue Ravensteinstraat 23 1000 Brussels T. +32 (0)2 507 82 00 www.bozar.be Post-Second World War first-class German artists come together like magic in Brussels. Such a myriad of stars, for once, beneath our city's polluted skies. From Joseph Beuys to Rebecca Horn, including Gerhard Richter. Still, there's someone missing. Where's Anselm Kiefer?

CEMBALO ATELIER D'UN FACTEUR DE CLAVECINS → 01.07

Musée des Instruments de musique. Montagne de la Cour Hofberg 2, 1000 Brussels T. +32 (0)2 545 01 30 www.mim.fgov.be Ivan De Halleux retired from making harpsichords sometime in 2003. This exhibition is a tribute to his precise and exquisite body of work. Extended. Probably for an eternity of black and white notes.

KENDELL GEERS ALLEN & OVERY → 26.08

S.M.A.K - Stedelijk Museum voor Actuele Kunst. Gent Citadelpark, 9000 Gent T. +32 (0)9 221 17 03 www.smak.be The power of words and the infinite beauty of dreams, in 3D. Flirting constantly on the verge of endings and frontiers, kamikaze-artist Kendell Geers questions terror. Beyond politics, there's something to say to humanity. Beyond words. •

STROLLING THROUGH THE KINGDOM OF THE ELVES

Such amazing luck is only supposed to happen in children's daydreams. After a certain age, it's not like you're walking down the street as usual and then, suddenly, come across the gates to a secluded, forgotten, enchanted place. Enchanted places are always secluded and forgotten, as a renowned Oxford professor of the past century demonstrated in several volumes. However, by charm or by chance, they can come to life late on summer evenings, even in the middle of busy cities, or so I was recently told. Don't misunderstand me: I'm not a sceptic. But I had to check for myself

When someone is so sensitive to the beauty of places, it often begins with a personal story. Do you have one to tell us?

had to... this is when

my mobile rings.

The display reads

"Carmen". "Hello.

Carmen!" I say,

without hesitation. But it's not

Meurens, co-founder of Tour

des Sites Organisation with

Paul Licot, who co-created

three years ago and will be

presenting the 2007 version

once again this summer

in the secret domain of

Abbave de la Cambre.

INTERVIEW

maker"?

The Abbaye de la Cambre

the event Solistes au Domaine

I definitely seem to have a gift

for blunders but the voice in

my ear is smiling, so we talk.

Together Magazine : This

but how and why do you

become a "dusk-dream

question has probably been

asked a million times before

Benoît Meurens: "It happened

in 1990, when Paul and I were

students. The entertainment

manager of a small town in

event for the yearly feast.

the Pavs de Herve, the region

where I was born, asked me if

I could organise a Son & Lumière

I agreed. Paul and I assembled

including artists, and we did it.

Of course, it was totally DIY but

completely different from the

Son & Lumière events being

shown in Belgium or even

in France. The setting was

resolutely nonconformist;

people had complete freedom

to move around, to experience

of being just passive observers.

decided to do it professionally."

the event to the full, instead

They just loved it. So, we

a team of talented students.

we were impressed by the

public's reaction. It was

Carmen, It's Mr Benoît

"I was always sensitive to the quality of places. The Pays de Herve is an extraordinarily rich region from the landscape point of view and is also well-known for its architectural heritage. I studied at the Petit Séminaire de St Roch. an ancient stone building surrounded by trees. and I used to retreat to Abbave d'Orval to prepare for my exams. I believe that if we can modify environment, environment certainly modifies us. I believe in the memory of certain trees, buildings, places.

Another question about your places – and all of them are gorgeous – there are indeed a lot of trees in them but also ruins. It's very nineteenth century. What guides your choice ?

"It doesn't really have anything to do with any particular era. For a start, taking a leisurely stroll is already a romantic thing to do. But there's also something else : European culture is full of ruins. We cherish them. When they endure, they develop another side, they create another picture. It's the same when we cover them with lights."

You invite world-class artists to take part in your creations. How do you pick them?

"It's a joint decision. Most of the time, we sit around the table and certain names come up again and again. That was the case with Roger Hodgson, for example. Supertramp is part of the collective subconscious and his voice is very distinctive. As far as Maurane was concerned, the choice was obvious. She's now at the peak of her maturity. She has mastered her voice and has a large tessitura. She is strong enough to stand alongside José Van Dame and sing a classical repertoire without the slightest trace of anxiety."

This question might sound strange, but do you believe in magic? I mean, the magical quality of places?

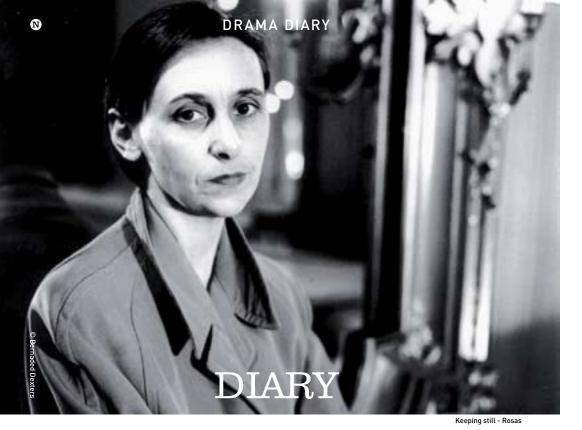
"Of course I do! Very much so!"

While Benoît and I speak about this topic, a crowd of hysterical assistants start to laugh behind a door, at the other end of the mobile phone line. When you come to Solistes au Domaine next September, don't be surprised if you sometimes have a feeling that you can see sylph-like creatures with long golden hair and flowing dresses among the trees. Don't be surprised either if, while descending the steps of the hanging gardens, you come across two tiny barefoot creatures. If you listen carefully, you'll probably hear a tiny voice saying: "It's elfish, Mr Frodo." 🛛

Hélène Noël

SOLISTES AU DOMAINE $\rightarrow 08.09$

Doors opening 6.30pm Abbaye de La Cambre Rue du Monastère 1050 – BRUSSELS T. +32 (0)2 736 01 89 F. +32 (0)2 734 25 35 info@solistes.be www.solistes.be



KEEPING STILL - ROSAS

 $22.05 \rightarrow 26.05$ La Monnaie place de la Monnaie 1000 Brussels Box Office, rue Léopold 23 1000 Brussels From Tuesday to Saturday, 11am to 6pm T. +32 (0)70 23 39 39 (from 12am to 6pm) www.lamonnaie.be Anne Teresa Dekeersmaeker's reflections on the paths we follow in life and tiny peregrinations in time continues. While she dances, the ever-changing stage space designed by visual artist Ann Veronica Janssens transforms itself. The journey is the destination. Let's follow these two ladies on their

extraordinary inner journey. Diamond.

QUEEN ELISABETH PIANO COMPETITION 2007 -WINNERS' CONCERT

 \rightarrow 13.06 Bozar Ticket office at the Centre for Fine Arts. rue Ravenstein 18 lopposite the Centre for Fine Arts) 1000 Brussels T. +32 (0)2 507 82 00 From Monday to Saturday, 11am to 7pm www.bozar.be Of course, it's impossible to say exactly who will be playing but Yoel Levi will be conducting the Vlaams Radio Orkest. As always, the event

will take place at the Centre

.

for Fine Arts, Henri Leboeuf Hall. A unique opportunity for us to witness young virtuosos - who will probably be a sellout - from all over the world.

FAUST – WILLEM BREUKER KOLLECTIEF $\rightarrow 15.06$



Kaaitheater Square Sainclette 20 1000 Brussels rue Notre-Dame o

DRAMA DIARY

du Sommeil 81 1000 Brussels T. +32 (0)2 201 59 59 info.tickets@kaaitheater.be www.kaaitheater.be Jazzy closing event of the season at the Kaaitheater. A new musical presentation for F.W. Munau's classic film. based on Goethe's masterpiece. Composed by Willem Breuker and his band in 2003 for the Cité de la Musique. this opus highlights the tragedy with new nuances through the wide range of their musical idiom and vocabulary. If you don't speak German, don't worry, the film is subtitled in English.

COULEUR CAFE 2007

 $29.06 \rightarrow 01.07$ Tour & Taxis rue Picard 3 1000 Brussels www.couleurcafe.be Officially, summer starts somewhere around 21st June, I believe. Actually, in Brussels, summer starts for real a few evenings later, when the doors of the Couleur Café festival open. Taking place at the Tour & Taxis historical site, the 18th edition of our brightest festival marks the change of season. A huge and more-than colourful celebration of diversity, the former alternative-musicalsouk is now an internationally acclaimed multi-disciplinarian artistic event, assembling musicians, visual artists, fashion designers, great world cooking and also you and me. The title of this year's "millésime" is "First Name". The programme includes Ziggy Marley, Johnny Clegg and Ismael Lo as well as lesser-known artists from

all over the world...even from Belgium. Children are welcome and there are always areas and activities for them. Oh! I nearly forgot "Los Magnificos" and the fireworks... But better see for yourself and enjoy!

ARNO 01.06 → 02.06

AB boulevard Anspach 110 T. +32 (0)2 548 24 24 1000 Brussels www.abconcerts.be You know, I know people around the Place du Luxemboura who think that Belgium's monuments are (in order of preference): Tintin, Jacques Brel, Magritte and Manneken-Pis. They forget the man who's been the living monument "of the moment" for 25 years now: Arno Hintjens, the flat country's Rock'n'Roll hero. I'm not joking: the man has recorded albums in Nashville and had several sell-out concerts in Paris, at the Olympia. Swaying constantly between American blues and "chanson Francaise". the Flemish Tom Waits is not to be missed. Especially when covering Leo Ferré, Jacques Dutronc and David Bowie (in no particular order). Stylish.

DIE ZAUBERFLÖTE WILLIAM KENTRIDGE

 $08.06 \rightarrow 19.06$ La Monnaie place de la Monnaie 1000 Brussels Box Office, rue Léopold 23 1000 Brussels From Tuesday to Saturday, 11am to 6pm T. +32 (0)70 23 39 39 Wolfgang Amadeus Mozart's last and most cryptic opera. Kentridge's highly plastic interpretation of it caused fierce controversy when it was first performed in 2005 the remains of the critics' vitriol are still to be found on the Internet. The opera consists of the difficult exercise of visual, theatrical and musical combinations : neo-expressionist, vesper and melancholic tableau.

Hélène Noël



THE PLACES TO BE-

Snapshots

THE 6T09 CLUB

The 6to9 Club offers an exciting new venue every Thursday for having fun and meeting lots of new people while discovering changing seasonal themes and styles. This club is co-ordinated by an international team that understands and has experience in how to get the best out of living in Belgium. From 6to9, relax after work, discover the latest lifestyle trends and get privileged-



access to great deals. After 9, groove to the DJ's latest music trends and mix of 80s tunes. Join the club right now! Stay informed and register at www.6to9.be

The 6to9 Club Grand Prix (Autoworld) Parc du Cinquantenaire 11 1000 Brussels www.6to9.be 🛛



business with a feel for partving. A relaxing get-together but one that gives professionals a chance to meet by offering each of them the opportunity to discover and use the power of its



hidden network. A date that starts early and in which the atmosphere gradually turns from that of a "comfortable London club" to a "lively bar in Madrid" then to a "trendy Parisian nightclub".

Claridge Chaussée de Louvain, 24 1210 Brussels www.notworking.be www.peopleattitude.be 🛽

Jérôme Stéfanski



Porsche Centre Brussels advices Mobil 1

Donnons priorité à la sécurité.

Where sport begins. The Boxster.

Porsche Centre Brussels Grand'Route 395 1620 Drogenbos Tel: + 32 (0)2 37 17 991 Site Web : www.porschecentrebrussels.be e-mail : info@pcb.porsche.be



Quality rosé wines

Christophe Dufournier is a true lover of great wines and founder of Chai & Bar Total Wine Experience

his exceptional and daring concept offers an impressive stock of great wines and Champagnes kept at a controlled temperature. In the Entrepôt Royal of Tour & Taxi, Chai & Bar spreads out its stock over an area of 700 m², along with its Tasting Bar to share the pleasures of the vine with you. The welcome, the outstanding

The welcome, the outstanding setting, value for money and advice with a personal touch are the magic ingredients that make Chai & Bar work so well. Exclusively for Together Magazine, Christophe Dufournier introduces you to the fascinating world of oenology, in which the news goes hand in hand with the seasons.

LET'S SET THE RECORD STRAIGHT

Rosé wines are not always treated kindly by wine-lovers. I quote: "It's not real wine", as if rosé did not deserve to be included in the noble process of wine-making. "It gives me a headache", as if good-quality rosé gave headaches. "My wife loves it", as if rosé was only a woman's wine, not good enough for a true wine-lover.

Stop right there! Rosé is a real wine, just like a white or a red. It doesn't cause headaches unless there is too much sulphur added to mask its defects. Finally, certain rosés are complex enough to accompany fine cuisine and to improve with age.

It's true that a mediocre rosé served chilled in

an atmospheric spot in Provence always seems better than it is; however a truly good rosé, served in Aix en Provence, Brussels or London, is always delicious.

In Belgium, and particularly in Brussels, rosé is a favourite drink on the café terraces in springtime. Rosé accounts for more than 10% of the wine consumed in the kingdom.

Personally, I enjoy rosés when the weather's warm but also all year around with Asian and Italian food. These gastronomic rosés, such as Château de la Grille from Chinon or the Claret from Hauts de Smith in Bordeaux, are faultless in any season. Rosé wine : a real wine

PRODUCTION PROCESS AND CHARACTERISTICS

How is a rosé or claret (light red Bordeaux) made? There are two techniques:

- By direct pressing: red wine grapes are treated as if to make a white wine. The light pressing gives a pale tint to the wine.
- By the bleeding technique : starting with a red winemaking process, after several hours a certain quantity is removed, which makes for a lighter coloured wine than a red. This technique creates stronger and more tannic rosés than the direct press technique.

The colour of rosé wines varies greatly. Bandol and Provence rosés, made with Mourvedre and Grenache grapes, are pale orange with copper reflections. Languedoc and Rousillon rosés, made with Carignan, Cinsault, and Grenache grapes, range from pale pink to candyfloss pink. Chinon rosé and Bordeaux claret are raspberry coloured.

BY THE GLASS

Good rosés, like all good wines, have intense and straightforward aromas of fruit. This is natural sin lightly pressed. The vinification of rosés is very basic so the better the grape, the better the wine.

The texture of rosés is more or less rich but certainly it is freshness and lightness that we're looking for when the weather is good. •

Christophe Dufournier

CHAI & BAR'S SELECTION OF QUALITY ROSÉS, FROM SIMPLE TO SOPHISTICATED:

- Vin de Pays d'Oc, Domaine de l'Engarran 2005 (6Đ)
- Vin de Pays de l'Hérault, Guilhem 2006 (6Đ)
- Chinon, Château de La Grille 2006 (8Đ)
- Bordeaux, Clairet du Haut de Smith (10Đ)
- Côtes de Provence, Château Rimauresq 2006 (11Đ)
- Côtes de Provence, Ile de Porquerolles, Domaine
- de La Courtade 2006 (13Đ)

A magnum of rosé makes a festive addition to any summer dinner party:

- Côtes de Provence, Château Rimauresq
- in magnum (23.50Đ)
- Claret of Château Giscours in Margaux in magnum (20Đ)

Christophe Dufournier

Meet Christophe Dufournier at Chai & Bar, on Tuesdays from 12 noon to 9pm (late-night opening), Wednesdays, Thursdays and Fridays from 12 noon to 7pm and Saturdays from 10am to 7pm

Chai & Bar in figures :

- A selection of 400 fine and exceptional wines from all over the world, including 200 great Bordeaux, starting at 6Đ.
- A stock of 65,000 bottles, sold by the bottle or by the case, available to the public.

Tour & Taxis Avenue du Port, 86C 1000 Brussels T. +32 (0)2 421 60 80 www.chai-bar.be

EAT AND DRINK

Ferraces & Gardens Le Châlet de la Forêt

n close co-operation with www.sensum.be Together Magazine presents its selection of the great restaurants that add to the gourmet pride of our capital city. Available in English, www.sensum.be offers you, free of charge, a host of recipes, places to go, interviews with chefs and a wealth of information and anecdotes about the seminal delicacies and drinks of our homeland

LE CHÂLET DE LA FORÊT

Drève de Lorraine, 43 1180 Brussels T. +32 (0)2 374 54 16 Open from 12:00 to 14:30 and from 19:00 to 22:30 Closed on Saturday and Sunday

Owner: Pascal Devalkeneer The chef is: Pascal Devalkeneer Average price per head: 80Đ Lunch: 27Đ [3 courses] Set Menus: 54Đ (4 courses). 79Đ (5 courses)

Five years have already passed since Pascal Devalkeneer fell in love with a near-abandoned chalet on the edge of Soignes forest, barely five minutes away from the city centre. His wife an interior architect - has given the place a steadfastly contemporary décor, with refined modernism that includes perfect osmosis in the elegance of its proportions. A wonderful echo of the cuisine, which gives preference to being natural and to balance, nurturing the flavours of high-quality produce, but never crushing them. Still under 40 and with talent to spare. Pascal Devalkeneer already has a fine career behind him. The Truffe Noire. the Scholteshof with Roger Souvereyns, the Osteria del Vecchio Ponte in Milan (from which he has taken a rather Mediterranean spirit). the Bistrot du Mail (his first restaurant) and now the Chalet

Following his true taste for organic delights, the menu changes with the season. And, every day, there are off-menu suggestions, depending on what the chef happens to come up with, spontaneously. Here,

de la Forêt.

everything is a guestion of mood, of aroma and of flavour. And as for the wine, the cellar has around 700 gems from which to choose, with renowned classics and the wares of more than a few smaller producers who are well worth checking out. Why not let your heart decide? Undoubtedly, one of the best restaurants in the country!

Special Extras : There are rooms available for meetings, banquets, receptions and seminars. Takeaway food is available on request, and there's a full catering service, a large private car park, bar and private lounge.

NOTOS

Rue de Livourne. 154 1000 Brussels T. +32 (0)2 513 29 59 Open from 12:00 to 14:30 and from 19:00 to 23:00 Closed on Saturday midday and Sunday

Owner: Constantin Erinkoglou The chef is: Constantin Erinkoalou Average price per "à la carte" meal: 40Đ o

EAT AND DRINK

Day's special: 12Đ Lunch: 17Đ for a 2 course meal Lunch menu: 29Đ (3 courses) Dégustation: 35Đ (4 courses)

There is no better place than Notos to forget everything you thought you knew about fluorescent, tarama style Greek cuisine. Brussels has together with London and New York – the privilege of having one of the three places in the world that pays tribute to the subtlety and flavour of Greek food. An outsider to the world of catering. Constantin Erinkoglou, the owner, sought his inspiration in home cooking and the great variety of traditional Greek produce. His creations may look minimalist but they are in fact cooking at its best, including preparations in which aubergines, lentils or peppers find their true and vividly

LES 2 FRÈRES

avenue Vanderaey, 2 1180 Brussels (Uccle) T. +32 (0)2 376 76 06 Open from 12:00 to 14:30 and from 19:00 to 23:00 Closed on Saturday noon and Sunday

Owner: Patrick Roth The chefs are: Paulo Botelho Feireira. Michael Neumark and Frédéric Ponet Average price per head: 50Đ Lunch: 13Đ Dish of the day: 9.5Đ Set Menus: 30Đ. 40Đ and 50Đ

"Les 2 Frères" (The 2 Brothers) have been bringing souls together, mixing artists with businessmen, with various



precise expression. It's almost like a culinary anthropology that expresses itself in the art of this man, so passionate for flavour, and so keen on staying as close as possible to untouched tastes. In terms of geography, he is at the crossroads between East and West, in a place where all gourmet mixtures are possible. His compositions are based on meticulous alchemy and delicate – almost homeopathic

generations rubbing shoulders with one another for a more than ten years – they've pulled the trick off by simply offering good food at very reasonable prices.

This spirit of openness is evident in the menu, which offers French brasserie cuisine, while the chefs are always on the lookout for new produce and flavours from all over the world. Human, full of charm and soul, this restaurant is owned by Patrick Roth, a former maths teacher, and hints at his previous life in that the menu offers dishes in the manner of hypotheses, theses and other demonstrations. But that was all a long time ago! Nowadays, this hyperactive

 touches. Don't go looking for similar dishes elsewhere, they are unique and come straight from Constantin's world of gourmet cooking. His wine list is also not to be missed, as the master of the house takes grape lovers on a journey through sunny Greece, to prove to them that his homeland is also a magnificent location for marvellous vintages.

Special Extras: There is a room available for cocktails. meetings or private parties las well as 80 seats in the restaurant), and open kitchen, with take-away available on request. The full catering service can handle your events with ease, and there's good disabled access (toilets excluded). There's also a private function room (ten seats), children's menus/ dishes (upon request) and a choice of vegetarian dishes.

gentleman has given up equations and algebra in favour of the far more alluring geometry of an establishment that plays various roles in turn : a modernist night bar, a café-theatre and, of course, a restaurant.

This indefatigable entertainer has gradually swapped his café-theatre rank and file for a team of flavour designers. The scenery is the same on both sides of the stage: friendship and human warmth always top the bill!



Brussels by bike

ince September, cycle stations have sprung up all over the city. The "Cyclocity" concept of the billboard company, JC Decaux, is beginning to win a lot fans. How and why?

With the agreement of the city of Brussels, JC Decaux has set up 23 cycle stations within the "Pentagon" (old city walls). These cycle points are attached to metro stations to enable the users to cover short distances easily. You can now tour the centre of Brussels on two wheels.

From gare Centrale to porte de Flandre, through Parc, Sablon, Arts-Loi or Louise, there are a number of "cyclocity" stations. At present, 250 bicycles are available seven days a week, twenty-four hours a day. JC Decaux provides the bicycles. In exchange, the city pays for their maintenance and allows JC Decaux to set up new advertising spaces. So far, the company's project is hitting the spot across Europe.

Brussels is not the only city to let itself be tempted by the generosity of JC Decaux. Vienna began the experiment in 2004. In Lyon, the Vélo'v have been proving popular with local people since 2005, with 20,000 users per day. Marseille has also signed a JC Decaux contract and Paris should soon be equipped with 20,000 bicycles.

For the time being, "Cyclocity" has won over many of the Bruxellois. In five months, around 10,000 users have mounted Decaux bicycles and 1,000 people have bought a season ticket.

Philomène Bouchon

HOW DOES IT WORK?

Cyclocity

Cyclocity works on a season-ticket basis, with long-term and short-term season tickets available. Once equiped, the user pays only for the time spent on the bicycle. It's possible to buy a season ticket at any of the 23 terminals currently spread around Brussels.

The long-term ticket is valid for one year and costs 10Đ. The first thirty minutes will cost 0.50Đ and for every hour thereafter the cost falls to 0.50Đ per hour.

The short-term ticket is a weekly one with, one week costing 1.50Đ. The first thirty minutes are 0.50Đ and per hour thereafter it goes up to 1Đ.

Information: www.cyclocity.be or 0900 11 000 (0.45 euro/minute)

Lola is alive, Lola is happening. Lola is of its time, but especially of yours. Lola lives at lunchtime, Lola lives at dinner time. And, at weekends, in the afternoon too. Lola has this infinite quality: simplicity. Rare it is. Elegant it remains.

> Place du Grand Sablon, 33 - 1000 Brussels Tel. : 02 / 514 24 60 www.restolola.be Open every day from 12pm to 3pm and from 6.30pm to 11.30pm On Saturdays and Sundays: non-stop from 12pm until 12am

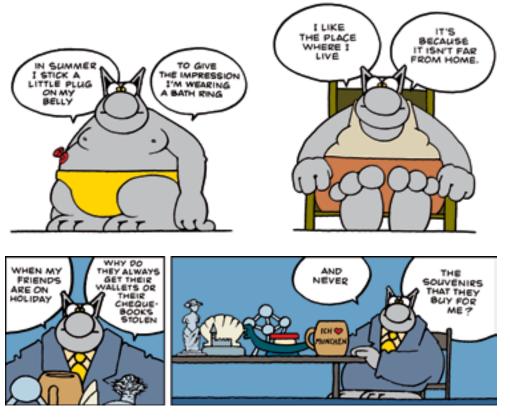


COMIC STRIP

Le Chat

Everybody knows Le Chat you can immediately warm to this strange and sweet animal

A s the summer holidays draw near, Philippe Geluck shares his crazy view of this time of year with us. As usual, this slice of laughter is exclusively for Together Magazine readers.









Anything better than 20 years of experience?

More than just a splendid location to organize your meetings or accommodate your guests, the Château de Limelette offers you its 20 years of know-how and experience. A team of experts, devoted to your event.

- balneotherapy Spa with beauty and well-being treatments
- 88 bedrooms (including 68 bedrooms with air conditioning) and 16 fully equipped meeting rooms
- free private car park for over 350 cars
- free indoor heated pool, fitness room and tennis court

Only 20 minutes from Brussels via the E411 motorway (exit 6).

For those who cannot wait to discover this unique place in Belgium, please call our Sales Department to get more information about our offers. You can also take a look on our homepage if you wish to see our installations.

See you soon in the Château de Limelette!

Château de Limelette - Resort & Spa Rue Charles Dubois 87 | B-1342 Limelette | Walloon Brabant | Belgium D +32 (0)10 42 19 99 | = +32 (0)10 41 57 59 Cales@chateau-de-limelette.be | www.chateau-de-limelette.be

The new fragrance for men

ATTITUDE GIORGIO ARMANI